

I. Soft Skills Self-assessment

The following exercises are meant to help you identify, evaluate, and communicate about yourself, your skills and your professional aspirations.

To begin, please use the Soft Skills Self-assessment tool found here:

<http://sa.elene4work.eu/selfassessment.php>

At the end of the assessment, remember to “Create PDF” so that you may continue to refer to your profile, ratings and identified strengths. You may also use it during further exercises and reflection within this module.

Once your assessment is complete, please fill in the following:

3 skills I think I’m mastering:

3 skills I would like to develop:

3 skills I’m a bit worried about:

II. Personal Introduction

Name: _____

University: _____

Faculty: _____

Diploma: _____

Languages: _____

1. What would you choose as your top 5 songs of all time? (Share them with us.)

a.

b.

c.

d.

e.

2. If you could choose your dreams, what would you prefer to dream about?

3. If you could have credit for any invention in history, what would you choose?

4. What make-believe world would you want to live in?

III. Societal Challenges/Topics for the Project

In the space below, please select your favorite subject within today's societal challenges. This can be a subject that interests you academically, professionally, and/or personally.

Next, write a brief text or personal statement about your chosen topic.