



Approved/Prohibited Medications List

CRCI allows medications for addiction treatment during the treatment phase as needed on a clinically supported titration process.

Note: This is not an exhaustive list of medications that may be encountered in the population served by CRCI. As a recovery program that does not have a medical staff on-site, we are limited to “low risk” medications that can be easily managed by the resident with minimal interaction from staff, which are limited in their involvement to safe keeping. CRCI staff will not dispense or manage medications for residents unless qualified to do so through education initiatives or proper supervision. All medications released from safe keeping should be recorded and signed by the resident to whom they belong.

Antidepressants	Mood Stabilizers/ General Mental Health	Anti-Seizure	Antipsychotic / Schizophrenia / Bipolar	MAT	Life Sustaining & Maintenance of Mild to Moderate Physical Conditions
Sertraline (Zoloft)	Lamotrigine (brand name Lamictal)	Lamotrigine (brand name Lamictal)	Aripiprazole (Abilify)	Naltrexone	Clonidine
Fluoxetine (Prozac)	Atomoxetine (Strattera)			Disulfiram	Insulin
Duloxetine (Cymbalta)				Antabuse	Blood Pressure Meds
Escitalopram (Lexapro)				Acamprosate (Campral)	Any diabetes meds
Mirtazapine (Remeron)				Buprenorphine (Moto track only)	Acid reflux/digestive system meds, Non-drowsy antihistamines
Paxil (Paroxetine)					Eye Drops, Non-addictive nasal sprays
Others may be reviewed on a case-by-case basis					Topical Ointments, Orajel, Sunscreen

May be in resident's possession, taken as needed

Taken under supervision, stored on-site

Taken under supervision, stored off-site

NOT APPROVED - Commonly Prescribed Examples

Benzodiazepines	Opioids	Sleep Aids	Antidepressants	Other
Clonazepam (Klonopin)	Oxycodone	Trazodone	Bupropion	Olanzapine (Zyprexa)
Lorazepam (Ativan)	Hydrocodone	Zolpidem (Ambien)	Buspirone	Gabapentin
Diazepam (Valium)	Hydromorphone	Lunesta		Seroquel
Alprazolam (Xanax)	Oxymorphone	OTC Meds		Hydroxyzine (Vistaril)
	Buprenorphine (Suboxone, Subutex, Zubsolv, etc.) after Motivational Track			Dextromethorphan
	Methadone			Advil PM
				Tylenol PM
All others	All others			Benadryl

- Stabilization or Sustainment: Getting them to a place where they can exercise a titrate process to get through whatever symptoms they might be dealing with until they no longer need the medication (such as with detox meds). Letting them sustain their current dose of an approved medication for the duration of the program.
- New Prescription: If a resident already has a diagnosis then we would allow them to start an approved medication during the program, but if they don't have any history of a diagnosis then we wouldn't allow them to "seek diagnosis" while they are with us.
- We are only able to offer safe and stable alternatives to medications with a high potential for abuse; applicants who are prescribed medications that aren't approved should talk to their doctor about the possibility of changing their medications or discontinuing use if appropriate. CRCI does not advise that any person change their medication in any way without the advice of their doctor.