



### **Concept of Rhythmic Twirl**

The ultimate simultaneous blend of dance movement with the baton, utilising dance to enhance every mode of baton twirling. The athlete will demonstrate excellence of technique choreographed artistically to the chosen music.

### **Rhythmic Twirl Focus:**

**Discipline Focus:** The focus of Rhythmic Twirl is on choreography, staging, and the continuous artistic blending of baton and body. The athlete's performance is evaluated based on the seamless integration of baton and dance combinations within an artistic composition that reflects the musical soundtrack. The program and style should reflect the athlete's ability level.

Contact or roll sections must be integrated with dance and movement, and twirling or rolling without intricate movement is not relevant. Aerial or stationary complex tricks should be musical and receive credit only if executed with proper Baton and body technique and staged artistically. Travelling complex dance moves should be executed under the toss. In this discipline Pure Spins are not a requirement, but when used, credit would be given when they support a dance movement or the music.

Dead stick is permitted if the music requires it, but the baton should still compliment the dance elements

Judges are expected to recognize and reward creative choreography across all dance genres, including ballet, jazz, contemporary, hip-hop, modern, and lyrical. Routines should be evaluated for technical cleanliness, creativity, difficulty, and effective production, regardless of the judges' preference for a particular style.

For coaches, choreographers, and judges, this distinction clarifies the differences from the Freestyle solo. Choreographers should be rewarded for integrating artistic dance movements under tosses and throughout the routine and for staging and floor coverage. Movements should be choreographed to the music and blended seamlessly, enhancing the smoothness and continuity of the baton and body demanded by the music. A complete program would include every aspect of showmanship with the musical interpretation.