

Bryan Walsh - Metabolic Fitness Pro - Lv. 1 - Nutritional Biochemistry

Functional Medicine today tends to glamorize and sensationalize new pathways and ideas, often completely overlooking fundamental biochemical information. This is a huge disservice to patients and practitioners as biochemistry is paramount to the proper working of every cell in the body, including the very pathways and systems experts are talking about. Practitioners need the knowledge and ability to evaluate and treat their client's biochemistry in order to fully help them.

Most Biochemistry Courses Fail to Deliver

his Biochemistry Course is **Different**

Most biochemistry courses teach pathways in a silo – memorize the steps, enzymes, and metabolites for one pathway, and then move on to the next. This course is different. It doesn't rely on memorization, but rather understanding concepts. It starts with giving you a big picture of all the pathways you're going to learn, all together in an easy-to-understand way, no matter what your background. Then it goes in deep to each pathway so you can understand, and apply, the knowledge to your practice. It finishes where it started, with a detailed overview of all the pathways you learned, to further solidify the information for you.