Sample Schedule for the Instructional Block for Key Stage 1

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00-8:00 AM	Homeroom and Guidance Program	GMRC	GMRC	GMRC	GMRC
8:00-9:00 AM	Filipino	Filipino	Filipino	Filipino	English
9:00-9:20 AM	**HEALTH BREAK**				
9:20-10:20 AM	English	English	English	Mathematics	Mathematics
10:20-11:20 AM	Mathematics	Mathematics	Makabansa	Makabansa	Makabansa
11:20-12:00 PM	**LUNCH BREAK**				
12:00-1:00 PM	Makabansa	Science	Science	Science	Science
AFTER CLASS					
1:00-2:00 PM		ARAL Program		ARAL Program	