

Title: Calendar Clutter: The Corporate Cult of Wasted Time

Podcast: The Elephant in the Org

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Hosts: Marion, Cacha, and Danny of the Fearless PX

Theme Music: The Toros

Duration: 33 mins 08 secs

Episode Link: <https://theelephantintheorg.buzzsprout.com>

Episode Overview:

On Episode 13 of "The Elephant in the Org" podcast, titled "Calendar Clutter: The Corporate Cult of Wasted Time," hosts Danny Gluch, Cacha Dora, and Marion Anderson delve into the pervasive issue of excessive meetings in the corporate world. They explore how this 'meeting culture' impacts employee productivity, engagement, and overall workplace satisfaction.

Key Topics Discussed:

- **Excessive Meetings Impact:** Discussion on how an overwhelming number of meetings affect the daily experiences of employees.
- **Culture of Meetings:** Exploring the contradiction of busy calendars being perceived as a badge of honor and its impact on workplace culture.
- **Diverse Approaches to Meetings:** Comparing meeting cultures across different organizations and countries.
- **Redefining Meeting Culture:** Insights from [Chris Dyer's book on remote work](#) and how changing meeting structures can lead to more effective and psychologically safe work environments.
- **Conflict and Accountability in Meetings:** The role of constructive conflict and accountability for better meeting outcomes.
- **The Importance of Non-Work-Related Meetings:** Discussing the significance of informal interactions in remote work settings for building personal connections and employee satisfaction.

Conclusion: This episode highlights the complex and often overlooked issue of excessive meetings in corporate culture. It highlights the need for a strategic and thoughtful approach to scheduling and conducting meetings, emphasizing the importance of personal connections and psychological safety in the workplace.

Upcoming Episodes: Stay tuned for future episodes where we explore more in-depth discussions on corporate culture, employee engagement, and effective workplace strategies.

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Music Credits: Opening and closing theme by The Toros.

Production Credits: Produced by The Fearless PX, Edited by Marion Anderson

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