Letter to your professor:
Dear Professor
I hope this message finds you in good health. My name is, and I am enrolled in your class. I am reaching out to you today to share the difficult circumstances that have befallen my family and me due to the ongoing conflict in the Middle East.
The war has brought immense suffering to me, my family, and my loved ones. As a consequence, I find myself unable to maintain my usual routine, struggling to eat, sleep, or concentrate on my studies. This emotional turmoil has significantly impacted my ability to attend classes and meet academic deadlines.
I am writing to request your understanding and support during this challenging time. I fear I may have to miss classes or face delays in submitting assignments due to these overwhelming circumstances. I sincerely apologize for any inconvenience my absences and lack of participation may cause and assure you that I am doing my best to cope with this situation.
I kindly ask for your consideration and flexibility regarding my academic responsibilities. Your understanding in granting me some leeway would mean a great deal to me and would allow me to navigate this difficult period with a bit more ease.
Thank you for your understanding and support.
Sincerely,