Center for Biobehavioral Health (CBH)

Thank you for your interest!

Please read below for further information about personal/professional development opportunities for research staff at CBH





Nationwide Children's Hospital ranked #6 in U.S. News Best Children's Hospitals Honor Roll 2023-2024



Nationwide Children's Hospital ranked #22 on the Forbes list of America's Best Employers 2023

Video Introduction: Inside Our Center for Biobehavioral Health

Tour the Nationwide Children's Hospital Campus

CBH Diversity Statement

The Center for Biobehavioral Health (CBH) is committed to ensuring a culture of belonging by fostering an equitable environment and inclusive practices that respect, honor, and celebrate diversity. We strongly denounce all forms of prejudice and discrimination. We take responsibility for demonstrating cultural humility, engaging in culturally responsive practices, and recognizing the worth of each and every individual.

The Center's Commitment to Continuing Education

The Center for Biobehavioral Health is committed to the development and continuing education of all research staff. Professional development efforts include monthly post-baccalaureate seminars, 1:1 research mentoring and assistance with applications to graduate programs, as well as career planning. Many other hospital-wide seminars and modules are available.

Post-Baccalaureate Seminars

Each month, CBH hosts a seminar series tailored to the professional growth of all research staff. Topics covered in these seminars are often around getting you ready for the next step after your time at CBH, whether that is applying to graduate/medical school or applying to another professional position.

Seminars and sessions include: CV/Personal Statement workshops, developing a strong mentee/mentor relationship, and tips on interviewing.

Post-Baccalaureate Association (PBA)

The post-baccalaureate association (PBA) aims to strengthen post-baccalaureate unity across labs in the Center for Biobehavioral Health, facilitate long standing professional and personal connections, advocate for professional development needs, and to aid in preparing trainees for future professional success. To meet these goals, PBA meets monthly to hear from each lab about current research directions, and to discuss and brainstorm ideas on how to best support professional development and outside social events. Initiatives stemming from these meetings include collaborative graduate school work sessions, poster of the month presentations with faculty members invited and maintenance of a graduate school materials repository.



1:1 Research Mentoring

CBH strives to provide hands-on research experience with a mentor. All mentors in the center are attuned to their coordinator's individual goals, and will select roles in the lab to gain experience toward these goals as much as possible. For example, if your goal is to attend graduate school, your mentor will work to get you involved in many stages of the research process, including the dissemination of research findings and opportunities to present at local/national conferences.

BLOOM

BLOOM is an employee group that brings together individuals involved in clinical research across NCH and the Abigail Wexner Research Institute. The mission of this group is to engage, support, and provide resources to the clinical research community and create avenues that will allow our community to be intertwined and engaged through collaboration, education, training, and mentorship.

BLOOM activities include: monthly networking, seminars, mock learning simulations (i.e., a mock FDA audit), and round tables with project managers, clinical research coordinators, and regulatory coordinators to discuss how best to address the knowledge gaps and be innovative in expanding the clinical research community. Membership is open to all employees at NCH!

Other Seminar Opportunities

Being in CBH at Nationwide Children's Hospital allows for more opportunities to attend talks with topics that may be of interest. One example is CBH's Lunch & Learn series whose intention is to develop presentation skills through reviewing and discussing pre-recorded and live research presentations. Additionally, the Pediatric Research Presentation Series (PRPS) aims to promote cross-center research collaboration and the sharing of research with trainees and colleagues.

All NCH employees are welcome to attend Pediatric Grand Rounds (more information <u>Here</u>). Other learning opportunities are available through online modules.

Your Future

Your time in CBH will be spent getting an immersive research experience while building a strong professional network. For this reason, the Center for Biobehavioral Health produces competitive graduate school applicants every application cycle. While the application process can be stressful, you will be supported every step of the way. Along with the Post-Baccalaureate Seminars listed above, there are plenty of opportunities for one-on-one assistance on any step of the application process from mentors.



CBH Diversity, Equity, Inclusion, and Accessibility (DEIA) Initiatives

The DEIA Committee is an organized effort of employees of all levels within CBH to create a space to discuss and educate ourselves and others on issues related to diversity and inclusion within our center, hospital, and community. The committee is composed of three specialized subcommittees: 1) Community, Service, and Engagement, 2) Workforce Development, and 3) Inclusivity in Research.

In addition to CBH's DEIA Committee, individual research labs have collaborated to form smaller discussion groups called Research Action Committee for Equity (RACE). The RACE group meets for monthly discussions and distributes source material on pertinent issues involving diversity, social justice, and/or research.

CBH is committed to maintaining an inclusive environment and fostering a diverse workforce. Individuals from all economic, social, and racial backgrounds are welcomed to pursue positions at Nationwide Children's Hospital.

Where Are CRCs Now?

After completing their 1-2 year position at CBH, former clinical research coordinators have gone on to doctoral psychology programs to pursue careers in pediatric psychology, clinical child psychology, pediatric neuropsychology, cognitive psychology and neuroscience, and school psychology. Several CRCs have pursued medical school, or advanced degrees in nursing, public health, and social work.



There are also opportunities to rise internally from a position as a CRC to a project coordinator and beyond. Additionally, several current staff had their start at CBH as clinical research coordinators, and have since returned to fill more senior roles in the Center.

CLICK HERE TO LEARN MORE ABOUT CBH

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