

CENTRAL OREGON COMMUNITY RUNS

DAY	LOCATION	CLUB	TIME
Tuesday	Sisters Middle School Track	SCRC	6:30 AM
Tuesday	Bend (Speed Work)	CORK	5:30 PM
Wednesday	Obsidian Middle School Track	RORK	6:30 AM
Wednesday	Prineville	PORK	6:00 PM
Thursday	Sweat PNW	SCRC	6:30 AM
Thursday	Redmond	RORK	6:00 PM
Saturday	Bend	CORK	9:00 AM
Saturday	Sisters	SCRC	8:00 AM
Saturday	Starbucks Prineville	PORK	8:30 AM
Sunday	Bend	CORK	8:00 AM

SUNDAY

CORK (Bend) 8:00 AM

Content launch tracker

Type	Description	Date	Published	Outlet	Content
		Date	No		File
		Date	Yes		File
		Date	Yes		File