



## **Ancient Roots Women's Circles**

### The Celtic Wheel of the Year

#### Welcome Information

I am so excited to welcome you to our **Women's circle at Ecclesall library** as we celebrate the Celtic Wheel of the Year across the seasons.

If you are new to women's circles or attend them regularly you are very welcome.

- This is a chance for us to gather as women, to connect with the rhythm of the seasons, to share this ancient practice of women gathering in circle sharing their lives and sharing their stories.
- Come as you are, with no pressure to achieve, perform or do. A chance to just be, in a welcoming confidential space and let your inner soul be nurtured. A chance to share our voice and stories, to listen and to embrace silence.
- Come and share, come and listen, come and be. There is no pressure.
- Enjoy a time for self care, self nourishment and nurturing as we journey through the seasons, connected deeply to nature and each other.

#### **Where?**

We will meet at **Ecclesall Library** in the downstairs room. ( There is disabled access from the front of the library – do let me know if you will need to use that).

**120 Ecclesall Road South, Sheffield S11 9PL.** Parking available on local side roads.

#### **What to bring?**

Do bring a bottle of water, a yoga mat or cushion and a blanket so you feel comfortable and relaxed. Chairs are available if you would prefer.

#### **When?**

Please **arrive for 10:20am** as we will be opening the circle at 10:30am and are not able to allow late comers. Do allow plenty of time to park and settle in and get a coffee (or do bring your own).

Looking forward to meeting you in circle as we journey through the Celtic Wheel of the Year together.

With love,  
Caroline