

# **SJA CC @ Black River JB Firestone**

**Saturday, September 21, 2019**

6:40 – varsity leave SJA to hop van for Hinckley

8:45 – varsity leave Hinckley for Black River

7:30 – bus leaves SJA (be sure you get some GOOD calories this morning!)

9:10 – begin warm-up

10:00 – girls HS race (all available runners)

10:45 – warm-down

11:00 – post race team meeting

11:30 – leave for SJA

12:15-12:30 – arrive at SJA

N/A – Cmolik (out of town), Lenehan, Rudolph, Owens, Koeth, Becker

Not running – Allen, Keim, Musser, Conway, Hrubby, Blouch

**Black River HS** - 233 Co Rd 40, Sullivan, OH 44880

About 50 min drive from SJA

Note: McGlynn getting a ride with her mom. Due to arrive around 8:30