THE MASTER WAR MODE DAY PLAN + REPORT

□ The Mastery Checklist Explained to achiev...

V /X	D/10	I/10	/20	Master Checklist:	Task Time:
VI	10 -	10 -	20 -	Workout in the AM	1-2 hours
	10	10			1-2 Hours
V	10 -	10 -	20 -	Morning Power Up Call	10 minutes
VI	10 -	10 -	20 -	Shower	10-15 minutes
VI	10 -	10 •	20 -	Pay Bank Debts	30 minutes
VI	10 -	10 -	20 -	Withdraw PHP 10,000	10-15 minutes
/X	10 -	10 •	20 ·	Review Sales Page video	45 minutes- 1 hour
V /	10 -	10 -	20 -	Lunch	30 minutes
×	10 -	10 -	20 -	Hand Copy Gary Halbert Sales Letter	30 minutes
V I	10 -	10 -	20 ·	Copy Work Practice	1-2 hours
∨ I	10 -	10 -	20 -	Copy Work Practice Cold Email Practice	
					1-2 hours
VI	10 -	10 -	20 -	Cold Email Practice	1-2 hours
✓ /	10 -	10 -	20 ·	Cold Email Practice Outreach to Prospects	1-2 hours 1-2 hours 1-2 hours
▽ / ▽ / /×	10 -	10 -	20 · 20 ·	Cold Email Practice Outreach to Prospects 10 prospects	1-2 hours 1-2 hours 1-2 hours 1 hour
✓/ ✓/ /×	10 -	10 · 10 ·	20 · 20 · 20 ·	Cold Email Practice Outreach to Prospects 10 prospects Dinner	1-2 hours 1-2 hours 1-2 hours 1 hour 30 minutes

☑ /×	D/10	I/10	/20	Master Checklist:	Task Time:
V	10 -	10 -	20 -	Visit Stall	30 minutes
✓ /	10 -	10 -	20 ·	Review Stall sales	15 minutes
×	10 -	10 -	20 -	Help Other Students	10 minutes
×	10 -	10 -	20 -	Review Copy From Swipe File	15 minutes

Start The Day With Tasks Valued 20 Then Move Down

Total Hours Planned In The Day: /24

	TODAY NUMBER + DATE + TIME	
Day Number:	28	
Date:	4/14/23	
Start Time:	9am	

	🙏 3 Things That I Am Grateful To Have In My Life 🙏
1.	Real World Portal
2.	Internet
3.	The day itself

1.	Copy Work Practice
2.	Cold Email Practice

🔀 Hour-By-Hour Tracking: 🏅

[Plan+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
🔔 Sub-Task:	Sub-Task = What Is My Plan Of Action To Complete This Task For This Hour?
/Reflection:	Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

MY MORNING WAR PLAN

🧠 What Do I Plan To Accomplish This Morning? 🧠

@What Is The Main Goal For This Morning?@

I plan to work on my fitness, clear bank debts and review sales page video

How Will I Start My Morning With Power?

Don't stop the alarm clock until I stand up

Fitness

DELETE BOXES

THAT ARE BEFORE

9 am: Task \$	Workout in the AM, Morning Power Up Call
Sub-Task's 🔔	Get better at fitness, get the day right
Reflection / Got up then went to the gym	
10 am: Task \$	Finish working out then shower then go to bank
Sub-Task's 🔔	Cool down from working out
Reflection /	The workout was long today I finished 11
	,
11 am: Task \$	Pay bank debts, withdraw money and go home to review sales page
Sub-Task's 🔔	Clear bank debts before the week ends
Reflection /	Finished workout at 11 then showered then went to the bank
12 am: Task \$	Lunch, end sales page video
Sub-Task's 🔔	Finish the sales page video and eat lunch

Reflection / bank debts are being done but i have to go back will eat lunch first

©END-OF-THE-MORNING REPORT ©

What Did I Learn This Morning?
I learned to adapt
XWhat Problems Did I Face This Morning?X
Long waiting lines
→ How Will I Solve These Problems For This Afternoon? → → → → → → → → → → → → → → → → → → →
I won't have these problems tomorrow
MY AFTERNOON WAR PLAN
⊗What Do I Plan To Accomplish This Afternoon?
Get better as a MAN, copywriter and seducer(marketing) lol
⊚What Is The Main Goal For This Afternoon?⊚
Increase my value as a man

→ How Will I Start My Afternoon With Power? ✓ I will start it with coffee and going to a coffee shop		
1 pm: Task \$	Drive to coffee shop, then read womanese 101	
Intention 🔔	Be more efficient and work faster, settle down in coffee shop with a book too	
Reflection /	Had late lunch here then drove to coffee shop	
2 pm: Task \$	Hand Copy Gary Halbert Sales letter, Copy Work Practice	
Intention 🔔	Get better as a copywriter	
Reflection /	Started Copy Work Practice	
3 pm: Task \$	Finish Copy Work Practice	
Intention 🔔	End Spec Work	
Reflection /	Copy Work Practice done by 60%	
4 pm: Task \$	Cold Email Practice	
Intention 🔔	Get better at writing quality cold emails	

Ended Copy Work Practice at 4:45

Reflection /

5 pm: Task \$	Cold Email Practice
Intention 🔔	Finish Cold Email practice
Reflection /	Oh snap it was my sister's bday
6 pm: Task \$	Drive to stall, review stall sales
Intention 🔔	Manage my food stall I operate
Reflection /	Had to prepare for my sister's bday
7 pm: Task \$	Drive home to dinner
Intention 🔔	Eat dinner
Reflection /	Sister's bday
8 pm: Task \$	10 prospects
Intention 🔔	Collect 10 new prospects
Reflection /	Ended Dinner at 8:30
	•

9 pm: Task \$	Outreach to Prospects
Intention 🔔	Start making moves for the money
Reflection /	Started Cold Email Practice
10 pm: Task \$	Outreach to prospects
Intention 🔔	Make moves for the money
Reflection /	Drove Grandmother home then came back
11 pm: Task \$	Review Copy from swipe file, help other students
Intention 🔔	
Reflection /	Drove Grandmother home
12 pm: Task \$	instagram/Tinder activity, then end the day



Overtime again tonight finished cold email, 1 outreach

End the day

Intention 🔔

Reflection /

≪What Did I Learn Today? ≪
I learned to adapt to the day
XWhat Problems Did I Face In The Day?X
Unexpected plans
Phow Will I Solve These Problems Tomorrow?
I will solve them by adapting and preparing further
What Do I Plan To Do Differently Tomorrow? NEW
I plan to work tom at the afternoon since I went full time overtime
🗘 What Do I Plan To Do The Same Tomorrow?🗘
Go Hard till I get the client
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
Real World Portal Community
∛What Tasks Were Left Undone?

Brain Dump: Adapt and get better immediately