

### **UNIVERSITY D.E.L.L. REQUIREMENTS (31-32 Credits)**

Core (12 Credits)		CR	SEM	GR
COMM 101	Argumentation and Advocacy	3	_____	_____
ENGL 123W	College Writing Workshop	3	_____	_____
<i>Integrative Seminars</i>				
_____	First-Year OR Transfer Seminar	3	_____	_____
	Senior-Year Seminar	3	_____	_____

### Fine Arts & Humanities\* (6 Credits)

_____	Fine Arts & Humanities El.	3	_____	_____
_____	Fine Arts & Humanities El.	3	_____	_____

**Language & Intercultural Competence\* (3 Credits)**

**PBHL 221** Language & Intercultural El. **SH** \_\_\_\_\_

### Quantitative Reasoning\* (3 Credits)

Quantitative Reasoning El.	3-4
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### Scientific Literacy\* (4 Credits)

Scientific Literacy El.	4
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### Social Science Literacy\* (3 Credits)

Social Science Literacy El. 3

**GENERAL ELECTIVES\*\* (30-37 Credits)**

[illegible]

### **MAJOR REQUIREMENTS (59 Credits)**

Health Promotion Support (8 Credits)		CR	SEM	GR
BIOL 224	Human Anatomy and Physiology I	4	_____	_____
BIOL 225	Human Anatomy and Physiology II	4	_____	_____

### Health Promotion Core (51 Credits)

PBHL 180	Intro to Public Health and Health Promotion	3	_____	_____
PBHL 210	Health Disp., Equity, & Advocacy	3	_____	_____
PBHL 215	Intro to Environmental Health	3	_____	_____
PBHL 221	Global Health	3	_____	_____
PBHL 239	Dimensions of Health & Wellness	3	_____	_____
PBHL 270	Nutrition	3	_____	_____
PBHL 300	Substance Use and Behavior Management	3	_____	_____
PBHL 322	Health Aspects of Aging	3	_____	_____
PBHL 325	Human Diseases	3	_____	_____
PBHL 340	Women's Health	3	_____	_____
PBHL 365	Fundamentals of Epidemiology and Biostatistics	3	_____	_____
PBHL 371W	Research in Public Health	3	_____	_____
PBHL 405W	Contemporary Health	3	_____	_____
PBHL 410	Professionalism, Leadership, and Ethics in Public Health	3	_____	_____
^PBHL 415	Internship in Public Health	3	_____	_____
PBHL 420W	Health Program Planning	3	_____	_____
<i>One from the following:</i>				
PBHL 275	Medical Terminology	3	_____	_____
PBHL 292	Psychosocial Health	3	_____	_____

## NOTES

\*Refer to the class schedule for lists of courses that satisfy University requirements.

\*\*Courses that do not satisfy a major or DELL requirement. Can include coursework for a minor.

<sup>a</sup>Senior standing with a minimum 2.25 QPA and completion of PBHL 180, 325, 410, and 420W are required to take PBHL 415.

**Total credits required for graduation: 120 Credits**

- For graduation with Honors, see Undergraduate Catalog.

- Courses marked Shared (**SH**) will cover general education requirements, but will not earn a second amount of credits for the completed course.

# Public Health Major (Bachelor of Science)

## Sample Four-Year Plan

While not all students will take all the courses in the same sequence, the guide below can be used in combination with the online graduation progress report as a pathway to degree completion. See the Academic Regulations in the University of Lynchburg Undergraduate Catalog for all academic degree requirements. Students should consult their major advisor for more specific guidance.

Semester 1	Credits
College Success Strategies (G S 104)	1
PBHL 239	3
ENGL 123W	3
First-Year Seminar	3
Fine Arts & Humanities	3
Elective	3
<b>Semester Credits:</b>	<b>16</b>

Semester 2	Credits
PBHL 180	3
Scientific Literacy	4
Fine Arts & Humanities	3
COMM 101	3
Elective	3
<b>Semester Credits:</b>	<b>16</b>

Semester 3	Credits
BIOL 224	4
Lang. & Intercultural Comp. (PBHL 221)	3
PBHL 210	3
PBHL 270	3
Elective	3
<b>Semester Credits:</b>	<b>16</b>

Semester 4	Credits
BIOL 225	4
PBHL 215	3
Social Scientific Literacy	3
Quantitative Reasoning	3
Elective	3
<b>Semester Credits:</b>	<b>16</b>

Semester 5	Credits
PBHL 325 (Fall Only)	3
PBHL 365 (Fall Only)	3
Elective	3
Elective	3
Elective	3
<b>Semester Credits:</b>	<b>15</b>

Semester 6	Credits
PBHL 275 or 292	3
PBHL 300 (Spring Only)	3
PBHL 371W (Spring Only)	3
Elective	3
Elective	3
<b>Semester Credits:</b>	<b>15</b>

Semester 7	Credits
PBHL 322 (Fall Only)	3
PBHL 410	3
PBHL 420W (Fall Only)	3
Elective	3
Elective	3
<b>Semester Credits:</b>	<b>15</b>

Semester 8	Credits
PBHL 340	3
PBHL 405W (Spring Only)	3
PBHL 415	3
Senior-Year Seminar	3
<b>Semester Credits:</b>	<b>12</b>

**Minimum Credits Required to Graduate: 120**