

Nurses International

Clinical Skills

Name of the Procedure/Rubric/*Rationale*: Emptying Urine Collection Bag

Step	Procedure	Yes	No	Remarks
	Before conducting this procedure the nurse should assess cultural appropriateness with respect to the client's private parts of the body.			
1.	Perform hand hygiene.			
2.	Gather supplies: <ul style="list-style-type: none">- Clean gloves- Clean urine collection container- Alcohol wipes			
3.	Greet and identify the client using two identifiers (name and date of birth). Explain what you will do. Obtain informed consent for the procedure.			
4.	Don clean gloves.			
5.	Ensure the urine collection bag is hanging below the level of the client's urinary bladder.			
6.	Assess urine collected in the urine bag: <ul style="list-style-type: none">- Measure the amount of urine collected and make a note.- Assess the color, clarity and any sediment or blood clots of the urine<ul style="list-style-type: none">- I.e. straw colored/red/pus- Ensure the urine bag is not leaking anywhere. If it is, change the urine bag.			
7.	Place the urine collection container on the floor right under the urine bag, not touching each other.			
8.	Remove the drain spout from its sleeves at the bottom of the collection bag and open the valve on the spout to drain urine into the collection container. Do not let the tubing or drain spout touch anything.			

Nurses International

Clinical Skills

Name of the Procedure/Rubric/*Rationale*: Emptying Urine Collection Bag

	<i>To prevent catheter-associated urinary tract infection.</i>			
9.	After emptying the bag, cleanse the end of the valve with alcohol wipes before closing and put the drain spout back into its sleeve at the bottom of the collection bag.			
10.	Dispose of the urine, collection container, and gloves as per the agency policy.			
11.	Perform hand hygiene.			
12.	Ask the client for any discomforts, ensure the call bell is within the client's reach, lower and lock the bed, and assess to determine the need for side rails before you leave.			
13.	Perform hand hygiene and document the amount of urine collected, time, and other observations of the urine during the emptying procedure.			

References:

UC San Diego Health. (2019, October). *Emptying and cleaning your urinary catheter bag.*

<https://myhealth.ucsd.edu/RelatedItems/3,85556>