

25-26 Tryout Start Dates and Locations

<i>Sport</i>	<i>Season</i>	<i>IHSA Start Date</i>	<i>Tryout Location & Details</i>	<i>Contact Person</i>
Cross Country	Fall	August 11th, 2025	First Practices: <u>8/11 & 8/12</u> 3:15-5pm Meet at the grassy area next to the lower level softball fields Visit runminooka.com for more information	kgummerson@mchs.net
Football	Fall	August 11th, 2025	First Practice: <u>8/11</u> Fresh & Soph - 3:30-5:30pm Central Campus Lower Level Practice Fields Varsity - 3:30-5:30pm Central Campus Varsity Practice Field	mharding@mchs.net
Flag Football	Fall	August 11th, 2025	<u>Open Gyms - 8/11 & 8/12</u> 3-4:30pm <u>Tryouts - 8/13 & 8/14</u> 3:30-5:30pm *Meet by the Rock	tgarcia@mchs.net
Girls Golf	Fall	August 11th, 2025	First Day Tryouts: 8/11 Heritage Bluffs GC All Levels - 2:30 - 4:30pm	pcarter@mchs.net
Boys Golf	Fall	August 11th, 2025	First Day Tryouts: 8/11 Heritage Bluffs GC Juniors/Seniors - 2pm-TBA Soph/Fresh - 2pm-TBA	jpetrovic@mchs.net

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Boys Soccer	Fall	August 11th, 2025	First Day Tryouts: 8/11 @ Central Campus Soccer Complex Varsity 3-5pm IV 3:45 5:45pm Freshman 3-5pm Preseason Kick-off Information	nspriggs@mchs.net
Girls Swimming & Diving	Fall	August 11th, 2025	First practice: 8/11 Location: Morris HS	jengle@morrishs.org
Girls Tennis	Fall	August 11th, 2025	Tryout Dates: 8/11 & 8/12 V/IV - 3-4:30pm; Fresh. - 4:30-6pm Central Campus Tennis Courts	rmunson@mchs.net
Girls Volleyball	Fall	August 11th, 2025	Tryout Dates: 8/11 & 8/12 Central Campus Main Gym Freshman: 3-5:30pm IV: 4-6:30pm Varsity: 4-6:30pm	cprosek@mchs.net

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Girls Basketball	Winter	November 3rd, 2025	<u>Monday, November 3rd</u> IV/FR- 3:15 PM South Campus Main Gym Varsity- 3:15 PM Central	jplacher@mchs.net

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			<p style="text-align: center;">Campus Main Gym</p> <p><u>Tuesday, November 4th</u> <u>FR/IV-</u> 3:15 PM South Campus Main Gym</p> <p><u>Varsity-</u> 3:15 PM Central Campus Main Gym</p>	
Boys Basketball	Winter	November 10th, 2025	<p style="text-align: center;"><u>Varsity:</u></p> <p><u>Monday 11/10</u> - 5:45-7:15 AM Central Main Gym</p> <p>6:30-8:00 PM Central Main Gym</p> <p><u>Tuesday 11/11</u> - 7:30-9:30 PM Central Main Gym</p> <p style="text-align: center;"><u>Sophomore:</u></p> <p><u>Monday 11/10</u> - 5:45-7:45 PM Central Small Gym</p> <p><u>Tuesday 11/11</u> - 5:30-7:15 PM Central Main Gym</p> <p style="text-align: center;"><u>Freshmen:</u></p> <p><u>Monday 11/10</u> - 3:15-5:30 PM South Main Gym</p> <p><u>Tuesday 11/11</u> - 5:45-7:45 PM South Main Gym</p>	bhespell@mchs.net
Girls Bowling	Winter	November 17th, 2025	Monday, November 17th	mresner@mchs.net

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			<p>3:30-5:00 PM @ Channahon Lanes Tuesday, November 18th 3:30-5:00 PM @ Channahon Lanes Thursday, November 20th 3:30-5:00 PM @ Channahon Lanes</p>	
Boys Bowling	Winter	October 27th, 2025	<p><u>Monday, October 27th</u> thru <u>Thursday, October 30th</u> 3:30-5:00 PM @ Channahon Lanes</p>	drapsky@mchs.net
Competitive Cheerleading	Winter	October 27th, 2025	<p><u>Monday, October 27th</u> <u>IV & Varsity:</u> 5:00 PM South Campus Cafeteria/Aux Gym</p>	acook@mchs.net
Competitive Dance/Poms	Winter	October 27th, 2025	<p><u>Monday, October 27th</u> <u>IV & Varsity:</u> 3:15-6:00 in the South Dance Studio.</p> <p>Click Here for Additional Information</p>	kelkei@mchs.net
Boys Swimming & Diving	Winter	November 24th, 2025	<p><u>Monday, November 24th</u> 1st practice @ Morris HS <u>Tuesday, November 25th</u> 2nd practice @ Morris HS</p>	aporth@morrishs.org
Girls Wrestling	Winter	November 10th, 2025	<u>1st Practice Monday,</u>	pschoolman@mchs.net

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Boys Wrestling	Winter	November 10th, 2025	<p style="text-align: center;"><u>November 10th</u> South Campus Aux Gym 3:30-5:30 PM</p> <p style="text-align: center;"><u>1st Practice Monday, November 10th</u> Central Campus Wrestling Room 3:30-5:30 PM</p>	mkimberlin@mchs.net
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Baseball	Spring	March 2nd, 2026	<p style="text-align: center;"><u>All Tryouts @ South Campus</u> <u>Monday, March 2nd:</u> Fresh - 3:00pm-4:30pm Soph. - 4:30-6:00pm</p> <p style="text-align: center;"><u>Tuesday, March 3rd:</u> Fresh. - 6:00pm-8:00pm Soph. - 8:00-10:00pm</p> <p style="text-align: center;"><u>Wednesday, March 4th</u> Varsity 4:30pm-6:00pm</p> <p style="text-align: center;"><u>Thursday, March 5th</u> Varsity - 3:30pm-5:00pm</p>	jpetrovic@mchs.net
Girls Lacrosse	Spring	March 2nd, 2026	<u>Monday, March 2nd</u>	bmcdonald@mchs.net

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			<u>Tuesday, March 3rd</u>	
Boys Lacrosse	Spring	March 2nd, 2026	<u>Monday, March 2nd</u> <u>Tuesday, March 3rd</u> <u>Wednesday, March 4th</u>	jurbanski@mchs.net
Girls Soccer	Spring	March 2nd, 2026	<u>Monday, March 2nd,</u> <u>Tuesday, March 3rd &</u> <u>Wednesday, March 4th</u> 3:30-5:30 Central Campus Stadium	cbrolley@mchs.net
Softball	Spring	February 23, 2026	<u>Monday, February 23rd</u> & <u>Tuesday, February 24th</u> Fresh. - 3:45-5:30 JV/V - 5:45-7:45 South Campus Main & Aux Gyms	mbrown@mchs.net
Boys Tennis	Spring	March 2nd, 2026	<u>Monday, March 2nd</u> 3:15-5:15 PM All Levels Central Campus Tennis Courts	pklepec@mchs.net

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Girls Track & Field	Spring	January 19th, 2026	<p style="text-align: center;"><u>First Practice - Tuesday, January 20th</u></p> <p style="text-align: center;">3:25 at South Campus runminooka.com</p>	kgummerson@mchs.net
Boys Track & Field	Spring	January 19th, 2026	<p style="text-align: center;"><u>First Practice - Tuesday, January 20th</u></p> <p style="text-align: center;">3:25 at South Campus runminooka.com</p>	nlundin@mchs.net
Boys Volleyball	Spring	March 9th, 2026	<p style="text-align: center;"><u>Monday, March 9th</u> <u>3:15-5:30 PM</u> All Levels Central Campus Main Gym</p> <p style="text-align: center;"><u>Tuesday, March 10th</u> <u>3:15-5:30 PM</u> All Levels Central Campus Main Gym</p>	jkovanda@mchs.net