

College Comp II  
Mr. Reynolds  
So Good . . .

**Directions:** Write short responses to the questions or statements below as you read the introduction and chapter one of Cal Newport's *So Good They Can't Ignore You*.

1. What do you think of the title of the book and the subtitle? What are your first impressions and thoughts?

2. What did Thomas (the subject of the introduction) find out about following your passion?

3. Take a stab at answering the question that inspired Newport to write this book: *Why do some people end up loving what they do, while so many fail at this goal?*

4. According to Newport, "just follow your passion" can actually have disastrous results. What negative consequences can it lead to?

5. What is Newport's Rule #1? Agree or disagree? Briefly explain.

6. What exactly is Newport's Passion Hypothesis?

7. Give an example of someone who followed their passion and it turned out very successfully. Who is it and why?

8. Now, give an example of someone who followed their passion and it turned out terribly for them? Explain why.