



### ***YOU ARE NEVER ALONE...GOD IS WITH YOU!***

Close your eyes for a moment. Breathe in. Slow the world down, just for a second. Let yourself exist in the now—not in all the things you have to do or places you have to be—but right here.

Now, let's do something together. Please slowly and carefully read these words and find comfort somewhere in the pit of your stomach. You may see so much pain in this life. You may hear things that are contrary to God's teachings and your beliefs. You may find yourself face-down in the dust of misery at times. You may will lose people you love. You may be hurting in various ways. You may will want to just quit.

But God wants you to know that you do not have to walk this earth by yourself. You are not meant to fight battles alone or to always count on your own strength to carry you through. Because sometimes you will not feel strong enough to be able to pick yourself up. Sometimes you will feel so tired, even lifting your head from the pillow is an accomplishment. God wants you to know that no matter where you wander, no matter what you face, no matter how happy or empty you feel inside, there is **SOMEONE** who is knocking at your front door, begging to be let in. Almighty God, through his Holy Spirit is standing there, open-armed, with a gift in His hands. God wants to share this gift with you which is the power of healing and the saving grace of Jesus Christ. Stand on the promise!

Please let Christ in. Please open the door and show Christ the mess of your life. Show Him every broken piece, shattered on the floor. Show Him your hurting heart, your aches, your bruises, your loss of trust. Show Him how scared you are. Show Him that you're sad and tired and lonely and scared. Show Him that you don't want to face another day without Him by your side. Let Him strengthen your heart and show you the bright healing sun, the warmth, the ultimate light again. Let Him hold you until you stop shaking. Let Him soothe your anxieties and drown out your insecurities. This is Jesus Christ!

Jesus Christ continues to love you even when you've chosen to run from Him, even when you've relied too much on yourself and earthly strategies rather than His grace, even when you've turned your back on His healing gifts and shut that door. Yes, Jesus still waits patiently. He waits for you to open the door to your heart once again, and allow Him inside. So let Him in. Open! Let His love to fill your heart. Know that no matter what the days may bring you, there is a Protector watching over you...Jesus Christ. Sit here right now, this cherished moment, close your eyes, deeply breathe in these words, and know you are not alone, not anymore, and not ever. Jesus Christ is with you!

Complied and Presented by Rev. Ted Althouse, Pastor-The Chapel of Cypress Cove