

MAYER UNIFIED SCHOOL DISTRICT #43



ATHLETIC HANDBOOK

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ATHLETIC DEPARTMENT CONTACTS

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INTRODUCTION

This handbook has been developed to serve as a reference for coaches, administrators and others working with the high school interscholastic program at Mayer High School. The book will be revised from time to time as necessary to effect changes for improvement and efficient operation.

MAYER HIGH SCHOOL ATHLETIC DEPARTMENT PURPOSE

The purpose of the Mayer High School Athletic Department is to improve skills, develop character, promote teamwork, and guide decisions. We will do this by cultivating Balance, Attitude, Determination, Grit, Effort, Respect, and Sportsmanship. Mayer Unified School District takes great pride in the development of each student to reach his/her full potential.

The Athletic Department believes that the athletic experience is an integral part of the educational system that has many positive benefits associated with developing the whole child.

Through a partnership between coaches and parents, we are confident that the athletic programs at Mayer High School will continue to thrive while emphasizing what we care about most - doing what's best for "every child, every day."

We look forward to a great year where our teams and student-athletes are successful in competition but also can develop into amazing citizens and future leaders.

PURPOSE OF EDUCATION-BASED ATHLETICS

High School sports should always prepare, practice, and play to win. Winning is the goal BUT not the PURPOSE! The "why" or purpose behind education-based athletics is human growth and personal development.

COACHES STANDARDS AND EXPECTATIONS

All coaches of student-athletes at Mayer High School serve in a leadership role for their specific sport and with this comes the responsibilities that accompany that position. By accepting this position coaches understand the purpose behind education-based athletics and commit to serve as a positive role model in the mental, physical, and social emotional development of all team members. In addition, all coaches will make every effort to accomplish the following:

- o to reinforce on a continual basis, excellence in sportsmanship, attitude, and respect for teammates and opponents and officials.
- o to listen and communicate openly and honestly.
- o to maintain consistency in expectations and actions.
- o to motivate and challenge in a positive and respectful manner.
- o to focus on the participants overall development regarding:
 - o academics.
 - o other sports.
 - o other programs or extracurricular events.
 - o personal problems.
- o to exhibit self-discipline and always use appropriate language, refrain from profanity or obscene language, or inappropriate actions.
- o to present an image synonymous with a "class act."
- o to structure practices and game plans in an effective and organized manner.
- o to accept constructive feedback and be open to new ideas.
- o to act with integrity, honesty, and professionalism.
- o to maintain a professional rapport with all student-athletes.
- o to deal with situations rationally and respectfully.
- o to seek up-to-date techniques and methodologies.
- o to understand and fully comprehend the NFHS rules and regulations of sport.
- o to continually emphasize safety and injury prevention.
- o to ensure that every student-athlete is cleared with the athletic department prior to practice.
- o to supervise team members before, during and after transportation to other schools.
- o to keep accurate records of team and individual statistics.
- o to display modesty in victory and defeat, win and lose graciously.
- o to treat the media graciously, do not disparage the opposing team or officials.
- o to be a model of competitive discipline.
- o to promote and publicize efforts and achievements by promptly and consistently reporting results to the media, to MaxPreps and to the Athletic Office.
- o to help maintain and care for all equipment and supplies.
- o to keep an up-to-date and accurate inventory of all equipment and supplies.
- o to communicate with students and parents, whether electronically or verbally, on a professional level, limiting exchanges with students to "as needed" information

In addition to these standards and expectations, all coaches will also comply with:

- o all AIA rules, bylaws, and regulations which can found at <https://www.aiaonline.org/>
- o all guidelines and policies with respect to Mayer High School and Mayer Unified School District.
- o all guidelines and policies with respect to the Mayer High School Athletic Department.

GENERAL INFORMATION

Academic Eligibility of Athletes: Pursuant to MUSD Policy, students must pass ALL classes. If a student does not receive a passing grade in all his/her classes, the student becomes ineligible to participate in any extracurricular activities for a period of four and half to five and a half (4.5 - 5.5) weeks depending on the length of each quarter. If the student then passes all classes, he/she will become eligible for the next four and half to five and a half (4.5 - 5.5) week

period. The Athletic Secretary will check academic eligibility based on the roster turned into the Athletic Office. It is the responsibility of the coach to make sure that the athlete is aware of their academic standing based on grade checks and hold athletes out of competition and away travel while the athlete is ineligible (practices are allowed).

AIA Mandatory Head Coaches Meetings: Each season the AIA holds mandatory sport specific meetings that are required for all head coaches to attend by the date outlined by the AIA. The head coach is required to attend the meeting and if fails to attend is a bylaw violation. The dates and times for these meetings are set by the AIA and can be found on their website:
<https://www.aiaonline.org/>

Locking and Care of Facilities: Coaches are not to leave their athletes in the locker rooms or building alone after practices and/or contests. A coach should be the last person out of the building and be sure the outside doors are locked. Coaches should be sure their areas (rooms, gyms, stadium, etc.) are locked, and all lights are turned off. Coaches should keep locker rooms locked during the school day. At no time should a coach allow students or former students to use their keys to gain access into a locker room or into an exterior door of a building. Please make sure a coach stays at the school until all athletes are picked up after contests.

Reporting Contest Results: Following all contests – win or lose - the coach should report all scores to the Athletic Director via text. Individual sport coaches are responsible for reporting scores to their appropriate site. Varsity results only shared with media.

***Baseball coaches are also required to complete Pitch Count sheets for all levels and send copies to the Athletic Director for all contests. They are also required to enter Pitch Count for each contest on MaxPreps.com. Directions for that can be found on:

<https://www.aiaonline.org/files/15725/how-to-enter-pitch-counts-on-maxpreps.pdf>***

Rosters and Stats: All varsity coaches are required to enter their rosters (including jersey #) into MaxPreps or your respective AIA program (see Athletic Director if you are a new head coach and need access to MaxPreps). This should be completed the week after tryouts and maintained during the season. Stats should be entered weekly on MaxPreps for all team sports (this information is used for voting purposes for region, state, and for recruiting of athletes).

Player Emergency Contact Information: Coaches are given access to all athlete emergency contact information wherein a parent or guardian would need to be contacted. All information can be found on Final Forms. If you prefer hard copies, please arrange to print them from RMA. Anytime a player is treated by emergency medical personnel or transported to hospital, please notify the Athletic Director via text message as soon as possible.

Transfer Students: Any student new to MHS will need to complete an AIA 550 form as part of their clearance process and before they can participate in any way. This does not apply to incoming freshmen at the start of the school year but applies to any athlete who has attended any other high school other than MHS. Once school has officially started it would apply to freshmen, as well.

Athletic Trip Information: Before every away contest/event, head coaches should provide a schedule of release times, departure times, and a current list of who should be excused from school. Coaches should check this schedule and report any discrepancies to the Athletic Secretary. Coaches have the discretion to decide if the team will stop for food on the way back, keep in mind all team members should be offered the opportunity to eat. Boosters may also help

provide meals if that is organized in advance. At no time should any student be left on the bus without adult supervision while the team and coaches are getting food.

Out of State Travel Information: All out of state travel trips need to have MHS Administration approval as well as MUSD School Board approval prior to the trip. Out of state travel should be planned and approved well in advance of the trip. Contact the athletic director if you are considering any out of state travel.

Overnight Trip Information: All overnight trips should be planned. If paying with school funds: the cost of each room must stay within the price range of the approved area based on the time of year (district office has price range). Hotel reservations paid through school funding must include a Purchase Order and Credit Card Authorization form completed by the district office before arrival. During checkout from the hotel, the head coach must get a copy of the hotel bill (room charges) and provide that bill to the athletic director upon returning to MHS. This receipt must be turned into the district office within 48 hours of the stay. No coach may share a room with an athlete unless they are a child of said coach. No males and females or anyone with a relationship in the same room. Coaches and student athletes are held to a high standard of conduct when staying overnight and should represent MHS and refrain from any behaviors that would put MHS in a negative way.

Bus Trips: Coaches should instruct athletes as to the release times and departure times for away events. All team members are to ride with the team bus to and from the contests. The only exception is if the parent of a player has completed the alternative transportation form ahead of time and the coach has a copy of the form. If a coach allows this to happen, the parent must make direct contact with the coach prior to departure. This is a coach's decision, and the coach should use good judgment. Coaches are responsible for the action of their athletes during the bus trip. Coaches should disperse themselves throughout the bus. When possible, there should be coaches seated in the rear seats of the bus. Monitor student athletes (manager) on the bus who are in a relationship or opposite sex to ensure appropriate behavior. After all players have exited the bus, a coach should check the bus for equipment, clothing, and trash. The coach is responsible for seeing that the bus is neat after each trip.

Travel Requests: Submit transportation slips early (must be submitted at least 12 days prior to trip). All requests will be submitted to the Front Office Receptionist by completing the Travel Request Form. The form can be submitted electronically or as a hard copy. Be sure to identify the driver if requesting activity buses (AB). All AB drivers must be certified through the transportation department (renews yearly)

Coaches must set standards for behavior with your athletes on bus trips and be attentive and prompt to deal with discipline problems. Coaches are responsible for making sure teams leave the buses clean. A \$50 fee is charged to any team that does not clean their bus (es). Contact the athletic director if you ever have concerns about a driver. It helps if you take the time to email details about a specific incident or explain your concerns.

Purchasing Policy: Purchase Requisitions

Coaches should obtain a quote on all items you wish to purchase using school funds. The quote should be sent to the Athletic office. This should be planned and completed ahead of time to ensure speedy delivery. All requisitions for athletic goods must be approved and signed by the Athletic Director. The district business office, upon receiving a properly processed requisition, sends a copy of the purchase order to the vendor. Notify the Athletic Office immediately when an order is received and complete, then the P.O. is signed and turned in by the Athletic Office,

this is authorization for the business office to send payment for the goods.

Commitments to Vendors: It is not permissible for coaches to make commitments directly to vendors on behalf of the school. Availability or prices may be ascertained, but the system provides adequate business services to facilitate all procurements. Rush orders can be handled very quickly by the individual picking up and then delivering the purchase order to the vendor himself. Those individuals who do not follow these guidelines may be held personally responsible for their commitments.

Alumni and Collegiate Athletes: The AIA prohibits your team from having any games or practices during the season that involves your current team playing with, or against alumni, or collegiate players.

Attendance Policy: Student athletes must attend 4 periods of the day to be eligible for practice or competition on that day. Exceptions would be for an excused (medical note provided to attendance) doctor's appointment or family emergency or extenuating circumstance (with athletic department approval ahead of time). Any student who is under school disciplinary action (i.e., out of school suspension or in school suspension) will not be allowed to participate in practices or competitions for those days they are serving their discipline. Lunch is not considered a class period of the school day.

Practice Schedules on Special Days: During holidays, final exam days, AP exams, and on nights of and prior to special events, show good judgment and have some flexibility with your athletes who are involved in other activities. Open communication and flexibility prevent conflicts between coaches, teachers, and parents.

Multi-Sport Athletes: With the understanding that MHS athletics has a wide array of programs and extracurricular activities, all coaches should avoid trying to coerce any athlete into participating in any one singular sport. Coaches should encourage as much multi-sport participation as our athletes would like to pursue, without provocation, humiliation, or mistreatment. If a student-athlete has a desire to participate in two sports/activities in one season, a meeting prior to the start of the official season with the student-athlete, the coaches/sponsors and at least one parent of the student-athlete should occur to determine the "primary" sport/activity. A document, indicating that decision, will be signed by all attending that meeting. This is approved by a case-by-case basis and only with the approval of both coaches and the athletic director.

Changing a Sport: If a student athlete is cut from a team, they may join another team in that sport season, with approval from the head coach.

Parental Issues: If a coach has a problem with a parent, the coach should make every effort to resolve the situation. The Athletic Office should be made aware of the circumstances and the outcome.

Event Issues: Any significant issues that occur at a Home or Away event should be reported as soon as possible. This would include, but not limited to, ejections, altercations, any unusual situations while transporting the team to or from the event, a spectator/parental issue, or a significant injury. Communication with the Athletic Director should occur as soon as possible.

Senior Night Recognition: To be hospitable to our opponents we will follow these guidelines concerning Senior Night festivities:

- o Please notify the Athletic Office of the date you are selecting for Senior recognition to allow sufficient time for distribution of information forms and so that family members may include the event in their calendars
- o Senior Night may start before the scheduled event or at halftime of the event but should not reasonably affect the start time of an event or the start of the second half of an event. If Senior Night activities are performed before the event or at halftime of an event, the student-athlete's name, the parent's names, the college they plan to attend and the major they plan to study, will be the extent of the announcements.
- o If the Senior Night activities will be at the conclusion of an event, Head Coaches are asked to please be reasonable about the amount of time taken for the ceremony.
- o Parents and boosters are very much involved in these ceremonies, but the Head Coach of each sport is ultimately responsible.

Hall of Fame Criteria: The criteria for a Mayer Student Athlete to be inducted into the MHS Hall of Fame are outlined below:

- o A waiting period of 5 years after graduation is instituted for ALL INDUCTEES.
- o Individual Automatic Inductees (After 5 Years). To be inducted automatically, candidates must have achieved ONE or more of the following:
 - o First Team All-State (Arizona)
 - o First Team All-Region/Section in the same sport for three years
 - o Two Time All-Region/Section Player of the Year
 - o Individual State Champion
 - o Individual State Runner Up
- o If an individual qualifies for automatic induction, they will still have to be nominated after their 5-year waiting period.
- o Team Automatic Inductees (After 5 Years)
 - o State Champions
 - o State Runner Ups
- o If a team qualifies for automatic induction, they will still have to be nominated after their 5-year waiting period.
- o Non-Automatic Nominations: If a student athlete did not meet any of the above criteria but still were exemplary in their interscholastic athletic career at Mayer High School, there will be a process for which they can be voted in. After a 5-year waiting period, individuals and teams may be nominated and will be voted upon by the Hall of Fame Committee.
- o All individuals seeking admittance into the Hall of Fame should be in good standing in the community and display strong character and integrity.

Collegiate Signing Ceremonies: The Athletic Department will host collegiate signing ceremonies for any student athlete who wishes to be recognized for their collegiate signing. Head Coaches are expected to be in attendance and to be prepared to say a few words about that student athlete. They may also be asked to provide the athletic department a uniform or other equipment to display.

Student Athlete/Team/Parent Meetings: At the beginning of each season (fall, winter, spring) the athletic department will host a mandatory student athlete/parent meeting.. The first 30 minutes of the meeting will be hosted by the athletic department. Teams/parents will then be dismissed to meet with head coaches and boosters to go over team/parent expectations, schedules, and questions. Each program is required to meet during these times. Times and dates to be made at a later date.

Coaching Qualification and Certifications: All coaches paid, or volunteer must be cleared by the Athletic Director and complete all course work as outlined below. Per the AIA Bylaws 17.1 and 17.1.2, any person who is hired as a coach (paid or volunteer) must take the following courses at www.nfhslearn.com:

- Fundamentals of Coaching (6-8 hours) - \$35 (one time)
- Concussions Course (20 minutes) - FREE (one time)
- First Aid, Health, and Safety Course (30 minutes) - \$35 (must remain current)
- VARSITY COACH ONLY-CPR (must be done in person through American Red Cross or equivalent provider) (must remain current)
- Sport specific course or Teaching Sport Skills if sport course is not offered (Varies) - \$50 (one time)

**** NOTE:** Additional courses may be required at the discretion of the school and/or district. **
Certificates must be completed and submitted to the Athletic Office prior to the 1st day of the official AIA first practice date.

Profanity-Abuse: All coaches are expected to demonstrate professionalism, patience and expertise when dealing directly or indirectly with student-athletes. Profanity should always be avoided when speaking to an individual or to a group of team members. Any form of abuse – whether physical, verbal, mental or psychological is unacceptable. Student-athletes – specifically those who are being judged for a mental or physical error – should be made aware of their miscue(s) without any inappropriate physical contact, any personal insults, or any demeaning form of verbal or non-verbal corrections.

Holidays and School Breaks: The Mayer High School Athletic Department observes all federal holidays as well as fall, winter, and spring breaks. While we do try not to put games over these holidays or breaks, they sometimes will still be. This will require clear and up-front communication with families and student athletes ahead of time so they will plan to be in attendance. We cannot cancel games because of holidays or breaks, so please plan accordingly. See the MUSD district calendar for these dates. Practices during school breaks or holidays are at the discretion of the head coach. Per AIA bylaw a team shall not practice, meet, or hold any type of chalk talk on Sundays.

Team Photos: The Mayer High School Athletic Department for all our athletic team photos.

Participation Fee Policy: Mayer High School, in common with most other Arizona schools, assesses a “participation” fee for students participating in interscholastic competitive sports. The participation fee can count as an Arizona State income tax credit. If chosen, the fee can be deducted directly from the state income tax owed to the State of Arizona.

Participation fees are a necessity to help defray the costs to Mayer High School and MUSD in providing competitive sports programs for Mayer’s student-athletes. The fee is \$40 per sport, per athlete. When

playing more than two sports, the third or fourth sport will be free. There will be a 50% discount for each sibling, with no less than \$5 being paid for the 4th sibling or beyond.

The Mayer Junior High athletic fee will be \$25 for the entire year, per athlete.

1. The participation fee must be paid before the first date of competition.
2. The participation fee must be paid at the Mayer High School Office or online. You will receive copies of your receipt. (The Mayer High School Office is open 7:00 a.m. to 3:30 p.m. Monday through Thursday.)
3. Failure to pay the participation fee, will result in the student-athlete not being allowed to participate further until payment is made.

May be revised as necessary depending on state funding

Rental and Off-Season Program Use of Facilities: Any rental or use of school facilities by outside groups must be approved by the district rental coordinator. The rental coordinator will require the completion of a Facilities Use Agreement and proof of insurance coverage. A set rental fee is set up in the district handbook. The approval of the rental should come from the Principal or the Athletic Director. Access to the facilities in the off-season will be allowed if the requested facilities are available but it must be stressed that priority is given to programs who are holding workouts in season. If you are running an off-season competitive and/or training program that is functioning in accordance with AIA regulations (see regulations detailed below), you will also need to get facilities use agreement and get board approval, so you are covered under the Arizona School Risk Retention Trust.

Expectations for Fan/Spectator Behaviors: All who attend athletic events at Mayer High School are expected to:

1. All cheers coming from individuals or groups seated in student sections are positive in intent, meaning that students cheer for their school, not against the opponent.
2. Denigrating comments about the community serving the opposing school or the school itself are off-limits.
3. Fans and Students refrain from making any cheers or chants that may be targeted towards competitors, officials, or coaches.
4. Cheers that include profanity or inappropriate references are not tolerated.
5. Stand and remove head-gear during the National Anthem.
6. Show respect for opponents in every way possible.
7. Always be positive in support of their teams.
8. Recognize and acknowledge good performances made by both teams.
9. Respect officials and accept their decisions.
10. Be humble and not boastful in victory and gracious and not bitter in defeat.
11. Leave the site of an activity—including the parking lot—as soon as possible after the activity is completed. Spectators may be asked to leave contests or may be banned from future contests if these expectations are disregarded.

Athletic Award Systems: Varsity student-athletes, who complete their season of sport AND meet the standards consistently applied by the coaches for each athletic program, will be eligible for the following awards.

VARSITY SPORTS (ONLY)

- 1st Year Varsity
 - Certificate
 - Letter "M" patch
 - Metal Insert pin of sport

- 2nd Year Varsity
 - Certificate
 - Metal service bar insert pin
- 3rd Year Varsity
 - Silver certificate
 - Metal service bar insert pin
- 4th Year Varsity
 - Gold certificate
 - Medal to be worn at Graduation
 - Metal service bar insert pin

Certificates are also available for special awards for athletes, volunteers, sportsmanship, etc. Please note, there will be just one letter "M" awarded for a participating athlete. Replacement letters and pins are to be purchased in the Athletic Office.

Letter Requirements: The requirements below are for a varsity letter and cover the following sports:

- Must be in good athletic and academic standing, complete the season and be academically eligible.
- Injured players may receive a letter if in the opinion of the head coach he/she would have participated enough if they had not been injured and served the team in some capacity while injured.
- Senior athletes who have been with a program for 3 or more consecutive years and are unable to meet the criteria for their sport listed below are eligible.
- Show marked improvement during the season and from the previous season.
- Be of good character, a teammate, and display good sportsmanship.
- Attend all practices, games, meets, or matches unless excused by the coach or a doctor.
- Contribute to the team's success.
- Regular member of the varsity team.
- At the discretion of the head coach, only with the approval of the Athletic Director.

In addition to the general letter requirements, the following sport requirements will also contribute to the awarding of a varsity letter:

Football

Play in at least one-half of the total number of games.

Flag Football

Play in at least one-half of the total number of games.

Wrestling

Accumulate a minimum of 25 points during the season in regular scheduled meets. Points are awarded on the following basis:

- 1) Weigh-in=1 pt. 2) Win=4pts. 3) Pin=6 pts.

Girls Volleyball

Play in at least one-third of the total number of games.

Boys and Girls Basketball

Play in at least one-third of the total number of games.

Baseball

Play in at least one-third of the total number of games.

Softball

Play in at least one-third of the total number of games.

Track and Field

Accumulate a minimum of 20 points during the season in regular scheduled meets including tournament series. Points will be awarded on the following basis:

- 1) ½ pt. per event participation in each meet. (Must be an event that you regularly train or compete in)
2) Actual points scored in a varsity competition.

Team Managers

Team managers with one year of service in a sport may be eligible at the discretion of the head coach. Team managers with two or more years of service in a sport are eligible.

Employees and Student Athletes Use of social media:

Social Networks: Social network sites such as Facebook, Twitter, TikTok, Instagram, SnapChat and other digital platforms and distribution mechanisms facilitate students communicating with other students. Participation in such networks has both positive appeal and potentially negative consequences. It is important for Mayer High School student-athletes to be aware of these consequences and exercise appropriate caution. As a student-athlete at Mayer High School, you are required to follow student handbook guidelines, even though an event or post may happen off school property or after school hours. Student-athletes are not restricted from using any online social network sites and digital platforms. However, users must understand that any content they make public via online social networks or digital platforms is expected to follow acceptable social behaviors and to comply with federal government, Arizona state, and Mayer High School rules and regulations. Mayer High School student-athletes must be aware of Student Handbook regulations. Ignorance of these regulations does not excuse students from respecting them.

Guidelines

These guidelines are intended to provide a framework for coaches and student-athletes to conduct themselves safely and responsibly in an online environment.

- o Be careful with how much and what kind of identifying information you post on social networking sites. Virtually anyone with an email address can access your personal page. It is unwise to make available information such as: full date of birth, social security number, address,

phone number, cell phone numbers, class schedules, bank account information, or details about your daily routine. All of these can facilitate identity theft or stalking. Facebook and other sites provide numerous privacy settings for information contained in its pages; use these settings to protect private information. However, once posted, remember the information becomes property of the website.

- o Be aware that potential current and future employers and college admissions offices often access information you place on social networking sites. You should think about any information you post on Facebook or similar directories potentially providing an image of you to a prospective employer or school. The information is considered public information. Protect yourself by maintaining a self-image that you can be proud of years from now.

- o Be careful in responding to unsolicited emails asking for passwords or PIN numbers. Reputable businesses do not ask for this information in emails.

- o Do not have a false sense of security about your rights to freedom of speech. Understand that freedom of speech is not unlimited. The online social network sites are NOT a place where you can say and do whatever you want without repercussions.

- o Remember photos put on the social network site's server become their property. You may delete the photo from your profile, but it still stays on their server. Internet search engines like Google or Yahoo may still find that image long after you have deleted it from your profile. Think long and hard about what type of photo you want to represent you.

Things you should avoid:

1. Derogatory language or remarks about MHS teachers, coaches, other students, administrators, or representatives of other schools.
2. Demeaning statements about or threats to any third party.
3. Incriminating photos or statements that are sexually explicit; depict violence; bullying; hazing; sexual harassment; vandalism; stalking; underage drinking; selling, possessing, smoking, or using controlled substances (including but not limited to tobacco, vaping, marijuana, chewing tobacco) or any other inappropriate behaviors.
4. Creating a danger to the safety of another person or making a credible threat of physical or emotional injury.
5. Indicating knowledge of an unreported felony theft or felony criminal damage to property.
6. Indicating knowledge of an unreported school violation—regardless of if the violation was unintentional or intentional.

Booster Program Guidelines:

The booster clubs exist to support athletic programs which support the mission of Mayer High School. Many booster clubs raise money that they keep in accounts separate from the school. Though this is important, it is even more crucial that the coaches and their staff maintain complete separation from the monitoring and use of these accounts. It is recommended to legally protect the boosters who run these accounts, that they conduct an annual audit that should be conducted by an independent third party. Many booster clubs take advantage of the opportunity to raise funds by selling food at various athletic events. Though this is a great option, please remember that this can only occur with prior approval of the Athletic Director and/or school administration.

APPENDIX (See Below)

1. Alternative Transportation for Athletic Events Agreement
2. Mayer High School Summer Training, Practice, Clinic, Open Gym Release Form

3. Mayer High School Athletic Department Code of Conduct

**MAYER UNIFIED SCHOOL DISTRICT No. 43
ALTERNATIVE TRANSPORTATION FOR
ATHLETIC EVENTS AGREEMENT**

Informed Consent, Assumption of Risk,
Liability Release, and Indemnity Agreement

Mayer High School provides students with transportation to and from athletic events. Students are required to travel to and from the event in a vehicle provided by the School District unless there is a written agreement for an alternative arrangement between the parents and the coach or school administrator twenty-four (24) hours prior to the event. If an alternative arrangement is

made, students may only travel to or from the event with their parent, legal guardian, or chaperone assigned to transporting for the event.

I am the parent or legal guardian of _____. I grant permission for my child(ren) to travel to or from (circle one or both) the event with _____ on _____.(names of those providing transportation) (date)

I hereby waive, release, and discharge Mayer Unified School District, its employees, volunteers, coaches, sponsors, and participants from any and all claims or lawsuits for personal injury, property damage, or death resulting from the transportation of my child by me to or from the event.

I understand that the School District does not provide any insurance for the alternative transportation. I agree to defend and indemnify Mayer Unified School District and its employees, agents, and representatives from and against any claims or lawsuits arising from or related to the transportation of my child by me to or from the event.

I understand that the School District may discipline my child for disregarding this policy or withhold him from participating in the event or future events.

I am aware that the School District does not provide accident or health insurance coverage for me or my child during this event. I realize that the District's liability coverage only applies to injury if negligence is proven against the District and the terms and conditions of the contractual liability coverage provided in favor of the District have been met; in all other circumstances, my health insurance will provide coverage for my and my child's injuries.

I have read this agreement and fully understand its terms and agree that it shall be binding on my heirs and assigns.

Parent's Name and Signature Date

MHS Administrator's Name and Signature Date

Mayer High School
Summer Training, Practice, Clinic, Open Gym Release Form
Participants Name:

Parent(s) Name:

Parent(s) Phone Number: _____ and/or _____
Emergency Contact: _____ Phone: _____

Medical Treatment Authorization and Liability Release

I, the undersigned parent or guardian, do hereby grant permission for my daughter/son, _____ to participate in the activity of _____
(Name of Participant)

_____ at Mayer High School. (List Activity)

In order that my daughter/son may receive the necessary medical treatment in the event she/he may sustain injury or illness during participation in this activity, I hereby authorize the coach or other supervising adult to obtain medical treatment for my daughter/son for such injury or illness during this activity, and I hereby hold MUSD School District, Mayer High School and its representatives harmless in the exercise of authority.

I understand that this activity involves risk to the participant. I further acknowledge and understand that due to the nature of this activity, which involves inversion and rotation of the body, there is a possibility that my daughter/son may sustain physical illness or injury (minimal, serious, or catastrophic), in connection with her or his participation. I further acknowledge and understand that my daughter/son is assuming the risk of such physical illness or injury by her/his participation, and I further release MUSD School District, Mayer High School and its representatives from any claims for personal illness or injury that my daughter/son may sustain during participation in this activity.

I further understand that Mayer High School has established rules and regulations pertaining to conduct, behavior and activities of all students and participants, by which my daughter/son must abide during participation in this activity, and that my daughter/son and I will be responsible for her/his failure to abide by those rules and regulations.

My daughter/son and I have read and understood the above Medical Treatment Authorization and Liability Release.

Signature of Parent or Guardian _____ Date _____

MAYER HIGH SCHOOL ATHLETIC CODE OF CONDUCT

The Interscholastic Athletic program Mayer High School facilitates the personal growth and education of students through their participation in a comprehensive program of sports. As an integral part of the educational experience, the Athletic programs actively promotes fair competition, fosters the pursuit of academic and athletic excellence, and provides community enrichment.

Mayer High School is proud of the high caliber of its student-athletes. The Athletic program is committed to the guiding principles of honesty, integrity, respect, ethical conduct, teamwork, and hard work in support of student-athletes in their roles as scholars, athletes, campus leaders, and

community members. Mayer High School expects its student-athletes to train and strive for their highest degree of athletic excellence and sportsmanship; to demonstrate academic integrity and accomplishment; and to conduct themselves responsibly as members of the campus and larger community.

Students are expected to meet all requirements of the Athletic Department, including roles and expectations established by a coach for a team. Coaches have discretion to take reasonable action and to impose sanctions for conduct that demonstrates a student-athlete is unable to participate effectively as a member of a team, but which conduct is not a violation of this Student-Athlete Code of Conduct.

I. Standards of Conduct

It is a privilege and not a right to be a student-athlete and every student-athlete is expected to conduct him or herself in a manner that exhibits honor and respect to the team, department, school and community for the duration of his or her tenure as a student-athlete. As a member of the student body at Mayer High School, each student-athlete must act in accordance with the Student Handbook as published by Mayer High School. In addition, student-athletes are accountable to the following authorities (hereafter referenced as “governing authorities”):

- Municipal ordinances, and State and federal laws, both civil and criminal (“laws”);
- National Federation of High Schools (NFHS);
- Arizona Interscholastic Association (AIA);
- Mayer High School;
- Athletic Department;
- Team Rules

For clarification of the governing authorities, student-athletes should consult with a member of the coaching staff or administration. Violation of any of the standards of conduct encompassed in these authorities may result in discipline as described in Section IV below, as well as civil and/or criminal liability. Reporting Obligation. Every student-athlete is obligated to report his or her violations of this Code of Conduct to his or her Head Coach or to the Director of Athletics within 24 hours of such violation. This obligation is in effect year-round, including semester and summer breaks.

ALCOHOL AND DRUGS USE – Use of alcohol, illegal drugs or drug paraphernalia, including anabolic steroids.

FIRST VIOLATION Immediately ineligible for interscholastic competition in the current sport for the remainder of the season.

SECOND VIOLATION Ineligible and prohibited from participating in any AIA sport program for a period of one calendar year from date of second violation.

THIRD VIOLATION permanently prohibited from participation in any AIA athletic program.

DRUGS cont. Being in possession of, attending a party or gathering where illegal drugs or drug paraphernalia are knowingly being used. (Note: Student athletes are expected to leave immediately)

FIRST VIOLATION Suspension for 10 days from athletic participation. Effective immediately

SECOND VIOLATION Suspension for the duration of the season in progress.

THIRD VIOLATION Expulsion from all athletics for the remainder of the current school year

ALCOHOL cont. being in possession of, attending a party or gathering where alcohol is being illegally dispensed.

(Note: Student athletes are expected to leave immediately. The intent of “attendance at a party or gathering” is not to deny participation with adult family members at gatherings such as weddings or other family gatherings.)

FIRST VIOLATION Suspension for 5 days from athletic participation. Effective immediately

SECOND VIOLATION Suspension for the duration of the season in progress

THIRD VIOLATION Expulsion from all athletics for the remainder of the current school year

TOBACCO – Use and/or being in possession of tobacco or tobacco products (Examples: Cigarettes, Vaping, and Chewing Tobacco)

FIRST VIOLATION Suspension for 3 school days effective immediately

SECOND VIOLATION Suspension for 5 school days

THIRD VIOLATION Suspension for 10 school days

SCHOOL SUSPENSION-Any violation of the Student Handbook that reflects a consequence of 10 days, long term suspension or expulsion.

FIRST VIOLATION Immediately ineligible for interscholastic competition in the current sport for the remainder of the season.

SECOND VIOLATION Ineligible and prohibited from participating in any AIA sport program for a period of one calendar year from date of second violation.

THIRD VIOLATION permanently prohibited from participation in any AIA athletic program.

SUSPENSION cont. – Suspension from school less than long term suspension or expulsion (see above)

FIRST VIOLATION Suspension for the period of the school suspension and after the return from the suspension, unable to participate in the next contest

SECOND VIOLATION Suspension for up to 10 school days effective immediately and automatic probation (five day minimum). Upon return from suspension, unable to participate in the next two contests.

THIRD VIOLATION Suspension for a minimum of ten days and up to the remainder of the current season

SCHOOL RULES – Not obeying school rules and regulations (including regular school attendance). An athlete may not have ANY truancy/unauthorized absences including single period, portion of school day, all day, etc. (must attend a minimum of 4 periods to be eligible for competition)

FIRST VIOLATION Conference with administration, unable to participate in the next contest for any violation of truancy or unauthorized absences.

SECOND VIOLATION Unable to participate in two contests for a second violation of truancy or unauthorized absence

THIRD VIOLATION Suspension for current season

II. Continued...

In addition to the requirements and consequences set forth in the Mayer High School Code of Conduct and the Interscholastic Association (AIA) regulations, all student athletes are responsible for adhering to the rules of conduct listed below. These rules apply on or off campus and could result in consequences.

Student Conduct: An athlete must always be a positive representative of the school, must be courteous to teachers, students, fellow athletes, and adults. Athletes will not be disruptive, insubordinate, or disrespectful to staff, students, parents, or officials.

FELONY – Any student convicted of a felony crime will not be allowed to participate in athletic competition for one full year or until the sentence is completed.

REVIEW SOCIAL MEDIA – On-line social media: Any student of any age who exhibits unacceptable conduct in or out of school or competition or through any on-line social network (including but not limited to: Buying, selling, possessing or using alcohol, tobacco, drugs, or steroids; fighting, threatening, stealing, lying, possessing false identification, forgery, cheating, vandalizing; violating school rules; trouble with law enforcement; sending inappropriate messages or pictures; or any other illegal activity or unacceptable conduct) will be reviewed by

the Principal and Athletic Director and may result in disciplinary action. Police and the Arizona Department of Child Safety (DCS) may also be contacted.

OUT OF SEASON VIOLATIONS – Out-of- season sports violations including the following violations, are extremely serious and are considered to be a reflection of the athlete and the school athletic program:

- Organizing, hosting or having gatherings where use of alcohol and/or controlled substances takes place;
- Selling, providing or distributing controlled substances;
- Using steroids;
- Carrying a dangerous or concealed weapon;
- Being convicted of a felony.

Any student who commits any of these violations will be suspended immediately from the current or next season of sport in which the student chooses to participate and may be suspended up to three seasons pending an administrative review. If any person in possession of alcohol or controlled substances (invited or uninvited) arrives at a gathering being hosted by a student athlete, that student athlete is responsible under this policy for the immediate removal of those persons and all alcohol or controlled substances from the premises. A responsible adult or the police should be contacted without delay if those persons refuse to leave. Code restrictions are in effect and enforced on a year-round basis and violations are cumulative over the course of a student's high school career.

Behavior and Attitude: An athlete may be dropped from the team at any time the coach believes his/her attitude and/or behavior is detrimental to the team. Prior to any athlete being dismissed from the team the coach shall attempt to correct the problem(s) with specific alternatives. These alternatives may involve counselors, teachers, and parents. A meeting would be convened to discuss the student's concern(s) or the specific issue(s) that was problematic. The results of the alternatives must be documented. The dismissal is subject to review and approval of the school's Principal and Athletic Director.

Theft: The theft infraction includes but is not limited to: Taking articles from any school, restaurants, hotels or locker rooms. This will include the wearing or having possession of unauthorized school equipment or uniforms.

Fighting: Whether on or off campus, includes two or more persons engaged in any violent or physically hostile behavior directed toward each other.

Travel: Students must go to and return from athletic contests or off campus practices by school supplied or designated travel. If a student must travel to or return from a contest or practice with his/her parents, he/she must have his/her parents sign the alternate transportation form. A copy of this form can be obtained in the front office.

When the request is approved, the student may travel to or from a contest or practice with their parent or guardian. Once at the site of the contest or practice, the athlete is not to leave the site without permission of the coach. Students may not sit next to the opposite sex while being transported to or from athletic/extracurricular activities.

Bullying/Harassment: Bullying and or harassment of students is prohibited. Bullying and harassment mean physical or psychological abuse of another student by means of verbal or physical threats, intimidation, insults or other aggressive behavior and includes abuse based upon race, ethnicity, gender, religion or disability. If a student believes that he or she has been harassed or bullied, the student should report the behavior to a teacher, counselor, and school nurse or school administrator. Students who engage in harassment or bullying will be subject to disciplinary and criminal sanctions.

Intimidation: These include a broad range of negative acts that are intended to inflict physical, sexual or psychological harm on another person. The district will neither allow nor tolerate retaliation in any form by any employee, student or others against any complaining employee,

student or corroborating witness. Likewise, students who knowingly submit false reports of intimidation will face consequences.

Hazing: Hazing means forcing a student to risk or suffer physical or mental harm or degradation to join, participate or remain in a school affiliated organization. This includes any intentional or reckless act committed by an individual or group of students, against other students where both the following apply:

- The act was in connection with an initiation into, an affiliation with or membership of a school sponsored athletic team or group;
- The act causes, contributes to, or poses a substantial risk of physical or mental injury or degradation. There shall be no hazing, solicitation to engage in hazing, or aiding and abetting another who is engaged in hazing of any person enrolled, accepted for or promoted to enrollment, or intending to enroll or be promoted to schools within twelve (12) calendar months.

For purposes of this policy a person as specified above shall be considered a “student” until graduation, transfer, promotion or withdrawal from the school. “Hazing” means any intentional, knowing or reckless act committed by a student, whether individually or in concert with other persons, against another student and in which both of the following apply: The act was committed in connection with an initiation into, an affiliation with or the maintenance of membership in any organization that is affiliated with an educational institution. The act contributes to a substantial risk of potential physical injury, mental harm or degradation, or causes physical injury, mental harm or personal degradation.

“Organization” means an athletic team, association, order, society, corps, cooperative, club, or similar group that is affiliated with an education institution and whose membership consists primarily of students enrolled at that educational institution. It is no defense to a violation of this policy if the victim consented or acquiesced to hazing. In accord with statute, violations of this policy do not include either of the following: Customary athletic events, contests or competitions that are sponsored by an education institution or; An activity or conduct that furthers the goals of a legitimate educational curriculum, a legitimate extracurricular program or a legitimate military training program.

Nutritional or Dietary Supplements: Many nutritional/dietary supplements contain substances banned by the NFHS and AIA. In addition, the U.S. Food and Drug Administration does not strictly regulate the supplement industry; therefore, the purity and safety of nutritional/dietary supplements cannot be guaranteed. To avoid violation of this standard, student-athletes and parents should contact the team physician or athletic trainer with questions and/or consult the list of NCAA banned drugs.

Disrespect: At all times, student-athletes are required to comport themselves in a manner respectful of themselves, their team, Mayer High School and its Athletic Department, game officials, opponents, and property. Student-athletes are to refrain from disrespectful conduct such as unsportsmanlike conduct; profane, abusive, demeaning, harassing, threatening or obscene expression; or deliberate damage to equipment or other property. Disrespectful conduct will be reviewed by the Head Coach and Director of Athletics and may result in disciplinary action.

Poor Sportsmanship: Student-athletes at Mayer High School are held accountable to a high standard of ethical conduct in all activities affecting the athletics program, whether as a participant or as a spectator. Unsportsmanlike conduct, as defined by the NFHS, AIA or Mayer High School, will be reviewed by the Director of Athletics and may result in disciplinary action.

Failure to Meet Team Obligations: Student-athletes must complete training requirements; arrive promptly for team practices, meetings, and departures for away contests and other team events; attend team functions; and otherwise fulfill their responsibilities as team members. Absences

must be excused in advance by the Head Coach.

Conduct Unbecoming a MHS Student-Athlete: At all times MHS student-athletes are expected to conduct themselves responsibly within the Athletic Department, campus, and community. Behavior which reflects negatively on themselves, their team, the Athletic Department, or Mayer High School may be grounds for disciplinary action.

III. DUE PROCESS

1. All athletes will have access to the Athletic Code of Conduct and accompanying regulations and penalties by accessing it at <http://www.mayerschools.org/>. The Athletic Code of Conduct and Parental Consent Form is to be signed by the parent/guardian and the student athlete as part of the registration process.

A copy of the signed Consent Form will be kept on file with the athletic department office and may also be accessible through the Final Forms portal.

2. Upon receipt of information regarding a violation of the athletic code, the discipline procedures of the district, district board rules, AIA regulations or a violation of the law, the school official will discuss the matter with the athlete within two school days of the reporting of the incident.

a. The coach and/or athletic director will gather additional information as necessary to make a determination about whether or not a violation has occurred.

1. If the coach determines a violation has occurred, he/she will:

a. Notify the athletic director of the exact nature of the violation.

b. Notify the athlete of the determination of the violation.

c. Notify the parent/guardian of the athlete, giving the exact nature of the violation and the length and conditions of the disciplinary action before it takes effect.

2. If the athlete and/or his/her parents feel that:

a. The athlete was not afforded due process or;

b. The consequences are not consistent with the discipline procedures of the district or the athletic code; they can appeal in writing within five days to the high school athletic director.

3. The parent may appeal the athletic director's decision to the site principal. The principal will then convene a meeting of the parent, coach and athletic director within five days of the parental appeal. The principal will make the final determination on athletic eligibility.

PLEASE PRINT

O I have read the Mayer High School Athletic Code and Parent/Athlete Handbook.

o I understand their contents and agree to abide by the regulations outlined.

o I affirm that I have not violated the Mayer High School Athletic Code. If it is found that I have violated the Mayer High School Athletic prior to signing it, I agree to serve the suspensions outlined.

X _____ X _____
PARENT/GUARDIAN SIGNATURE (DATE) ATHLETE'S SIGNATURE (DATE)