## **Self Leadership Case Studies - Participant Notes**

## **Case Study Scenarios:**

1. In your last 360 Review, you received this feedback: "Tends to struggle to admit when she is wrong, although she seems quite comfortable to point out when others are wrong. She is a hard worker and does well in the ministry activities, but under stress she is irritable. Others have to be careful what they say when around her; otherwise they are likely to receive harsh words. If things are going well, she can be a lot of fun to be around, but if not, she is difficult to be around."

What might be some of the underlying issues? What areas might you need to manage?

2. You do well in the ministry and seem to relate well with your teammates. Recently you got visibly upset when a planned activity did not work as expected. You didn't take it out on any of your team, but you spoke sharply to both your children and your wife.

What might be some of the underlying issues? What areas might you need to manage?

3. You have had good success in the ministry. You are known as a good speaker and are often asked to speak not only at Campus Crusade for Christ functions but also in the community and at church. You rarely say no to an invitation to speak. Friends and family have commented that you are seldom available because of so many ministry demands, and your relationships with them have suffered. Several co-workers have volunteered to share some of the load, but you have politely told them that you can manage it.

What might be some of the underlying issues? What areas might you need to manage?

4. You have had low support for months but have not taken time to raise support because the ministry is so fruitful. You were able to re-distribute money for a while, but now you are finding it difficult to pay your bills. You have asked for loans from friends and family members that you cannot pay back. You have accumulated credit card debt. You are tempted to go against the policies and keep some of your support gifts and not report them to CCC.

What might be some of the underlying issues? What areas might you need to manage?

5. Lately you have not been keeping up with life and work priorities. You have been staying up too late watching questionable programs on the computer or television. During the day, you are distracted and find yourself dwelling on what you watched.

What might be some of the underlying issues? What areas might you need to manage?

6. The ministry has been exceptionally busy these past months, and you seem to be eating fast food more often than usual. You have not been sleeping well and lack energy. You don't have time for exercise. Your doctor said that your health has deteriorated since your last visit. You figure that you are still young enough and can think about improving your health once the ministry slows down.

What might be some of the underlying issues? What areas might you need to manage?

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