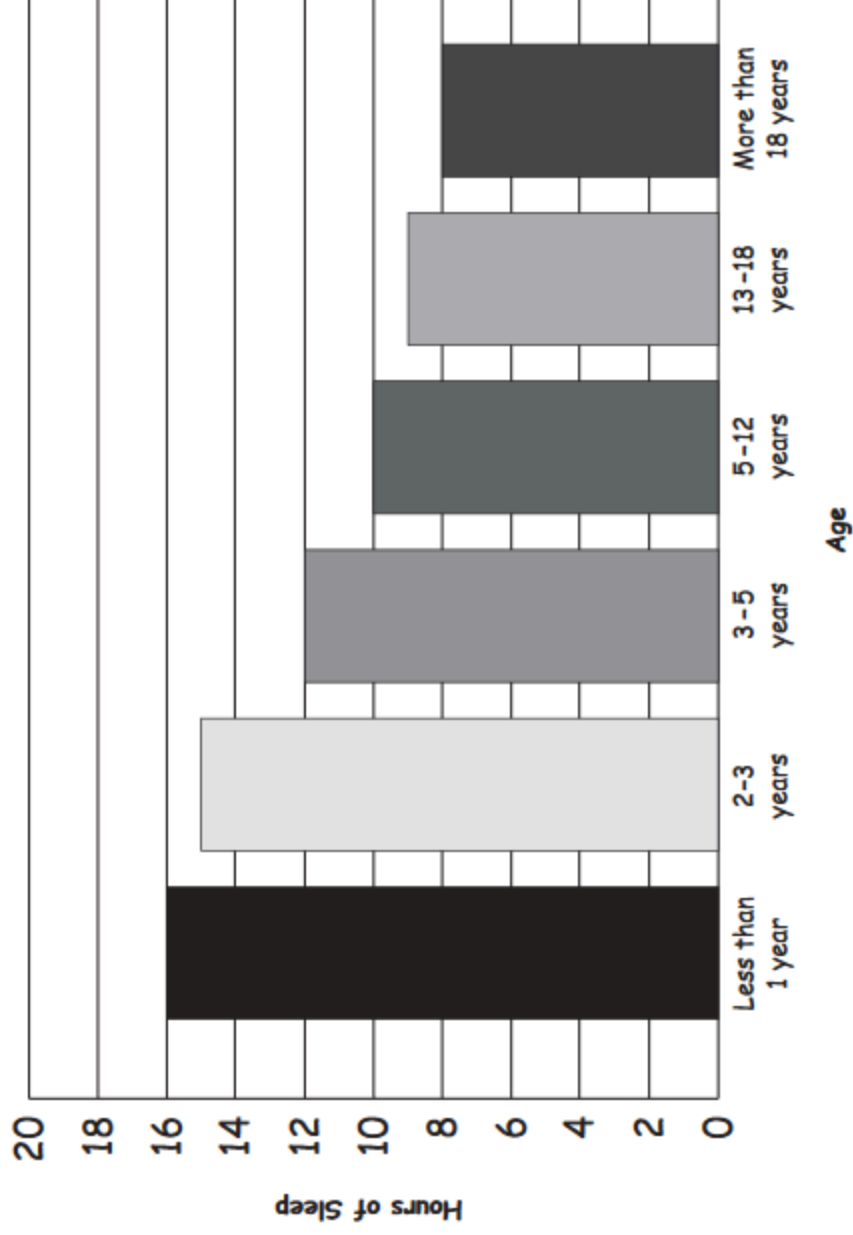


Recommended Hours of Sleep per Night



How Much Sleep Do You Usually Get?

