

County Cork Swimmers (plus a bit of Kerry Coastline)

STOPPED 16 May 2020 – except 10k, 10 miles and 25k additions & EC & some requests

The Irish Long Distance Swimming Association (ILDSA) have started a “record your 10 km+ swim” program Ned.denison@corkopenwater.com will continue (as long as they last) to present 10k, 10miles and 25k Cork Marathon caps.

Long Distance (5km solo or 20km relay) Open Water Swims

Reported Area: County Cork and the Kerry Coast/Islands up to Dolus Head

This is the best record of long swims undertaken by swimmers from County Cork (resident at the time of the swim or very actively part of the Cork open water community [see note**at the bottom of the document]) anywhere in the world or by anyone swimming in the reported area **up to May 2020**. This same definition is applied for “Irish First” below. **First Group* means that others not from Cork were involved in a swim outside of Cork.

The starting point is set as an epic (so from>to rather than out and back) 5km solo swim (or 20km relay). On solo or small group swims, distance is taken as the shortest possible line regardless of the line of the actual swim. For mass swimming events, we take the organiser’s distance (example – it may measure 4.75km but the organisers call it a 5km swim – it is taken as 5km for the purposes of this report). Some other shorter – but unusual/epic swims are also included.

Generally, the rules are no helpful contact with the boat or another person and no rest stops on land. However, exceptions are made where the terrain forces a land crossing, staged 6+ hour training swims where standing feeds are required, or the

organisers' rules insist on exit (and restarts) for things like lightening. Generally only swims "completed" are counted – a few exceptions are included below.

Several swimmers have requested not to be on this list. Wetsuit swims and use of flippers are of course included – but noted (except in the initial 25k, 10 mile and 10k listings). In a very rough sense (there is no formula) the solo swims and relays are ranked in order of difficulty (distance, solo versus mass swim, first ever, typical time taken, cold, typical conditions and time away from sight of land). Comments on this welcome – but beware there will be no real justice in the order of listing!

Many swim organisers exaggerate the distance of historic events – we are using these distances to avoid conflict! Any additions/revisions are welcome and should be addressed to: ned.denison@corkopenwater.com

There are three different definitions of the distance of a “marathon swim”: 25km, 10 miles (16.3km) and 10km. 150+ Cork based swimmers (at the time of their swim) generally completing their swim, reaching each level (for an epic or race versus training swim) are listed below – only for their highest level.

25km Gold (39 swimmers) with (number accomplished)

Robert Bohane (2), Donal Buckley (2), Liz Buckley, Ciaran Byrne (3), Páraic Casey, Carol Cashell (4), Danny Coholan, Carmel Collins (2), Lisa Cummins (2), Ned Denison (16), Sylvain Estadieu (2), Vincent Harris, Adrian Healy, Finbarr Hedderman (2), Jennifer Hurley, Eddie Irwin (4), Jennifer Lane, Roisin Lewis, Bernard Lynch, Imelda Lynch, Liam Maher (3), Trevor Malone (2), Karen McEvoy, David Merriman, Gábor Molnár (6), Craig Morrison, Darren Morrissey, Brendan O'Brien (2), Diarmuid O'Brien, Niall O'Cruaíoch, Owen O'Keefe (4), Jonathan O'Regan, Stephen Redmond (7), Alan Rodgers, Ken Rodgers, Jim Shalloo, Anthony Sloman, Ray Terry and Nathan Timmins

10 miles Silver (27)

Gordon Adair, Maree Angles, Catherine Arundel, Noel Browne, Eilís Burns, John Conroy, Hayley Cullinane, Nancy Edmead, Donna Galvin, Joanne Horgan, Nora Irwin, Niall Kenny, Owen Kiely, Ita Kirwan, Eoin Lowry, Maeve Mulcahy, Sean Murray, Damian O'Neill, Aideen O'Riordan, Eoin O'Riordan, Eoin O'Sullivan, Riana Parsons, Grainne Read, Paul Schilling, Ann Smyth, Merlin Tanner, Frank Thorne, Helen Walley and Marie Watson

10km Bronze (109)

Danielle Arundel, Marcus Austin, Sinead Barnett, John Bowe, Charley Breen, Sean Buckley, Audrey Burkley, Robert Burns, Rita Campion, Steve Clery, Grace Clifford,

Sarah Clifford, James Colbert, James Collins, Alan Craughwell, Hayley Cullinane, Victor Danylyuk, Neill Deasy, Cyril Desmond, Declan Desmond, Niamh Dwyer, Cahal Finn, Steve Fitzgerald, Alec Fraser, Terry Fleming, Brian Foster, Steve Foster, Gary Frost, Fergus Galvin, Denise Ganly, Shane Gannon, Tadhg Harrington, Angela Harris, Mike Harris, Martin Hayes, Paschal Hedderman, Owen Hennessy, Diarmuid Herlihy, Rian Herlihy, Orlando Hill, David Hodge, Billy Horgan, Mary Horgan, Paschal Horgan, Orla Houlihan, Sandra Howard, Alex Jeffers, Thelma Jones, David Joy, John Kearney, Niall Kenny, Pádraig Leahy, David Lee, Maeve Linehan, Barry Madden, Catherine Mahon, Karen Mason, Ray McArdle, Tom McCarthy, Sevy McCullagh, John McGrath, Alan McGuinness, Una McIntosh, Sarah McSweeney, Denis Merritt, Jerry Moore, Frankie Moynahan, Nick Mulcahy, Anna-Maria Mullally, Ann Murphy, Shane Murphy, Mairead Ni Eidhin, Deirdre Ni Challanain, John O'Callaghan, Brendan O'Carroll, Ciaran O'Connor, Killian O'Connor, Maeve O'Connor, Gerald O'Donnell, Elaine O'Grady, Michael O'Hare, Seamus O'Heocha, Aidan O'Herlihy, Grainne O'Keeffe, Andrew O'Leary, Pat O'Loan, Dinny O'Mahony, Brendan O'Regan, Brian O'Shea, Colum "Sully" O'Sullivan, Olga O'Sullivan, Conor Power, Gary Quin, Tony Rafferty, Judy Rea, Barbara Anne-Richardson, Kieran Ruane, Maeve Ryan, Ossi Schmidt, Catherine Sheridan, Brenda Sisk, Daniel Swagrzysk, Niamh Sweeney, Niall Vaughan, Ger Venner, Paul de Waard, Colm Walsh, Robin Wells, Triona Whelan, Noel Whitty, Eilis Wilcox and Alan Wilkie

SOLO SEA SWIMS

English Channel – OVER AND BACK (68km as the crow flies - actual swim 84km to 110km) **Irish First**

2009 Lisa Cummins

Ocean 7: English, North, Molokai and Catalina Channels; Tsugaru Gibraltar and Cook Strait **First**

2012 Stephen Redmond

Around Manhattan Island Twice- New York (92km)

2018 Lisa Cummins

Triple Crown of Open Water Swimming: English Channel, Catalina and Manhattan

2012 Ned Denison, Eddie Irwin ****Irish First**** and Gábor Molnár

2013 Ciaran Byrne

2017 Carol Cashell

North Channel (Between Scotland and NI - 34km as the crow flies - actual swims 42km to 55km)

2010 Stephen Redmond

2014 Finbarr Hedderman

2017 Carmel Collins

English Channel (34km as the crow flies - actual swims 42km to 55km)

2005 Ned Denison, Imelda Lynch and Diarmuid O'Brien

2006 Danny Coholan

2007 Ray Terry

2008 Finbarr Hedderman, Eddie Irwin and Niall O'Cruaíaoich

2009 Sylvain Estadieu, Owen O'Keefe (youngest in Ireland) and Stephen Redmond
(see also Lisa Cummins for over and back)

2010 Donal Buckley, Ciaran Byrne, Jennifer Hurley, Liam Maher and Gábor Molnár

2012 Robert Bohane, Jennifer Lane and Craig Morrison

2015 Trevor Malone

2016 Bernard Lynch

2017 Carol Cashell and Nathan Timmins

2018 Brendan O'Brien

2019 Jim Shalloo

2020 Adrian Healy

Tsugaru Strait (19.5km) **Irish First**

2012 Stephen Redmond

Molokai Channel (42km) **Irish First**

2012 Stephen Redmond

False Bay (34km) **Irish First**

2012 Ned Denison

Cook Strait (34km)

2012 Stephen Redmond

Santa Barbara Channel Solo (33km)

2006 Ned Denison *speed record 2006-2012

Catalina (32km)

2011 Stephen Redmond ****Irish First****

2012 Ned Denison, Eddie Irwin and Gábor Molnár

2014 Ciaran Byrne

2017 Carol Cashell

2019 Liam Maher

Hospitalitos (hospital stay after a marathon swim)

2006 Ned Denison – hypothermia

2009 Lisa Cummins – shoulder

2010 Robert Bohane – water in lungs

Baltimore Around Fastnet and into Schull (39km)

2011 Stephen Redmond ****First****

2012 Stephen Redmond

Aquarium Swim – Cabo Mexico (32km)

2020 Ned Denison ****First Man****

Around Jersey Island – Channel Islands (66km “official distance” – Ned measured it at 54km)

2010 Ned Denison

2013 Owen O’Keefe (male speed record at the time)

Around Manhattan Island - New York (46km)

2007 Ned Denison

2011 Eddie Irwin and Gábor Molnár

2012 Donal Buckley and Ciaran Byrne

2013 Carol Cashel, Lisa Cummins (boat assisted) and Liam Maher (boat assisted)

Around Valentia Island (27km) **First******

2008 Ned Denison ****First****

2013 Robert Bohane (speed record holder)

Fastnet to Tragumna (27.5km) **First******

2019 Carol Cashell

Sheeps Head Lighthouse to Durrus (26km) **First******

2019 Darren Morrissey

Batalla de Rande – Vigo Spain (27km) **Irish First******

2019 Ned Denison

Dingle Bay Dolus to Sleah Head (24km) **First******

2007 Kevin Murphy (King of the English Channel with 34 crossings)

Fermoy to Youghal (60km) **First******

2013 Owen O’Keefe

Castletownbere to the Mizen Head (24km) **First******

2013 Stephen Redmond

Around Bere Island (24km) **First******

2013 Carol Cashel

Kalamata (30km) **Irish First**

2017 Ned Denison

Jersey to France (26km) **Irish First**

2013 Ned Denison

Ballycotton to Ardmore (25km) **First**

2015 Carmel Collins

Formigues Illes to Medea (22.3km) **Irish First**

2015 Eilís Burns (wetsuit)

Formentara to Ibiza (South East End) (30km) **Irish First**

2016 Ned Denison

Dharamtar to Gateway to India (35.2km) **Irish First**

2018 Ned Denison

Rottneest off Perth Australia (19.8km)

2006 Helen Walley

2009 John Conroy and Jennifer Hurley

2010 Jennifer Hurley

2012 Ned Denison

2014 Lisa Cummins

Around Cobh Island (26km) **First**

2006 Ned Denison

Cork City to Myrtleville (25km) **First**

2009 Owen O'Keefe

Sandycove to Myrtleville (24km)

2012 Damian O'Neill (wetsuit) ****First****

2013 Bernard Lynch and Damian O'Neill

Skellig Michael to Portmagee (19km)

2007 Robert Bohane ****First****

2009 Owen Kiely (wetsuit)

Baltimore to Fastnet (20km)

2018 Stephen Redmond ****First****

2019 Joanne Horgan (wetsuit)

Fastnet to Baltimore (20km)

2009 Stephen Redmond ****First****

2014 Noel Browne

In wetsuits: Sean Murray and Eoin O'Sullivan

2016 Nathan Timmins

2017 Maeve Mulcahy and Paul Schilling

2019 Sarah Tunnicliffe

Roches Point to Ballycotton (22km) **First**

2015 Carol Cashell, Eddie Irwin, Bernard Lynch and Liam Maher

Ile du Levant via Cap-Blanc to Hyères (24km) **Irish First**

2014 Ned Denison

Cappoquin to Youghal (26.4km) **First**

2012 Owen O'Keefe

Menorca (25km) **Irish First**

2015 Ned Denison

200 (and more) Sandycove Laps in a Calendar Year

Mile Harris – year unknown ****First****

2004 Ned Denison

2008 Finbarr Hedderman

2009 Lisa Cummins

2010 Robert Bohane (200+ togs then some wetsuit) and Ciaran Byrne

2012 Robert Bohane (some wetsuit), Lisa Cummins and Craig Morrison

2017 Ned Denison, Martin Hayes and Alex Jeffers (some wetsuit)

2018 Ned Denison (505 laps)

2019 Robert Bohane (some wetsuit), Alex Jeffers (some wetsuit), Aidan O'Herlihy and Grainne Read (some wetsuit)

2020 Ned Denison and Alex Jeffers (some wetsuit), – OTHERS?

All above received the limited edition 200 laps polo shirt (except Harris – who declined)

2021 Robert Bohane (some wetsuit), David Conradie, Ned Denison, Adrian Healy (some wetsuit), Finbarr Hedderman, Alex Jeffers, Celine McNerny (some wetsuit), David Merriman (some wetsuits), Eoin O'Riordan (wetsuit), Colm Walsh (wetsuit) and Billy Watters (some wetsuit)

100 laps in a Calendar Month

2009 Lisa Cummins (July) ****First****

2010 Robert Bohane (June 118)

2019 Ned Denison (June and July)

Inch to Dingle (23.5km) **First**

2016 Gordon Adair

Mizen to Fastnet (18km) **First**

2018 Marie Watson

Fastnet to Schull (18km)

2009 Stephen Redmond ****First****

2012 Catherine Arundel

2018 Barry O'Connor

Kilmakillouge Pier to Kenmare Pier (22km) **First**

2016 Ita Kirwan (wetsuit)

Around Key West (20km) **Irish First**

2014 Carol Cashell, Lisa Cummins, Nora Irwin, Roisin Lewis, Eoin O'Riordan and Riana Parsons

Adrigole (West Cork Sailing Centre) to Glengarriff (Garnish Island ferry pontoon) (18.5km) **First**

2019 Ita Kirwan (wetsuit)

Beara Island to Whiddy Island (17km) **First**

2018 Merlin Tanner (wetsuit)

Strait of Messina four-way (12.8km) **First Group**

2014 Ned Denison (speed record)

Around Anacapa Island – California (16.3km) **First Group Anti-Clockwise**

2016 Ned Denison

Kilmacsimon down Bandon River to The Dock to Speckled Door (23km) **First**

2006 Danny Coholan

Fastnet to Crookhaven (15km) **First**

2018 Ken O'Shea (wetsuit)

Baltimore to Schull10 C average (15.4km) **First**

2012 Stephen Redmond

Oysterhaven to Fountainstown (18km) **First**

2019 Ann Smyth

Crosshaven to Blackrock Village (18km)

2007 Ray Terry ****First****

2008 Owen O'Keefe

This document records accomplishments – which normally means reaching the end/completing the swim. In the case of the marathon solo swimmers who did not reach their destination – they accomplished in a different way. They had the courage to announce and act on a dream, dedicated years, sacrificed, trained and mentally found the courage to take on the challenge. Some began their attempts but didn't make it to the other side and others never had favourable weather and hence didn't even start. We salute them for the most epic of goals:

Irish Sea: Stephen Redmond

North Channel: Imelda Lynch

English Channel - Solo:

Páraic Casey, who passed away one kilometre from France

Steven Black, Carmel Collins, John Kearney, Roisin Lewis, Eoin Lowry, Anne-Marie Mullally, Aidan O'Herlihy, Catherine Sheridan and Danny Walsh

English Channel - Relay: Rian Herlihy

Around Jersey: Gordon Adair and Liz Buckley

Gibraltar Strait: Gordon Adair (non-wetsuit), Micheal Hurley, Alex Jeffers, Grainne O'Keefe, Sean Murray (non-wetsuit), Sonia Taylor and Kevin Williams

Loch Lomond: Ned Denison

Apache Lake: Finbarr Hedderman

Roosevelt Lake: Anne-Maria Mullally

Capri>Naples: Ned Denison

Fastnet to Baltimore: Ned Denison

Leme to Pontal: Owen O'Keefe

Formigues Illes to Medea: Robert Bohane, Ciaran Byrne, Carol Cashell, Lisa Cummins, Ned Denison, Angela Harris, Orla Houlihan, Liam Maher, David Merriman, Jonathan O'Regan, Eoin O'Riordan, Riana Parsons, Alan Rodgers

Around Hare Island: David Merriman

Courtmacsherry to Old Head: Ned Denison

Fastnet to Tragumna: Paul Schilling

Fastnet to Baltimore: Fionnuala Walsh

Baltimore to Fastnet and back: Steve Redmond

This section does not include swimmers who “eventually” made their goal on the 2nd, 3rd, etc. attempt. There are no dates listed as this never truly heals. When any of the above do return and complete – their name will be placed elsewhere in this document and deleted with delight from this section. This section does not include relay swimmers who at least had company!

Shore to Tory Island (13.7km) **First**

2012 Owen O'Keefe

Kilmore Quay around Little Saltee and Back (10km) **First**

2019 Martin Hayes

Rathmullan Beach to Port Salon (17km) **First**

2015 Eoin O'Riordan (wetsuit)

Colla Pier west along Long Island Sound as far as Castle Point/Black Castle, back around the scrags, Goat Island and Long Island and finished at the slip in Schull (16.45km) **First**

2019 Frank Thorne

Myrtleville to Roberts Cove & Return (16km) **First**

2019 Adrian Healy, Bernard Lynch, Liam Maher and Jim Shalloo

Cape Clear to Schull (11.8km) **First**

2014 Catherine Arundel

In wetsuits: Danielle Arundel, Deirdre Ni Challanain, Niamh Dwyer, Sarah McKnight, Ann Murphy, Gary Quin and Robin Wells

Strait of Gibraltar (14.4km)

2007 Diarmuid Herlihy (previous speed record – Ireland)

2008 John Kearney

2010 Sarah Clifford and Owen O'Keefe

2011 Steven Black, Imelda Lynch, Stephen Redmond and Ossi Schmidt

2012 In wetsuits: James Collins and Niall Vaughan

2013 Ned Denison, Eddie Irwin, David Lee, Liam Maher, Trevor Malone (speed record Ireland later broken), Una McIntosh (wetsuit) and Sarah McSweeney

2014 Gordon Adair (wetsuit), Steve Foster (wetsuit), Rian Herlihy (female speed record – Ireland at 16 later broken)

2015 Sean Murray (wetsuit) and Eoin O'Sullivan (wetsuit)

2017 Noel Browne and Donal Buckley

2019 Brendan O'Regan

Around Sherkin Island from Baltimore (16km) **First**

2011 Owen O'Keefe

Novohal to Crosshaven Slip (18km) **First**

2018 Eoin Lowry

Warren to Inchydoney (17km) **First**

2019 Donna Galvin

Skibbereen to Baltimore (15km) **First**

2018 Paul Schilling

Novohal to Crosshaven (16km) **First**

2017 Carol Cashell

Salvation Islands (part of Devil's Island prisons) (12.7km) **First Group**

2016 Ned Denison

The Cold Half – Hong Kong (15km stated – maybe 13.8km actually))

2014 Ned Denison – Course Record ****First Irish****

2017 Ned Denison (new Course Record) and Aidan O'Herlihy

Fountainstown to Aghada (15km) **First**

2017 Carol Cashell

Villierstown to Youghal Bridge (15km) **First**

2017 Donal Buckley and Owen O'Keefe

Galway Bay (10.4km)

2009 Alan Craughwell and Pat O'Loan

2011 Alan Craughwell

2013 Jim Shalloo

2015 Riana Parsons

2016 Ned Denison, Brendan O'Brien, Barbara Anne-Richardson (wetsuit), Brenda Sisk and Marie Watson

2018 Alan Wilkie

In wetsuits Steve Clery, Alec Fraser, Seamus O'Heocha and Tony Rafferty

2021 Matthias Kaßner

Rathlin Island (10km)

2008 Ned Denison

Sandycove to Speckled Door to Sandycove – Twice (20km) **First**

2006 Danny Coholan and Imelda Lynch

Speckled Door Around the Sovereign Island and Back (16km) **First**

2010 Gábor Molnár

Glandore Slipway to Squince Harbour and Back (15km) **First**

2012 Maeve Mulcahy

Around Cape Clear (13km)

2012 Owen O'Keefe ****First****

2017 Wes Nolan

Kilmacsimon down Bandon River to Sandycove (15.8km) **First**

2015 Dan Curtis

Ballycotton Pier to Caple Island (14km) **First**

2014 Carol Cashell, Eddie Irwin and Liam Maher

San Miguel Marina to Montana Rocca to Los Abrigos (11km) **Irish First**

2014 Rian Herlihy

Around Robben Island – Cape Town South Africa (11km) **Irish First**

2011 Ned Denison

Boston Light (13km)

2017 Ned Denison

2018 Carol Cashell and Eoin Lowry

Ballycroneen to Garryvoe (13.5km) **First**

2012 Carol Cashell and Eddie Irwin

Graveyard Beach (near Sandycove) to Novohal (12.5km) **First**

2017 Daniel Swagrzysk

Warren Beach (Rosscarbery) to Redstrand (11km) **First**

2012 Ciaran Byrne and Lisa Cummins

2017 Frank Hallissey

Red Stand to Inchydoney (10km) **First**

2019 Donna Galvin

Mentone (Australia) Race (11.6km)

2019 Ned Denison

Redondo Beach (10km)

2019 Carmel Collins and Ned Denison

Courtmacsherry headland to under Old Head Lighthouse (11km) **First**

2016 Carol Cashell

Rosscarbery to Glandore (10.5km) **First**

2018 In wetsuits: Steve Clery, Alec Fraser and Tony Rafferty

Fountainstown to Spike Island (11km) **First**

2017 Owen O'Keefe

Lough Swilley (13km)

2004 Mairead Ni Eidhin

Cork to Cobh (16km) **First 1969**

1969 John Earls

2009 Ciaran Byrne, Linda Clarke, Ned Denison John Downes, Tadhg Harrington and Fergal Somerville

In wetsuits: Páraic Casey, Nicole Clancy, Fergus Galvin, Vince Harrington, Billy Horgan, Eddie Irwin, Bernard Lynch, Liam Maher, Karen McEvoy, Alan McGuinness, David Merriman and Eilis Wilcox

2010 Carmel Collins, Ned Denison, Sue Free, Tadhg Harrington, Eddie Irwin, Jennifer Lane, Roisin Lewis, Craig Morrison, Brendan O'Carroll, Elaine O'Grady, Fergal Somerville and Fionnuala Walsh

In wetsuits: Carol Cashell, John Edwards, Vincent Harris, David Merriman, Shane Murphy, Eoin O'Riordan, Brian O'Shea, Mags O'Sullivan, Alan Rodgers, Ken

Rodgers, Jim Shalloo, Niamh Sweeney, Triona Whelan and Kevin Williams

2012 Colm Breathnach, Patrick Corkery, Trevor Malone, Gábor Molnár, Alan

Rodgers, Ken Rodgers and Pearse Ryan

In wetsuits: Maeve Carey, Fergus Galvin, Angela Harris, Vincent Harris, Adrian Healy,

Maeve Linehan, David Merriman, Jonathan O'Regan and Brian O'Shea

2013 Ned Denison, Mark Hannigan, Donal Jacob, Roisin Lewis, Gábor Molnár, Jowita

Pleskot, Warren Roche, Alan Rogers and Sabrina Wiedmer

In wetsuits: Sean Buckley, James Colbert, Fergus Galvin, Vincent Harris, Adrian

Healy, Stephen Kelly, Shane Malone and Craig Morrison

2014 Grace Clifford, Adrian Healy, Sandra Howard, Jonathan O'Regan, Alan Smith

and Sabrina Wiedmer

In wetsuits: Sam Blonde, Fergus Galvin, Vincent Harris, Orla Houlihan, Alex Jeffers,

Ita Kirwan, Denis Merritt and John O'Callaghan

2015 Maeve Carey, Kevin Dennehy, Adrian Healy, Orla Houlihan, Jonathan O'Regan,

Nathan Timmins and Sarah Tunnicliffe

In wetsuits: Cyril Desmond, David Hodge, Ita Kirwan, John McGrath, David Merriman,

Andrew O'Leary, Brian O'Shea, Judy Rea and Kieran Ruane

2019 Audrey Burkley (sign to St Coleman's – same distance)

2021 Niall Kenny (plus another 300 m to get 10 mile cap)

Individual Medley around Sandycove – to slip each lap (7.2km)

2008 Trevor Woods (wetsuit) ****First****

2009 Sylvain Estadieu

Cork City to Monkstown (12.8km)

2009 Ned Denison

Myrtleville to Monkstown – Keeping Spike to Right (10km)

2013 Orlando Hill (wetsuit) ****First****

2015 Carmel Collins and Orlando Hill

Cape Clear to Schull (11.8km)

2009 Stephen Redmond

2010 Stephen Redmond

Cleggan Pier to Inisbofin (11km)

2006 Danny Coholan, John Conroy (wetsuit), Ned Denison, Imelda Lynch and Helen Walley

Sandycove to Speckled Door to Sandycove to Speckled Door (15km)

2006 Danny Coholan and Imelda Lynch (several times)

Fastnet to Cape Clear (9km) **First******

2009 Steven Black

2015 Ned Denison (into the South Harbour) 9.1km

Fuerteventura to Lanzarote (11.15km)

2016 Ned Denison

Speckled Door to Garrylucas (10.5km) **First**

2019 Robert Bohane, Eoin Lowry and Riana Parsons (wetsuit)

Castletownshend to Union Hall (12.5km) **First**

2015 Noel Brown, Sean Murray (wetsuit) and Eoin O Sullivan (wetsuit)

Around Long Island – started Colla Piper and finished at Cadogans Beach in Schull. (12km) **First**

2018 Frank Thorne

Sandycove to Nohoval (11km) **First**

2012 Bernard Lynch

Copper Coast Swim **First**

2011 Donal Buckley (2 weeks in August) in segments

Annestown to Kilfarassey (Yellow Rock). About 5+ kilometres.

Annestown to Boatstrand. About 6 kilometres.

Kilfarassey (Sheep Island to Yellow Rock). About 6+ kilometres.

Bunmahon to Ballydowane Cove. About 5+ kilometres.

Ballydowane to Ballyvooney. About 6 kilometres.

Tramore Bay to Annestown Beach (10km) **First**

2014 Donal Buckley

Ballincurra to the pilot station in Cobh (12km) **First**

2017 Gary Frost

In wetsuits Maeve O'Connor and Ger Venner

Crosshaven Pier to Fountainstown to Myrtleville (10.5km) **First**

2012 Bernard Lynch and Damian O'Neill (wetsuit)

Kells Beach to Rossbeigh (10km) **First**

2018 Kristian O'Donovan

Wicklow (10km)

2013 Liz Buckley (wetsuit), Carol Cashell, Ita Kirwan (wetsuit), Owen O'Keefe and Eoin O'Riordan

Triple Break of Prison Swims:

1. Robben Island (South Africa),
2. Spike Island (Ireland)
3. Alcatraz Island (San Francisco U.S.A.)
4. Rottnest Island (Perth Australia)
5. Le Château d'If (France)
6. Devil's Island (French Guiana)
7. Cockatoo Island (Australia)

Plus another 50+ other prison swims -see

http://openwaterpedia.com/index.php?title=Triple_Break

2006 Steven Black, Joe Donnelly and Mike Harris (all in order 1, 2 then 3)

John Conroy (7, 2, 3 then 4)

Ossi Schmidt (7, 2, 3 then 1)

2006 to 2019 Ned Denison – 13 prisons

2008 Jennifer Hurley (in order 3, 4 then 2)

2018 Finbarr Hedderman

Lough Swilley (11km)

2006 Mairead Ni Eidhin (twice)

Capel Island into Youghal Bay (11km) **First**

2006 Mairead Ni Eidhin

Sandycove (around the Island to Old Head (10km) **First**

2014 Carol Cashell, Ned Denison and Eddie Irwin

Little Red Lighthouse Swim – New York (10km)

2011 Carol Cashell

Tramore Bay over and back (10km)

2008 Donal Buckley

2010 Donal Buckley

Sandycove to Speckled Door to Sandycove (10km)

2006 Danny Coholan (several times), John Conroy (wetsuit), Imelda Lynch (several times) and Steven Black

2010 Robert Bohane, Donal Buckley, Ciaran Byrne and Jen Hurley

2011 Ken Rodgers and Trevor Malone (wetsuit)

2018 Ger Devin

Speckled Door around the Island the Dock Marina (10.5km) **First**

2017 Donna Galvin and Owen Hennessy

La Jolla Shores South Loop (11.5km)

2015 Ned Denison

Barbados Event (10km)

2018 Aidan Herlihy

8 laps of Sandycove Perigeon Tide – all thru the gap (13km) **First**

2019 Robert Bohane, Aidan O’Herlihy and Holly Peters

Robben Island - Former Prison off Cape Town South Africa (7.4km)

2001 Steven Black

2003 Steven Black, Joe Donnelly and Mike Harris

2011 Ned Denison

2015 Ned Denison

2016 Ossi Schmidt (wetsuit)

2018 Finbarr Hedderman

Sydney Australia (Pittwater) - Scotland Island to Lion Island (11km)

2011 Craig Morrison

Fountainstown to Church Bay and back with a full loop of Fountainstown (10.4km)

2017 Shane Gannon, Paschal Horgan and Darren Morrissey

Lough Ine to Tragumna and back (10km) **First**

2018 Noel Browne and Sean Murray

2020 Adrian Healy, Liam Maher and Ken Rodgers

Lough Ine/Tragumna – Winding Tour/Exploration (10km)

2011 Gábor Molnár, Craig Morrison and Owen O’Keefe

Around Cape Point into False Bay South Africa (8km)

2011 Ned Denison **tied speed record 2011 to 2014)

Speckled Door around Sandycove Island and to the Dock (10km) or reverse

2017 Brendon O’Brien, Jonathan O’Regan and Anthony Sloman ****First****

2019 Denise Ganly

Around Reengaroga Island (10.5km)

2010 Steven Black and Sevy McCullagh (wetsuit) ****First****

John Kearney

2012 Owen O’Keefe

2018 Steven Black

2019 Audrey Burkley, Elaine Burrows Dillane, Andrew Butler, Tracy Clark, David

Conradie, Patrick Corkery, Vanessa Daws, Ned Denison, Elizabeth Fry, Alex Gaunt, Ian Grimmer, Mark Hannigan, Adrian Healy, Patricia Heffernan, Melanie Holland, Elaine Howley, Matthias Kaßner, Kellie Latimer, Liam Maher, Attila Mányoki, Marty McMahon, Therese Molyneux, Sean Murray, Greg O'Connor, Jevon O'Neill, Michael Payne, Vera Rivard, Michelle Squyer and Martha Wood

Achmelvich Bay Twice – North Minch Scotland (10km)

2010 Mike Harris

Playa Honda - Airport (Lanzarote) (10km)

2016 Gordon Adair, Orlando Hill, Barry Madden and Alan Wilkie

Puerto Calero (Lanzarote) (10km)

2016 Gordon Adair, Orlando Hill, Barry Madden and Alan Wilkie

Best Fest Spain (10km)

2017 Carol Cashell, Lisa Cummins and Ciaran O'Connor

2018 Robert Burns, Carmel Collins, Lisa Cummins, Steve Fitzgerald, Eoin Lowry, Ciaran O'Connor, Barbara Anne Richardson and Marie Watson

Blackrock Village to Cobh (13km) **First 1973**

1973 Eilís Burns, Rita Champion, Declan Desmond, Paschal Hedderman, David Joy, Catherine Mahon, Jerry Moore, Frankie Moynahan, Dinny O'Mahony, and others

2007 Robert Bohane, Donal Buckley, Ciaran Byrne, John Conroy (wetsuit), Ned Denison, Sally Goble, Niall MacCarthy (wetsuit), Nick Mulcahy (wetsuit), Niall O'Cruaíoch (wetsuit), Ossi Schmidt (wetsuit) and Noel Whitty

2008 Lisa Cummins, Sylvain Estadiou, Julieann Galloway, Charles Harper, Tadhg Harrington, Mike Harris, Jennifer Hurley, Roisin Lewis, Owen O'Keefe, Colm O'Neill and Rachel Smith

In wetsuits: Rebecca Berkery, John Conroy, Fergus Galvin, Eddie Irwin, Bernard Lynch, David Merriman, Gerald O'Donnell and Eilish Wilcox

2009 Ray McCarthy (wetsuit)

Rocky Bay to Church Bay (11km) **First**

2019 Gary Frost and Ger Venner (wetsuit)

Puerto del Carmen to Puerto Calero Tenerife (10km)

2017 John Kiely

Playa Mujeres to beyond Punta del Papagayo Tenerife (10km)

2017 John Kiely

Around Hare Island (7.6km) **First**

2011 Gábor Molnár and Owen O'Keefe

2018 Steven Black, Sevy McCullagh and Paul Schilling

Kilmacsimon to Summercove (12km) **First**

2010 Tom McCarthy

Around Cork City (7km) **First**

2019 Ned Denison

Cape Clear Comillane to Baltimore (8km) **First**

2005 Ned Denison

2014 Siadhb Redmond (wetsuit) and Stephen Redmond

2015 Gary Minihane (Wetsuit) and Paul Schilling

Baltimore to Cape Clear Comillane (8km) **First**

2005 In wetsuits: Norman Kelly and Kevin O'Brien

2005 John Kearney

2011 Ned Denison and Owen O'Keefe

2012 Noel Browne and in wetsuits: Micheal Hurley and Sean Murray

2013 Noel Browne, Stephen Redmond and Eoin O'Sullivan (wetsuit)

Kilmacsimon to Kinsale at 0.5k past bridge (11km)

2014 In wetsuits: Gordon Adair, Alex Jeffers and Peter Walsh

Dock2Dock London (10km)

2016 Brenda Sisk

2017 Audrey Burkley

Clew Bay (10km)

1999, 2000 and 2003 Mary Horgan

2007 Donal Buckley

2009 Imelda Lynch and Ossi Schmidt (wetsuit)

Cork to Kerry (5km as the crow flies - actual swim nearly 7km) **First**

2002 Steven Black, Maria Blumenthal (wetsuit), Ger Deasy, Tadhg Harrington, Gilliam Lee, Tommy Lee, Imelda Lynch, Nick Mulcahy, Kieran Nolan (wetsuit), John Shop, Bill Steigleder, and Trevor Woods (wetsuit)

****This list is tentative – confirmation requested as well as wetsuit versus non-wetsuit**

North and South Pole Swims

2011 and earlier Mags Buckley and Paul O'Brien (very cool!)

Hellespont (Asia to Europe) (4.5km)

2008 Mike Harris

2010 Mike Harris

2011 Jane Jolly

2014 Jane Jolly

2015 Jane Jolly

2018 Audrey Burkley

This will remain on the list – regardless of distance because it is one of history's great swims

Gozo to Malta (6km)

2007 Steven Black, Liz Buckley, Mike Harris and Joan Lucey

2008 John Conroy, Mary Horgan, Imelda Lynch and Ossi Schmidt

2009 Eugene Cassidy and Evelyn Murphy

2010 Deirdre Frost

Le Château d'If (France) (5km)

2014 In wetsuits: Andrew Gough, Fiona Gough, Keith Mackeown, Roseleen Mackeown and Tim Smyth

2015 Ned Denison

Church Bay to Crosshaven (5km) **First**

2006 David Aherne, Elaine Aherne, Mick Aherne and Liam Flavin,

Roches Point (mid channel) to Crosshaven (5km) **First**

1995 Mick Aherne, Vincent Aherne and Bart Buckley

Out and Back Alcatraz (4.5km)

2015 Ned Denison ****First Irish****

2016 Ned Denison

Around Skellig Michael (3km)

1960s (reported): Joe Roddy and Dan McCroham

2004 Jim Shalloo (wetsuit)

2010 Ned Denison

2013 Patrick Corcoran, Kevin Denney, Bob Fitzsimons, Padraig Leahy and Pearse Ryan

In wetsuits: Liz Buckley, Mary Fitzsimons, Vincent Kidd, Ber O'Connor, Brian O'Shea, Con O'Shea, Paul O'Sullivan and Tim Poullain-Patterson

Figure 8 Around the Sovereign and into Oysterhaven (3km)

2017 Ned Denison, Hendrik Meerman, Owen O'Keefe and Jim Shalloo

This will remain on the list – regardless of distance because it is epic

7 Swims along the coast of Spain in one day with bus transfers between swims (10km)

2017 Ruth Deane, Noreen Desmond, Cathriona Greely, Joanne Horgan, Ciaran O'Connor, Siobhan Russell and Ann Smyth

This will remain on the list because of the total distance and it is interesting

SOLO FRESH WATER SWIMS

S.C.A.R. – Arizona 4 Marathon Swims in 4 days (67km)

2013 Ned Denison (all including Apache 27.3km) ****Irish First****

2014 Anna-Marie Mullally: Saguaro (15.2km), Canyon (14.4km), 4-person relay Apache (27.3km) and Roosevelt (7km – partial)

2016 Finbarr Hedderman: Saguaro (15.2km), Canyon (14.4km) and Roosevelt (10km)

Békésszentandrás to Csongrád in the Körös River Hungary (48km) **First******

2013 Gábor Molnár

Lake Zurich - Switzerland (26.4km)

2008 Ned Denison ****Irish First****

2009 Liz Buckley (wetsuit), Sylvain Estadieu, Eddie Irwin and Liam Maher

2010 Karen McEvoy and Gábor Molnár

2011 Roisin Lewis and Vincent Harris (wetsuit)

2012 Carol Cashell

2013 Adrian Healy (wetsuit) and Alan Rodgers

2014 Trevor Malone and Ken Rodgers

2017 Jonathan O'Regan

2018 David Merriman

Lake Memphremagog (Border Buster) – Vermont USA (25km) **Irish First******

2016 Ned Denison

IJsselmeer - Netherlands (22km) **Irish First******

2014 Ned Denison

Őcsöd to Csongrád in the Körös River Hungary (37km) **First**

2012 Gábor Molnár

Kunszentmárton to Csongrád in the Körös River Hungary (20.48km) **First**

2013 Gábor Molnár

Lough Erne (25km)

2017 Brendan O'Brien and Anthony Sloman

Inniscarra Dam to Dam (17km) **First**

2017 Anthony Sloman

Windemere (17km)

2015 Gordon Adair

2019 Ned Denison, David Merriman and Grainne Read

Lough Erne (17km)

2009 Ciaran Byrne and Owen O'Keefe (won)

2015 Nancy Edmead

2019 Ned Denison (won)

WakenitzMan from the Ratzeburger Lake to Lubeck Germany (14km) **Irish First**

2012 Imelda Lynch and Ossi Schmidt

Three lakes of Killarney end to end (15km) **First**

2013 John Bowe (wetsuit and walked around old weir)

Athy to Carlow down the Barrow (19.5km)

2011 Stephen Redmond (wetsuit in 6C)

Lake Champlain Swim New York to Vermont, USA (13km) **Irish First**

2006 Ned Denison

Fermoy (Ashe Quay) to Ballyduff (18.6km) **First**

2012 Owen O'Keefe

Ballyduff to Cappoquin (Port na hAbhann slipway) (15km) **First**

2012 Owen O'Keefe

Rotter River - Netherlands -14C (10.4km) **First**

2018 Carol Cashell and Ned Denison

Fermoy (Blackwater Sub-aqua Club) to Clondullane (weir) and back: (10km)

****First****

2017 Owen O'Keefe

Lake Anna, Virginia USA (11.5km)

2008 Niall O'Cruaioich (wetsuit)

Ice Swim in below 5C **Guinness World Record - Longest ice swim (3.2km)**

2016 Carmel Collins

Ice Mile in below 5C (1.6km)

2013 Robert Bohane, Ciaran Byrne, Carmel Collins, Ned Denison and Finbarr Hedderman

2014 Donal Buckley and Finbarr Hedderman

2015 Robert Bohane, Noel Browne, Carmel Collins, Ned Denison, Finbarr Hedderman, Anna-Maria Mullally and Jim Shalloo

2017 Frank Hallissey

2019 Frank Hallissey

Lough Ree (10km)

2015 Carol Cashell, Orla Houlihan and Jonathan O'Regan

Coosan, Athlone (10km)

2016 Charley Breen, Jonathan O'Regan and Maeve Ryan

Camlough (10km)

2014 Ita Kirwan (wetsuit)

Mukross Lake –single loop tour along the coast (8.5km) **First**

2015 Ita Kirwan (wetsuit), Andrew O'Leary and Judy Rea

Bandon to Killmacsimon (10+km) **First**

2002 Neill Deasy, Eilis Wilcox and others (?)

Lough Erne (10km)

2018 Colm Walsh

River Lee Dam to County Hall (12.5km)

1987 Terry Fleming & Others ****First****

2011 Lisa Cummins, Ned Denison, Trevor Malone, Ray McArdle, Owen O'Keefe, Alan Rodgers, Ken Rodgers and Catherine Sheridan

In wetsuits: Liz Buckley, Carol Cashell, Eddie Irwin and Liam Maher

2012 Bethany Bosch, Colm Breathnach, Charlotte Brynn, Liz Buckley, Carol Cashell, Alan Clack, Carmel Collins, Ned Denison, Ella Dunne, Bryn Dymott, Barbara Held,

Andrew Hunt, Brian Lanahan, Pádraig Leahy, Roisin Lewis, Bernard Lynch, Karen McEvoy, Gábor Molnár, Craig Morrison, Neil Morton, Jim O'Connor, Michael O'Hare, Owen O'Keefe, Carl Reynolds, Jen Schumacher, Catherine Sheridan, Stephanie Voss, Fionnuala Walsh, and Jenny Zwijnen
Wetsuit: Páraic Casey, Ronan Collins, Alan Craughwell, Trevor Malone, Liam Maher, Paul Massey, Riana Parsons, Alan Rodgers and Ken Rodgers

Loch Dan (10km)

2013 Conor Power

2016 Eoin Lowry and Maeve Mulcahy

River Dart GB (10km)

2014 Niall Vaughan

Ballyhooley to Fermoy (10km) **First**

2010 Owen O'Keefe and Ned Denison

Lough Sheelin (Cavan)

2006 Helen Walley (11km)

2008 Imelda Lynch (15km)

2010 Ned Denison (13km), Sylvain Estadieu (15km) and Owen O'Keefe (10km)

Jubilee River Swim (10km)

2019 Ned Denison

Slovenia Lake Bohinj (4.1km) and Lake Bled (5km)

2008– Fergus Galvin > cool place!

RELAY SWIMS

Round Ireland (1,500km) **First**

2006 Ian Claxton, Nuala Moore, Henry O'Donnell, Anne-Marie Ward, Ryan Ward and Tom Waters

North Channel 3-person One-Way (34km as the crow flies – swim path 42km to 50km)

2004 Mairead Ni Eidhin

English Channel 5-person Two-Way (68km as the crow flies - swim path 85km to

100km)

2008 Donal Buckley, Nuala Moore, David Tagney, Danny Walsh and Amy Wolfe

****Irish Record****

English Channel 6-person Two-Way (68km as the crow flies - swim path 85km to 100km)

2005 Steven Black, Maria Blumenthal, Liz Buckley, John Conroy, Joe Donnelly, Anne-Marie Fowler, Tadhg Harrington, Imelda Lynch, Kieran Nolan, Ciaran O'Connor, Helen Walley and Cormac Wilcox

2013 Carol Cashell, Caitlin Desmond, Lynne Donnelly, Owen O'Keefe, Eoin O'Riordan and Maeve Ryan ****Irish Record****

2017 Harry Casey, Laurence Courtney, John Kiely, Brenda Sisk, Ann Smyth and Marie Watson

English Channel 3-person One-Way (34km as the crow flies - swim path 42km)

2006 Ciaran Byrne and Steven Lynn

2014 Una McIntosh

2015 Gordon Adair, Alex Jeffers and Peter Walsh

English Channel 3-person One-Way (34km as the crow flies - swim path 48km) that one 3 Person Relay did both Channels **First******

2006 Mairead Ni Eidhin

English Channel 4-person One-Way (34km as the crow flies - swim path 42km)

2007 Eddie Irwin, Imelda Lynch, Ossi Schmidt and Patrick Sheehan

2010 Sean Buckley, Carmel Collins and Jennifer Lane

2012 Tom McCarthy

2016 Caitriona Kehily, Eilish Leader, Eoin Lowry and Anne Sheehy

2018 Frank Hallissey, Joanne Horgan, Sinead O'Donnell and Paul Ramsell

North Channel 5-person One-Way (34km as the crow flies - swim path 42km to 50km)

2018 Audrey Burkley

English Channel 5-person One-Way (34km as the crow flies - swim path 42km)

2009 Finbarr Hedderman, Peter Lynch and Jim O'Keeffe

2014 Grace Clifford, Sandra Howard, Maeve Mulcahy, Anna-Maria Mullally and Maura O'Callaghan

2015 Jim Brennan, Dave Mulcahy and Anna-Maria Mullally

2017 Audrey Burkley

English Channel 6-person One-Way (34km as the crow flies - swim path 42km)

2006 Sally Kelly

2010 Kieran O'Sullivan

2016 Carol Cashel, Eleanor Courtney, Donna Galvin, Angela Harris, Orla Houlihan and Maeve Ryan

Around Jersey Island 6-person One-Way – Channel Islands (66km “official distance” – Ned measured it at 54km)

2018 Audrey Burkley

Catalina 6-person One-Way (32km)

2019 Audrey Burkley

Fastnet to Schull (18km)

2013 Two or three in the water doing 1 hour each

Catherine Arundel and Terry Hogan

In wetsuits: Danielle Arundel, Anne Brosnan, Niamh Dwyer, Damien Malone, Sarah McKnight, Linda Morgan, Ann Murphy, Deirdre Ni Challanain, Katrina O'Callaghan, Clodagh O'Driscoll, Gary Quin, Robin Wells and Niamh Woods ****First****

2014 In wetsuits: Imelda Lynch and Ossi Schmidt

Myrtleville to Sandycove (24km)

2012 Carol Cashel, Caitlan Desmond, Owen O'Keefe and Maeve Ryan

Shannon Athlone to Limerick – staged over 6 days (125km)

2014 In wetsuits: Sean Buckley and James Colbert

Lake Zurich - Switzerland (26.4km)

2009 Páraic Casey, Nora Irwin, Jane McGrath and Riana Parsons

2010 Liz Buckley, Lisa Cummins, Diarmuid Herlihy, Imelda Lynch and Ossi Schmidt

Windemere Relay “over and back” (34km)

2007 Diarmuid Herlihy, Imelda Lynch, Ossi Schmidt and Patrick Sheehan

Expedition/Marathon Swimming Versus Open Water Training

The list above is meant to capture long point to point (and perhaps back) swims in open water. These would be ocean, river or lake and temperatures, wind, waves, current and sun would be large variables. Example – every length between Sandycove and The Speckled Door is a real adventure!

The other category is open water training where the purpose is more endurance training (example laps of Sandycove Island). The best examples would be some of the English and North Channel training and support swims. Long “training” swimming is mentioned once per person (most interesting/longest) in the next paragraph. This is meant to give a flavour of long training – not be an exhaustive list (only one mention per person).

2000 - 2004

Perhaps we can trace the roots of the Munster distance surge to Steven Black, Mike Harris, Imelda Lynch, Ossi Schmidt and Angela Stubbs. They would have completed the first known double lap of Sandycove Island. Angela’s 4 lap swim stood as a record until the Channel aspirants really started going in 2005.

2005 - 2010

Stephen Redmond – 12 hours Lough Ine
Imelda Lynch and Liam Maher – 16 laps around Sandycove Island (23km)
Finbarr Hedderman – 8 hours around Sandycove (20km)
Oswald Schmidt – 12 laps around Sandycove Island (15km)
Ray Terry – 14 laps around Sandycove Island (18km)
Niall O’Cruaiaich 6-hour swims in Dover Harbour (Sat and Sun!)
Steven Black 9 laps Lough Ine – 9 hours
6 hours in Gozo Liz Buckley (wetsuit) plus Noel Whitty (4 hours)

2012

10 hours: Carmel Collins
Wetsuit: Páraic Casey

2013

May – Guildford Lido (2C night air temperature) – 1 mile every hour for 24: Ned Denison

2016

8 hours Lough Ine Bernard Lynch

2017

8 hours Lough Ine: Danny Lobo

2018

20 laps Lisa Cummins
8 hours Vanessa Daws

2019

****Donal Buckley, Roisin Lewis, Matthias Kaßner and Thelma Jones were typically not Cork residents – but were “adopted” as resident because they spent so much time at Sandycove. While not “adopted” yet – we do note Brian Lanahan (Charlestown South Carolina, USA), Sarah Tunnicliffe (GB), Dani Lobo (GB), Helen Betley, Kevin Williams (Kerry) and others – earned a 100+ laps cap after several years at the Cork Distance Week!**

End