



**ARCTIC BATH**  
HARADS · SWEDEN



## Arctic Bath Hotel

Arctic Bath is floating on the shore of Lule river in Harads, a small isolated village with 500 inhabitants, located 1h15min drive from Luleå Airport.

Both the Main Building and our Water Cabins are floating and are connected to land by wooden gangways. The Land cabins are built on pillars among the birch trees.

- 6 Water Cabins (max 2p)
- 3 Land Cabins with loft (max 5p)
- 3 Suite Cabins with loft (max 2p).

In the main building the guests will find the reception, bar/lounge area with a cozy fireplace, the restaurant where we serve breakfast, lunch and dinner and our SPA facilities.

### About our SPA

In our SPA facilities we have 1 steam sauna, 2 dry saunas, our famous cold river bath and 2 outdoor jacuzzis.

We have a small and cosy treatment room where it is possible to fit up to 2 guests for a relaxing massage. Due to the size of the room we have only one therapist performing the treatments.

In the duo treatments the therapist takes care of both guests at the same time.

Access to our SPA facilities and Mindful Sauna Ritual are all included in the room. Please make sure to prebook the ritual and the treatments in advance.



## Arctic Bath Restaurant

The ethos of the restaurant at Arctic Bath is homemade, local and sustainable.

For dinner we work with set menus of many servings and do not offer an a la carte menu.

The dishes are based on local ingredients while using traditional northern cuisine with a modern twist, including wild game, wild birds, mountain cow and fish from our lakes and rivers.

Vegetarian options may be provided when informed before the arrival.

We also offer options for children.

Please inform us about special dietary requirements or allergies when booking your stay.

### About our Restaurant

As our restaurant has limited seats, we might divide the dinner in the evening in 2 seatings.

- 18:00
- 20:30

If all the guests in the house can be in the same seating the dinner will usually be served between 18:00/19:00.

Every day the guest will be informed about dinner time by the front desk.





## Arctic Bath Water Cabin

A floating double hotel room, 24 m<sup>2</sup>, connected to the shore by a floating walkway. A 57 m<sup>2</sup> wooden deck outside the cabin. The cabin in the summer time is free-floating and in the winter time is frozen on Lule River.

Included in the room rate:

Breakfast and SPA-access (bathrobe, slippers and swimwear). We offer half board at an extra fee (dinner: Arctic Culinary Experience).

In-room amenities:

- Queen size bed
- Pellets heating stove
- Air-condition
- Minibar
- Coffee machine
- Wi-Fi
- Bathroom with shower and hairdryer
- SPA-kit with products from c/o GERD
- 1 Water Cabin is accessible to Wheelchairs.

### Practical Information

Our Water Cabins are a wonderful experience for who would like to sleep in a floating cabin in the river and sit in the outdoor deck enjoying the view.

These cabins are smaller than our Land Cabins so if you are looking for space take a look at the next page!

Curiosity:

In the old times the cabins along Lule river shore would freeze tilted in the river in the winter, and that was the inspiration of the Architects Bertil Harström and Johan Kauppi for these cabins.



## Arctic Bath Suite Cabin

A suite cabin, 62 m<sup>2</sup>, elevated on poles and situated on the shore among vegetation connected by walkways. The deck is 8 m<sup>2</sup>.

Included in the room rate:

Breakfast and SPA-access (bathrobe, slippers and swimwear). We offer half board at an extra fee (dinner: Arctic Culinary Experience).

In-room amenities:

- One bedroom loft for 2 people with a spiral staircase
- King size bed in the loft
- Living room
- Pellets heating stove
- Air-condition
- Minibar
- Coffee machine
- Wi-Fi
- Bathroom with bathtub, shower and hairdryer
- SPA-kit with products from c/o GERD

### Practical Information

Our Suite Cabins are very spacious and the perfect cabin when you would like to stay with us for more than a few days.

You may find the double bed up in the loft and a large living area on the ground floor.

If you would like to avoid stairs to go to the restroom during the night or you bring your family, the best option for you must be our Land Cabin. Take a look at the next page!





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## Arctic Bath Land Cabin

A 62 m2 cabin elevated on poles situated on the shore among vegetation connected by walkways. The deck is 8 m2.

Included in the room rate:

Breakfast and SPA-access (bathrobe, slippers and swimwear). We offer half board at an extra fee (dinner: Arctic Culinary Experience).

In-room amenities:

- 5 beds, 3 on a loft with a spiral staircase and one King size bed on the ground floor
- Pellets heating stove
- Air-condition
- Minibar
- Coffee machine
- Wi-Fi
- Bathroom with bathtub, shower and hairdryer
- SPA-kit with products from c/o GERD

### Practical Information

Our Land Cabin is the only cabin we have that is able to accommodate more than 2 people as it has 1 double bed on the ground floor and 3 extra beds up in the loft.

It is the perfect fit for a family to stay and enjoy their time together in front of the big window where you can almost feel the outdoors!



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## Arctic Bath Buyout

Do you have a group request?

If you are looking into booking the hotel for a group and/or exclusive use, we will be happy to hear from you.

**Maximum number of people:** 18 guests.

Larger groups would need adjustments due to the size of our facilities.

As prices vary throughout the year – please contact [booking@arcticbath.se](mailto:booking@arcticbath.se) for prices and more information.

### For more information

E-mail:  
[booking@arcticbath.se](mailto:booking@arcticbath.se)

Phone:  
+46(0) 928 70 30 40





## Images

Images and Movies can only be used connected to promoting Arctic Bath and when crediting the photographer. Kindly keep this in mind as it is important for us to highlight the talented creators we have collaborated with. Media name is to be credited, if media is without name please use Arctic Bath.

### Contact Information

Contact Booking and information:  
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### Our wonderful image bank:

[Image Gallery](#)

### Our great movie:

[Winter at Arctic Bath](#)

Descriptions and pricing of excursions can be found on this link:

[Arctic Bath Activities](#)