

GRADED RESOURCES FOR LISTENING ON YOUTUBE AND OTHER WEBS

LEVEL	RECOMMENDED RESOURCES	LISTENING TIME	LENGTH OF STUDY SESSION
A1	<ul style="list-style-type: none"> • https://learnenglish.britishcouncil.org/skills/listening/a1-listening • https://www.youtube.com/@elephantenglishpodcasts/playlists All levels A1 to C2 • https://www.youtube.com/@EnglishStoriesOK/playlists Mostly A1 and A2 	1 – 2 MINUTES	LESS THAN 25 MINUTES
A2	<ul style="list-style-type: none"> • https://learnenglish.britishcouncil.org/skills/listening/a2-listening • https://www.bbc.co.uk/sounds/play/p0hx63bb • https://www.youtube.com/@LovelyEnglishStories/playlists A2 to C2 	2 – 4 MINUTES	LESS THAN 25 MINUTES
B1	<ul style="list-style-type: none"> • https://learnenglish.britishcouncil.org/skills/listening/b1-listening • https://www.bbc.co.uk/learningenglish/english/features/6-minute-english_2024/ep-240509 • https://www.youtube.com/@Resilience_English/playlists for B1 and B2 	5 – 7 MINUTES	LESS THAN 25 MINUTES
B2	<ul style="list-style-type: none"> • https://learnenglish.britishcouncil.org/skills/listening/b2-listening • https://www.youtube.com/@LearnEnglishWithTVSeries/playlists • https://www.youtube.com/@Resilience_English/playlists 	8 – 10 MINUTES	LESS THAN 25 MINUTES
C1	<ul style="list-style-type: none"> • https://aulaingles.es/listening-cae-los-4-mejores-tips-de-la-web/ • https://learnenglish.britishcouncil.org/skills/listening/c1-listening • https://www.youtube.com/playlist?list=PLsRNoUx8w3rMTFeDGtWgNB9uwCZ2NXK26 Ted Ex shorts • https://www.youtube.com/playlist?list=PLOGi5-fAu8bGBOc63cDfdTR6l7gN6yh5U Ted Talks shorts 	10 – 12 MINUTES	LESS THAN 25 MINUTES
C2	<ul style="list-style-type: none"> • https://friendsmilesaway.com/2020/06/recursos-listening-nivel-c1.html • https://www.youtube.com/@TEDx • https://www.youtube.com/@TED • https://www.youtube.com/@theschooloflifetv/playlists 	12 - 15 MINUTES	LESS THAN 25 MINUTES

Remember that from level B2, you can use any authentic resources, not those made for non-native speakers. You can watch recipes, documentaries, news, series, movies, interviews, etc. by following the proposed steps.

You can lengthen or shorten the suggested length of sessions and resources to adapt it to your needs and circumstances. The four steps may last more than one study session. I suggest you watch and listen to a variety of resources, dialogues, talks, current affairs, history, sports, news, etc. from different English-speaking countries, to expand your vocabulary and listen to different accents.

4-STEP SUMMARY AND STUDY PLAN

●	Choose a video at your level or a little above invest between 10 and 25 minutes for each session, try not to study for longer sessions unless you have breaks every 25 minutes.
●	Plan your study schedule. For example: 15 minutes 2 or 3 times a day, for 3 or 4 days a week.
1°	In the first step , start listening and watching the video images several times, selecting the most appropriate length for your level, according to the table. Don't worry if you don't understand everything right now, by following these steps, which in total will last between one and two hours, you will understand perfectly.
2°	In the second step , watch and listen again with English subtitles if you are a beginner, or looking up new vocabulary and expressions if your level is more advanced.
3°	In the third step , write down new vocabulary and relevant or useful phrases in your notebook, to review and study later.
4°	In the fourth step you will listen and speak, doing these two activities:
a)	First consecutive repetition of phrases
b)	Second, simultaneous repetition of all or part of the audio.
●	Each step can last a study session or more, depending on the text, your level, and your concentration.
●	By following these four steps in the fifth session, you will understand most of the selected audio.
●	Continue with the next video and don't forget to review your notebook and previous videos regularly.

In my case, for example, that I'm studying German, this is my study routine three or four days a week.

1st	I listen to a podcast for about 4 or 5 minutes in the early morning, repeatedly, for about 15-20 minutes, with my headphones while taking a walk. If I choose a video, I sit down to watch and listen to it in a quiet place.
2nd	At noon, before lunch, I read the transcript and write down the vocabulary and some phrases and expressions in my vocabulary notebook, for another 15-20 minutes.
3rd	In the afternoon and evening, I review the vocabulary, listen to the podcast again and repeat the text with the shadowing method for another 15-20 minutes.
4th	I periodically re-listen to previous podcasts and go through my notebook to recall the earlier vocabulary I wrote down.

The 15-20 minutes that I study German, three times a day, doesn't interfere with the rest of my daily activities, and I'm gradually acquiring the language.