Lakota Virtue: Wówačhiŋtȟaŋka

Duane Hollow Horn Bear: Woh-wah-cheeŋ-tahŋ-kah

Joe Circle Bear: Wowachinthanka, to me, it means something more than, has to do with my thought process.

Duane Hollow Horn Bear: You have a great need, Woh-wah-chee-tchun-kah, and perhaps I am in need of something, and it's going to be fulfilled, but I need to persevere, and I need to be patient. I need to, patience is a virtue that many people lack, and so we need to say, be patient. These items, these things are coming around. What's coming for you is going to be, you'll receive it, you just need to have patience.

Joe Circle Bear: Maybe teach them to wait, be calm, it'll be your turn, learn to raise your hand, show your honor and respect to your teacher, your other classmates.

Ken Stands Fast: Let them know what's expected of them, as far as, you know, being patient.

Joe Circle Bear: And learning that self-control is very important.

Duane Hollow Horn Bear: Today is, I gotta have it, and I gotta have it now. I want it now. So we must teach our self-patience to, please wait. One of the values of patience is something people, it's noticeable on you, when people look at you and say, this man is a very patient person, or this woman, she patiently waits, knowing that it probably will take some time, but she's either in thoughts, or in prayer, or in a conversation with someone, to pass the time, knowing that what's going to happen will happen. So be patient.