

Saint Louis University School of Medicine Women in Medicine and Science

Thursday, September 22, 2022 7:00 am

Zoom meeting

Members Present: Esmeralda Aharon, Kara Christopher, Lorraine de Velez (AMWA lead), Julie Gammack, Susan Heaney, Lisa Israel, Chris Jacobs, Jane McHowat, Aline Tanios, Shreeya Thussu (AMWA lead), Nikki Xynos

August minutes were approved.

Link here: [August minutes](#)

1. **Jane McHowat reported for the Programming Subcommittee.** SWIMS event was successful, with positive feedback from attendees. Attendance was lower than last year (27 faculty, 4 residents, 9 students, 1 staff). Dates are finalized for noon Career Development Sessions, evening Speaker Series and Social Events. Kara and Christine are starting the book club. First meeting is November 7. Book is "Women in White Coats". Meeting will be at Heidi's house.
2. **Aline Tanios reported for the Mentoring Subcommittee.** Laura Grimmer is doing a strengths workshop for participants in October. Tina/Megan are working on a networking breakfast in November. Esmeralda and Aline are doing seminars in the Spring. Aline mentioned that there are publication/presentation opportunities based on our mentoring programs.
3. **AMWA students (Lorraine de Velez and Shreeya Thussu).** Recent events include women's health primer and residency interview skills workshop. Looking for panelists for the leadership event. Jane suggested Tina Chen, Chris suggested Elizabeth Keegan-Garrett. Aline and Julie commended the students on the work they have done to support students this year. Still looking for faculty for mentor pods. Link to mentor form can be found here.
4. **Esmeralda Aharon reported on ODEI efforts.** ODEI will host a live performance and food tasting in honor of Hispanic Heritage Month on September 30th from 12 -1 pm in the LRC Auditorium. Operation Healthy Vets will be held on October 1st from 11 AM - 2 PM at the LRC. School of Medicine and helping agencies will provide health screenings, and mental and wellness resources. Scott AFB retiree fair is on October 15. Looking for volunteers for health screenings. Julie suggested reaching out to the Family Medicine residency program in SW IL at St Elizabeth, they are connected with Scott AFB. Diversity training is available for all departments. CSMB Internship program starts in January, reach out to Valerie Lovelock if you'd like to be involved in working with students.
5. **Jane McHowat reported on Gender Equity Committee.** The committee had their first meeting last week and is starting to identify efforts for the coming year. One of the

initiatives is to appoint an Ombuds for faculty and staff on north campus. Lisa reported that she had met with Chris Rollins regarding this effort.

6. **Emily Boyd submitted an update on Women's Commission updates (below).**
7. Meeting was adjourned at 7:30 AM

Women's Commission report from Emily

- October 11th from 12:00- 1:00 Mentoring Presentation from a Past Women of the Year will be on Zoom. Marketing to come.
- October 12th is Pumpkin Painting Party outside Griesedieck Hall from 4-7pm
- October 19th-20th we will light up the Clocktower on north campus purple in honor of Domestic Violence Prevention month
- November 16th is a fundraiser with Chipotle from 4-8pm (more details to follow)
- Planning for a February Women's Basketball Game. Reached out to my contact from last year and I am working to find a weekend game that is toward the end of the season (February). Will run the date by everyone once I have it.

The Women's Commission is getting involved in the One Love organization. Below is some information about the program and our involvement.

One Love empowers young people with the tools and resources they need to see the signs of healthy and unhealthy relationships and bring life-saving prevention education to their communities. We have 5 trained students and faculty members ready to facilitate workshops around campus and the St. Louis community. Visit www.joinonelove.org for more information.



[One Love Foundation](http://www.joinonelove.org)

Love is the most important thing in our lives, yet we are taught very little about it. One Love is on a mission to change that.

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