



## BABYCH TETIANA

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### RESEARCHER DATA

<https://orcid.org/0000-0002-9321-9655>

### SCIENTIFIC INTERESTS / RESEARCH AREAS

Physical culture, sports and youth  
Fundamentals of a healthy lifestyle

### ACADEMIC DISCIPLINES

Physical education and sports  
Fundamentals of a healthy lifestyle and physical education

### INFORMATION ABOUT EDUCATION

1981-1986  
Kamenetz-Podolsk State Pedagogical Institute named after V.P. Zatonsky  
Specialty:  
Physical education  
Qualification:  
Teacher of physical education

### INFORMATION ABOUT ACADEMIC TITLES

### INFORMATION ON EMPLOYMENT (LAST 5 YEARS)

1996-present - SHEI "Priazovsky State Technical University"  
Department of Physical Education and Sports  
Senior Lecturer in Physical Education  
2022-present - Acting Head of the Department of Physical Education and Sports

### OTHER POSITIONS AND ACTIVITIES

2022-present - Acting Head of the Department of Physical Education and Sports



## ПРИАЗОВСЬКИЙ ДЕРЖАВНИЙ ТЕХНІЧНИЙ УНІВЕРСИТЕТ

### ADVANCED TRAINING / TRAININGS / INTERNSHIPS (LAST 5 YEARS)

2018, Kamianets-Podilskyi Ivan Ohienko National University, courses, certificate, 4 credits (120 hours).

2020, University of Education Management  
Central Institute of Postgraduate Education, flash course "Technology and Principles of Distance Learning in Higher Education Institutions", certificate 22.09.2020, 1 credit (30 hours).

2020, Institute of Advanced Training of PSTU, PC courses, certificate. Topic: "How to modernize the organization of cultural and educational work at PSTU", 31.01.2020, 4 credits (120 hours).

2023 р. Sumy State University, Center for Personnel Potential Development, advanced training courses "Methods of Activating the Educational Process: Modern Trends". Certificate of advanced training 03.02.2023, 1 credit (30 hours).

2023, Riga, Higher School of Information Systems Management, scientific and pedagogical internship, certificate. Theme: Problems of quality management of education and innovations in the field of physical education and sports, 01.01.2023, 6 credits (180 hours).

2023, Riga, Higher School of Information Systems Management, scientific and pedagogical internship, certificate. Topic: Problems of education quality management and innovations in the field of physical education and sports, 01.01.2023, 6 credits (180 hours).

2023 State Scientific Institution "Institute for the Modernization of Educational Content", advanced training courses on the program of the All-Ukrainian seminar-workshop "Integration of Olympic Education into the Educational Process". Certificate of advanced training No. PC-FK-2023/3492 of 24-25.05.2023, 0.5 credits (15 hours).

2023 State Scientific Institution "Institute for the Modernization of Education Content", All-Ukrainian Marathon of Educational Practices "Cheerleading - a universal form of motivation and activation of students in physical education lessons". Certificate of advanced training № PC-FK-2023/1310 from 23.02 - 02.03.2023, 0.5 credits (15 hours).

2023 IPK SHEI Priazovsky State Technical University, advanced training courses, topic "Teaching under martial law: quality, creativity, tools of stress resistance". Certificate of advanced training No. KPK-82-23 dated 07/24/2023. 6 credits (90 hours).



# ПРИАЗОВСЬКИЙ ДЕРЖАВНИЙ ТЕХНІЧНИЙ УНІВЕРСИТЕТ

## PARTICIPATION IN INTERNATIONAL PROJECTS

## LANGUAGE SKILLS

Native language: Ukrainian, C1  
Foreign languages: Russian, C1.

## PUBLICATIONS

**Total number: 20**

**Including the last 5 years: 5**

1. Babych T.M. Preparation for professional activity of students: physical exercises for the development and strengthening of the muscular system / methodological recommendations for independent work of students: SHEI "PSTU", 2018. - 24 p.
2. Methods of self-organization of students with the help of mass gymnastic exercises: methodical recommendations for independent work of students: SHEI "PSTU", 2019. - 18 p.
3. Babych T.M., Balukhtina V.V. Features of independent physical exercises: methodological recommendations for independent work of students. Mariupol: SHEI "PSTU", 2020. - 48 p.
4. Development of coordination and endurance by the method of gymnastic exercises with a rope: methodical recommendations for independent work of students: SHEI "PSTU", 2021. - 48 p.
5. General regularities of improving students' performance in the process of online and offline learning: SHEI "PSTU", 2022. - 14 p.

## Date of completion

21.02.2024