

Lifelong exercise and locally produced insulin-like growth factor-1 (IGF-1) have a modest influence on reducing age-related muscle wasting in mice

C. D. McMahon, **R. Chai**, H. G. Radley-Crabb, T. Watson, K. G. Matthews, P. W. Sheard, Z. Soffe, M. D. Grounds, T. Shavlakadze.

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