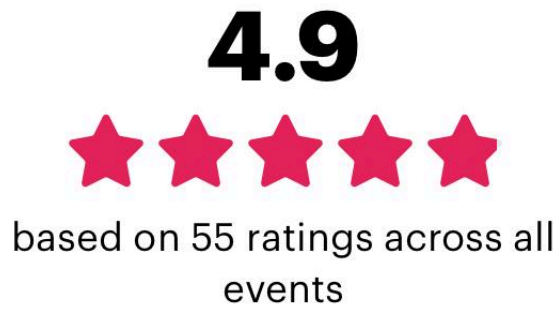


## Sammi Sadicario Testimonials

### Average event rating

This can only be viewed by the Organizer & Leadership Team members





Trisha Hendrickson  
5 reviews



★★★★★ a week ago

Sammi is not only beautiful on the outside, but more importantly on the inside. She pours her heart into what she is doing and the people/businesses/non-profits she is helping. HIGHLY RECOMMEND.



Press and hold to react

← Reply



Melissa Ferrell  
3 reviews

★★★★★ 3 days ago

Sammi Sadicario's trainings on Empowered Presentations and Owning the Zoom Room were incredibly engaging for our team, providing us with tools to build stronger client relationships and foster a culture of intentional, effective communication. Her fun, dynamic approach gave us practical tools and a shared vocabulary for strong communication that we've already put into use and look forward to continuing to hone.

[Less](#)

## **Event Emcee**

- Over \$30,000 raised in one night for *Back to School Extravaganza*
- Two years as a cruise director, working with thousands of audience members and selling from the stage
- Five years as a public speaking coach and keynote speaker
- Twenty-two years of stage experience
- Four years of digital marketing experience, consulting brands in how to effectively communicate and win over their audience through social media, email, books, video, podcasts, and speeches

## **Public Speaking Public Practice and Communication Workshops**



**Lorena Castillo, Esq.** · 1st

Lead Immigration Attorney

October 17, 2024, Lorena was Sammi's client

I never realized how much I needed a speech coach until my first session with Sammi. As an immigration attorney leading a team of paralegals, I speak to my clients and staff every day. However, I used to be a shy, reserved person who lacked confidence when it came to commanding attention and expressing myself. Sammi changed all of that. She taught me how to take control of a room and speak with authority. Thanks to her sessions, I've gained confidence—not just in my speech, but in myself. I'm no longer afraid to take up space and speak up. Before working with her, I would avoid networking events due to my shyness and anxiety, but recently, I attended one and introduced myself to new people. For someone like me, that was a huge milestone.

One of the most impactful lessons Sammi taught me was how to control my breathing. It sounds simple, but it was everything. If you can control your breath, you can control the moment—and with that, anything is possible.

I'm forever grateful for Sammi's guidance and can't wait to continue growing as an attorney with the skills she's helped me develop.



**Tristyn Leos**  · 1st

Launching tech products quicker & more affordably than ever before

November 13, 2024, Tristyn was Sammi's client

I recently attended one of Sammi's voice and communication workshops, and I was immediately impressed by her unique blend of performance art and practical business application. What sets her apart is how she combines vocal science with actionable techniques for professional communication.

During the session, Sammi demonstrated an exceptional ability to break down complex vocal concepts into clear, implementable strategies. Her background in musical theatre and personal development creates an engaging learning environment that keeps participants both entertained and educated.

What particularly stood out was her emphasis on authentic communication and how voice can impact leadership presence. Her approach isn't just about speaking better - it's about building confidence and authority in any professional setting.

I would highly recommend Sammi to any professional or organization looking to enhance their communication skills and develop a more powerful presence in their field.

### **How would you describe this talk to a friend or colleague?**

The class is highly recommended. I consider myself to be an above average public speaker. However, this class opened my eyes to a far reaching tool, one's voice. The instructor knows her material and comes with a cause to awaken others to the power of their voice. Great inter-active workshop where everyone in the class becomes one with each other.

### **Anything else to add?**

Did you notice not one person left early?



Shane A  
7 reviews



2 days ago

NEW

Sammi is legit. I took one of her classes at the Capitol factory and learned so much. I'll definitely be back!

**How would you describe this talk to a friend or colleague?**

You HAVE to empower yourself and DO THIS! I didn't know what to expect and what I would get out of it, but I got a whole lot more than I thought. I am interested in doing future seminars with my husband. Please send me any information you have on something that the two of us could get into!

**Anything else to add?**

This was a lot of fun Sammi... I was sad when it was over.

**How would you describe this talk to a friend or colleague?**

This session was very informative on how to use your voice to be a better communicator in all aspects of your life. Very valuable information!

**How would you describe this talk to a friend or colleague?**

Definitely a unique take on how to communicate with the world more effectively and also how you are perceived.

**Anything else to add?**

Keep telling your story!



Ian Padhye  
1 review



★★★★★ 2 days ago **NEW**

Awesome. Felt a real high at this class. And love watching others leave with more confidence and friendliness than we went in



tahir h  
Local Guide · 77 reviews · 49 photos



★★★★★ 4 weeks ago

What separates Ms Sammi Sadicario from all other public speaking and voice coaches is she is an accomplished and talented singer with a beautiful voice and a lovely and caring personality. She gives her clients the confidence, the voice exercises, all the secrets to get up in front of a crowd and speak with conviction and confidence. Sammi goes into great detail breaking down techniques and different styles simplifying the process. Even if you're an introvert, she will challenge you to be the best version of yourself. I got up and played music 🎵 in front of strangers, and I loved it. I got such a high. If it wasn't for Sammi I wouldn't have challenged myself. I recommend Ms Sammi Sadicario and fully stand behind her a top notch first class public speaking and voice coach.



Elizabeth Nguyen  
**Public Speaking Playful Practice**

★★★★★ January 16, 2025

The host was amazing, informative and . Even though it was just hours, I found it ful. I would attend this class in the future!

Was as described

Engaging

Made an impact

Inclusive attendees

Met new people

Good setting

I felt safe

Welcoming host

...



**Charlie Dominguez**

**Public Speaking Playful Practice**

★★★★★ January 15, 2025

Not one person/attendee left the event early . The instructor has a true gift in her instruction and knowledge. Highly highly recommend that even if you think your public speaking is above avg., still attend this eye-opening, Voice centric class.

Was as described

Engaging

Made an impact

Inclusive attendees

Met new people

Good setting

Punctual start

I felt safe

Welcoming host

...



**Marcos**

**Public Speaking Playful Practice**

★★★★★ January 14, 2025

Speaker was amazing! Learned so much from her

Was as described

Engaging

Made an impact

Inclusive attendees

Met new people

Good setting

Punctual start

I felt safe

Welcoming host



The past class you mentioned that speaking up and using our voice comes from feeling safe in our mind and body. Joe, my husband and I realized that before we haven't felt safe until we realized. He had a sore throat for a few days after class. It's wild to see how does the body manifest stuck emotions. I completely share the vision on helping people feel safe and can use their voices. Keep it up!!



**Casey Shartrand**

Public Speaking Playful Practice

★★★★★ January 15, 2025

Super inspiring

Was as described

Engaging

Made an impact

Inclusive attendees

Met new people

Good setting

Punctual start

I felt safe

Welcoming host

...

### **Testimonial from Daria Davanova**

I attended an awesome event called Public Speaking Playful Practice. Events like this always take me far out of my comfort zone, and to top it off, the announcement mentioned that everyone would have to get up, grab the mic, and deliver a message to the audience. But as I sat in my car in the parking lot, I talked myself into a positive mindset. Maybe in future posts, I'll share my tips for staying calm in such situations.

When I walked in and grabbed a seat in the back row, I met the amazing [Sammi Sadicario](#). After saying hi, I immediately blurted out that English is my second language and I probably wouldn't be able to say much (total lie!). I guess I thought she might go easy on me and let me skip the stage part. 😊

Sammi's presentation was absolutely inspiring. She started with personal stories—both failures and successes—backed them up with scientific facts (I'm now really curious to learn more about the Vagus Nerve), and introduced her own voice techniques. I won't spill all the details about Sammi's unique voice techniques here; you should totally hear it straight from Sammi herself!

After the theoretical part, we split into small groups. Each group had to come up with a story on a given topic while practicing different speaking techniques. Finally, it was time for

the open mic session. The host gave us a simple topic: “What did you eat for breakfast today?” The main goal was to set a personal objective (like making the audience laugh) and try to achieve it. I was lucky to go near the end, which gave me more time to observe others. After watching six speakers, I thought, “This isn’t fair, they’re all so polished on stage—how can I possibly measure up?” But then I realized that behind every great performance is hard work and determination. I felt proud of all of us.

Most people chose to add humor to their speeches, which isn’t a bad thing at all. Humor is a great tool to face fears head-on. Being funny and relatable disarms any audience—although this one was already incredibly supportive and friendly.

When my turn came, I faced my fears, stepped onto the stage, and even cracked a joke—and people actually laughed! My inner Mrs. Maisel was squealing with excitement! That one little moment meant so much to me. Honestly, I can’t even remember where I was looking during my speech—it felt like there was a gray blur in front of me. Maybe that was my brain’s way of protecting me from the stress.

This event was a huge milestone for me. I learned so much, reminded myself that people are generally kind, gained more confidence, and took a small but significant step toward conquering my fear of public speaking and language barriers. A big thanks to everyone who supported me before, during, and after my minute on stage! ✨✨✨ - Public Speaking Class Participant

### **Various Testimonials**

- “I am a paralegal at a law firm and train a lot of legal assistants. This training provided useful advice on communication, this can benefit inter-office with coworkers/bosses, interacting with clients, and personal/home life. I loved Sammi’s energy and confidence!”
- Invaluable. Definitely a presentation that I want to go back and watch again.
- This Teacher knows about communication skills
- Great seminar and love all the information
- Informative; engaging
- Key note speaker empowering your voice for clarity and wins
- High energy! Positive!
- Sammi’s presentation was engaging and fun! The session sparked great conversation and Sammi provided actionable steps we can take to become more direct with our words. The topic was very relevant to our group. I left the presentation inspired. Sammi is very relatable and she exudes confidence and genuine passion for what she does.
- “Sammi’s seminar provided invaluable communication strategies. The advice was practical and beneficial for both professional and personal interactions. I can’t think of anything missing. It was very helpful! Thank you!”
- “The session was incredibly informative and engaging. Sammi’s expertise and energy made the presentation memorable.”

- “A highly relevant and inspiring presentation. Sammi’s confidence and passion were evident throughout, sparking meaningful conversations.”
- “The seminar offered great actionable steps for improving communication. Sammi’s relatability and enthusiasm made it a standout experience.”
- “I wrote all of the experiences plaguing me down, and left them on the paper feeling like I lifted the heaviest weight on my back. I find myself much kinder to myself, I have set firm boundaries with her and they’ve made me gain control of our relationship. Telling these stories out loud to ourselves helps put things in an outward perspective that allows you to find the solution to the problem. It’s genius, and I’m beyond grateful for your wisdom. Thank you so much. Please keep healing others, it’s your greatest gift.” - Client, Business Owner
- Sammi has been an incredible force in my life. Her guidance helped me find and activate my authentic voice, leading to clearer and more empowered communication in every area of my life. I feel more aligned with my purpose than ever before. With her help, I gained a deeper understanding of my human design, enabling better alignment with my life and business strategies. I highly recommend her to other visionary leaders looking to level up their voice and communication. Thank you Sammi, for you invaluable guidance!
- “If you want your event to be an absolutely unforgettable experience, Sammi is your gal. She is empowering, relatable, and an absolute professional. She will ensure that your event is smooth, memorable, and energetic so that the people who are paying are paying attention. Sammi loves people, she always made guests and audience members feel welcome!” - Jordan, Manager at AQSC
- “I never realized how much I needed a speech coach until my first session with Sammi. As an immigration attorney leading a team of paralegals, I speak to my clients and staff every day. However, I used to be a shy, reserved person who lacked confidence when it came to commanding attention and expressing myself. Sammi changed all of that. She taught me how to take control of a room and speak with authority. Thanks to her sessions, I’ve gained confidence—not just in my speech, but in myself. I’m no longer afraid to take up space and speak up. Before working with her, I would avoid networking events due to my shyness and anxiety, but recently, I attended one and introduced myself to new people. For someone like me, that was a huge milestone. One of the most impactful lessons Sammi taught me was how to control my breathing. It sounds simple, but it was everything. If you can control your breath, you can control the moment—and with that, anything is possible. I’m forever grateful for Sammi’s guidance and can’t wait to continue growing as an attorney with the skills she’s helped me develop.” - Lorena, Attorney
- “The week before we started, we were struggling to close cases. The week after, we opened 20 new ones. Like magic! We also saved \$10,000 in a possible client fall off. Our team has a new buy-in on how to communicate with clients more effectively, they’re more confident, and it’s improved our overall team productivity. All from implementing these simple communication strategies. Highly recommend it!” - Jorge Molina, Attorney