







THE MASTER WAR MODE DAY PLAN + REPORT




▶ The Mastery Checklist Explained to achiev...

✓/✗	D/10	I/10	/20	Master Checklist:	Task Time:
✓/✗	10 ▾	10 ▾	20 ▾	Work ✓	
✓/✗	10 ▾	10 ▾	20 ▾	100 pushups (Ended the day at 150) ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Improve Business IQ ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Improve Copywriting IQ ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Listen to the \$100 million offers ✓	
✓/✗	10 ▾	10 ▾	20 ▾	MPUC #220 ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Medidate ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Help Gs out in the chats ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Create Upwork account ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Begin CS362 Lab 6 ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Film another loom video ✓	
✓/✗	10 ▾	10 ▾	20 ▾	Complete .research to create FV tm ✓	





Start The Day With Tasks Valued 20 Then Move Down	Total Hours Planned In The Day: /24
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	 DAY NUMBER + DATE + TIME 
Day Number:	20 / 83
Date:	4/1/2023
Start Time:	

	 3 Things That I Am Grateful To Have In My Life 
1.	My health.
2.	My family.
3.	Access to first world resources and the ability to grow myself everyday.

	 My Top 3 Priority Tasks That MUST Be Completed 
1.	
2.	
3.	

Hour-By-Hour Tracking: **[Plan+Measure=Improve]**

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Sub-Task:	 Sub-Task = What Is My Plan Of Action To Complete This Task For This Hour?

 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?
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MY MORNING WAR PLAN

 What Do I Plan To Accomplish This Morning? 

 What Is The Main Goal For This Morning? 

 How Will I Start My Morning With Power? 

**DELETE BOXES
THAT ARE BEFORE
YOU WAKE UP!**

8 am: Task 💰	Wake up Meditate Go to Work
Sub-Task's 🔔	
Reflection ✍️	

9 am: Task 💰	Work
Sub-Task's 🔔	
Reflection ✍️	

10 am: Task 💰	Work
Sub-Task's 🔔	
Reflection ✍️	

11 am: Task 💰	Work
Sub-Task's 🔔	
Reflection ✍️	

12 am: Task 💰	Work
Sub-Task's 🔔	
Reflection ✍️	

🎯 **END-OF-THE-MORNING REPORT** 🎯

🧠 **What Did I Learn This Morning?** 🧠

✗ **What Problems Did I Face This Morning?** ✗

🔑 **How Will I Solve These Problems For This Afternoon?** 🔑




🏹 **MY AFTERNOON WAR PLAN** 🏹




🧠 **What Do I Plan To Accomplish This Afternoon?** 🧠

🎯 **What Is The Main Goal For This Afternoon?** 🎯

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 How Will I Start My Afternoon With Power? 

1 pm: Task 	Work
Intention 	
Reflection 	

2 pm: Task 	Work
Intention 	
Reflection 	

3 pm: Task 	Work
Intention 	
Reflection 	

4 pm: Task 💰	Work Done 445 pm
Intention 🔔	
Reflection ✍️	Waited for ride

5 pm: Task 💰	Home at 510
Intention 🔔	
Reflection ✍️	Sat with family for 20 mins Took a shower, done at 550pm

6 pm: Task 💰	MPUC Improve copywriting and business IQ
Intention 🔔	
Reflection ✍️	Watched steps 10-12 of Financial Wizardary Watched 3 videos in step 3 boot camp Did 80 push-ups while watching

7 pm: Task 💰	prep for iftar IFTAR
Intention 🔔	
Reflection ✍️	

8 pm: Task 💰	Film another loom video
Intention 🔔	
Reflection ✍️	Wrote quick outline, Practiced for 20, and delivered. Sent for review. Also did 30 pushups before. At 110 for the day (FTD)

9 pm: Task 💰	Complete research to create FV
Intention 🔔	
Reflection ✍️	Done with research at 9:45pm. Will create FV TM. Reviewed ante97 outreach.

10 pm: Task 💰	Begin CS362 Lab 6
Intention 🔔	
Reflection ✍️	Started late, 1030. Ate before and did 25 pushups

11 pm: Task 💰	CS362 Lab 6 Create Upwork/Fiver acc
Intention 🔔	
Reflection ✍️	Done with circuit at 11:40pm Done with Upwork at 1215pm

12 am: Task 💰	Listen to the \$100 million offers Plan next day
Intention 🔔	
Reflection ✍️	Planned next day done at 1220 Will sleep early tonight to fix sleep and wake up early.

1 am: Task 💰	Sleep
Intention 🔔	
Reflection ✍️	



End-Of-The-Day Report:



 **What Did I Learn Today?** 

 **What Problems Did I Face In The Day?** 

 **How Will I Solve These Problems Tomorrow?** 

 **What Do I Plan To Do Differently Tomorrow?** 

 **What Do I Plan To Do The Same Tomorrow?** 

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

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<div><div>What Tasks Were Left Undone?</div></div>
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Brain Dump: