



McCaffrey Volleyball Information

2026-2027

7th Grade Girls Tryouts: GYM

Aug. 24 & 25 3:15-4:30pm

8th Grade Girls Tryouts: GYM

Aug. 24 & 25 4:45-6:00pm

- Athletes who wish to participate in McCaffrey athletics must complete all sports permission forms (including a medical sports physical dated May 1, 2026 or later) and return completed forms to the school office no later than Aug. 21 at 4pm. Students are not allowed to participate in after school athletics without completing sports permission forms. Forms can be found on our school or district websites or using the following QR Code:



- Players must attend **BOTH DAYS** of tryouts
- Tryouts are for players only. Parents and friends please wait outside.
- Team rosters will be posted in the office window on Wed., Aug. 26 at 8:00am.
- **Mandatory Parent/Player Meeting: Mon., Aug. 31 at 5:00pm in the GYM.**
- Seasons run from Aug. 31-Oct. 8
- Games will be played on Tues & Thurs at McCaffrey and/or various Elk Grove Middle Schools beginning Sept.10 (parents provide transportation)
- Game times: 4:15pm or 5:15pm

7th Grade Coach: Allison Camacho

8th Grade Coach: Carlie McCormick

PRACTICES: Begin Mon., Aug. 31

7th Grade: 8/31-9/9: M, T, Th 3:15-4:45pm and Wednesdays 1:30-3:00pm (no practice on 9/7, 9/8)
9/14-10/8: Mondays 3:15-4:45pm and Wednesdays 1:30-3:00pm

8th Grade: 8/31-9/9: M, T, Th 5:30-7:00pm (no practice on 9/3, 9/7, 9/8)
9/14-10/8: Mondays 5:30-7:00pm

McCaffrey Athletic Director: Heather Nelson hnelson@galt.k12.ca.us