



POP'S CHAT

DEALING WITH THE WEATHER

Footy is an all weather sport. Apart from lightning risks the game goes on rain, hail or shine.

Here's a few hints on the preparations you should make for any bleak says ahead.

1. Wet, muddy, soft, slippery surfacesyou need to wear boots with sprigs. Always carry your boots with you because grounds can get slippery and traction deteriorate even in the first few quarters.
2. Organise a spare set of gear for rainy, soggy first halves, so you can change at half time (seniors)
3. Attend your game in clothes not umpire gear so you have something dry to change into after the game.
4. Junior football hint: wear a t shirt under your association top and even take a spare to change into if you get wet.
5. Arriving early at your game to inspect conditions is a good practice.
6. Training in boots which are uncomfortable is also a good idea.
7. Boundaries... adjust your BTI position, test out first, adapt as you need to.
8. Fieldies... you need to be vigilant, wet weather congests play and makes it more unpredictable...Adapt to weather as you do on each game.
9. ENJOY...luv the mud!!