

Health



Teacher Phone Number



Teacher Twitter Account



Teacher Email Address



Teacher Office Location

Health is a class that is designed to be educational, thought provoking, and inspiring.
This class is a safe environment built upon mutual respect.

Course Description:

Students will learn about basic levels of health involving skills, knowledge, practices, and attitudes to maintain an optimal level of personal wellness. Students will demonstrate a basic knowledge of health skills including: Decision making, communication, and refusal skills, in order to assist them in making informed choices throughout their lifetime.

What You'll Need to be Successful:

- A notebook
- A writing utensil
- A folder dedicated to only Health Class
- A planner, or way to keep track of assignments
- Access to the Prentice Hall Health Textbook



Classroom Policies/Expectations:

- Always come to class prepared with your homework completed.
 - Assignments that are turned in late will be marked off 50%.
 - They must be turned in prior to the last day of the unit to receive half credit.
- Listen attentively and have mutual respect for others.
- Be respectful of your classmates' opinions and experiences, we're all writing our own story.
- Please be in class on time. Tardiness will be handled via the school policy.
- Take notes on all materials and participate during discussion and activities.
- Food and drink ARE allowed in the classroom as long as it is not a distraction to others and all garbage is cleaned up. (Peanut free please)
- Cell phones and headphones are to be put away during instructional time. Any appropriate timing of cell phone/music use will be determined by the teacher.

What You Can Expect From Me:

- I will vary class activities and discussions to meet the needs and desires of my students.
- I will promote a positive learning environment through discussion, activities, and respect for my students' opinions and experiences.
- I will be available to my students to provide extra help or support and clarify topics taught in class.

Unacceptable Behavior/Lack of Mutual Respect:

- Warning (individual or whole class)
- E-mail or phone call home with the possibility of detention
- Referral

Grading Scale:

A	90-100%
B	80-90%
C	70-80%
D	60-70%
F	50-60%

Units of Study:

Introduction to Wellness
Body Systems
Mental/Emotional Health
Alcohol, Tobacco & Other Drugs
Reproduction
Nutrition

	% of Grade	Description
Final Exam	10%	Cumulative final, no notes/study guides can be used during the final exam.
Unit Assessments	60%	Unit tests/quizzes to demonstrate the mastery of the material.
Journals	25%	In-class or out-of-class journals intended to demonstrate application or reflection of the content.
Homework	5%	Instructional assignments assigned specifically to be completed out-of-class.



It's the student's responsibility to make up any work that is miss. For authorized absences, the student is allowed the number of days absent to make up any assignments. For unauthorized absences, it is up to the discretion of the teacher to decide whether that work can be made up or not.