



GROTON-DUNSTABLE REGIONAL MIDDLE SCHOOL

344/346 Main Street • Groton, Massachusetts 01450

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Wendy Salvatore, Principal
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Physical Exam and Immunization Requirements

March 2025

This letter is a reminder that the school health office needs a copy of your child's most recent immunizations which are required for entry to seventh grade. The MA Department of Public Health has mandated that students entering seventh grade be up to date on their immunizations.

The following immunizations are required for 7th grade entry:

- 2 doses of MMR vaccine
- 2 doses of Varicella vaccine or physician-certified history of chicken pox disease
- 1 dose Tdap
- 1 dose of meningococcal conjugate vaccine (MCV4)

Many children have already had these immunizations and the school nurse only needs documentation of them. Please check your child's last physical exam or phone your child's pediatrician to see if they have had them.

Please understand that your child may be excluded from school attendance as a 7th grader at GDRMS if the immunizations are not up to date and/or the record of them has not been provided to the health office.

Please submit this information prior to the first day of school. Immunizations can be scanned and emailed to the nurse, faxed to the school, or a copy can be dropped off in the main office over the summer. Pediatricians may also fax immunizations to the school nurse. If you choose to send your child's immunizations through the mail, please email the nurse to be sure it was received. We appreciate your cooperation in this matter.

Your School Nurse also needs a copy of your students 7th grade physical. Please send in a copy of your child's physical exam dated on or after January 1, 2023. These exams will satisfy the 7th grade physical exam requirement. The physical exam should be completed when it is due (on or after birthday). The physical exam does not need to be completed over the summer if their birthday is in the fall/winter.

Sincerely,

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