



WAMEGO MIDDLE SCHOOL
1701 Kaw Valley Rd.
Wamego, KS 66547
785-456-7682

TO: Athletic Director & Head Cross Country Coach

FROM: Brian McIntosh - Athletic Director & Julie Ayers - Head WMS Cross Country Coach

DATE: September 6, 2022 @ 4:00p

SUBJECT: Wamego MS Cross Country Invitational (WMS)

ENTRIES: All entries are to be turned in using the electronic spreadsheet that has been attached to this email. This information will need to be emailed to melgares@letsgorun.com .
ENTRY FORMS ARE DUE NO LATER THAN THURSDAY, SEPTEMBER 1st. Pat will provide live, online results for this meet. Results will be available from a link located at www.LetsGoRun.com.

ATTENDING: Chapman Middle, Eisenhower, Marysville, Mission Valley Middle, Northeast Kansas, Riley County Middle, Rock Creek, Silver Lake Junior, St. Marys, Susan B. Anthony, Wabaunsee, Wamego & Washburn Rural Middle

LOCATION: Wamego Middle School - 1701 Kaw Valley Rd - Wamego, KS 66547

BUS PARKING: Please park in the MIDDLE of the parking lot closest to Say Road (North of MS). Thank you in advance for your cooperation in this matter.

RESTROOMS: Athletes may use the locker rooms located on the south side of the school. There will be a Porta Potty located on the SOUTH side of the school for spectators.

ORDER of RACES: STARTER - ANDY DECKERT

- 4:00p - 7th Grade Girls (2 Miles - a map of the course will be in your packet)
- 4:35p - 7th Grade Boys (2 Miles - a map of the course will be in your packet)
- 5:10p - 8th Grade Girls (2 Miles - a map of the course will be in your packet)
- 5:45p - 8th Grade Boys (2 Miles - a map of the course will be in your packet)

COURSE MARKINGS: A white line will mark the entire course. If we have inclement weather, the runners will always run between the red flag markers.

RULES COMMITTEE: The rules committee will be made up of 3 coaches. IF the rules committee is needed, those coaches will be called to the white tent near the finish line.

CHUTES: There will be volunteer workers inside the chute. The order of finish will be determined by the head chute judge. This will not be changed.

RESULTS: We will have Pat Melgares do the chip timing again this year. Please make sure COACHES give their athletes the correct chip and number-PLEASE double check your athletes. Wearing an incorrect number and chip will lead to a disqualification of that individual athlete. Results can be picked up at the finish line by Pat's vehicle. Coaches will be responsible for collecting all chips for their team -- participating runners and non-participating runners. We will not have volunteers to clip chips this year, due to the close contact with hard-breathing runners. So that means coaches need to be responsible for returning timing chips, and schools

Principal - Mr. Brad Couture / Assistant Principal & AD - Mr. Brian McIntosh

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will be charged \$5.00 for each missing or lost chip. Chips MUST be returned on the day of the race and coaches will not be given results until their chips are turned in.

ENTRY FEE: \$60 per girls team & \$60 per boys team or \$8 per athlete

AWARDS: The top 15 runners in each division will receive medals. These will be given to the coaches at the end of the meet.

- Four Divisions: 7th Grade Girls / 7th Grade Boys / 8th Grade Girls / 8th Grade Boys

*Wamego Athletics
Strategic Plan*

*USD 320
One Wamego*

VISION

ONE WAMEGO. Collectively, we will enhance the student-athlete's experience in order for them to become a well-rounded, character-driven individual. A Wamego student-athlete understands that teamwork, community engagement, and hard work leads to perseverance and success throughout life.

MISSION

Our mission is to create a positive culture that energizes and encourages, fosters connected relationships and unity, empowers student-athletes to reach their maximum potential academically, athletically, mentally, and socially while cultivating a genuine commitment to Wamego athletics, our community and to each other.

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