WEEK 2 - 28 Days To A Client

THE MASTER WAR MODE DAY PLAN + REPORT

V / X	U+I Of Task	Task List For The Day - Fill In ALL 20!
1. 🔽/🗙	Q1 ·	Worship god 4 times
2. 🔽/🗙	Q1 ·	90-minute deep work sessions 5-10 minute breaks in between
3. 🔽/🗙	Q1 ·	Research 3 prospects pains/desires us e chat gpt to help
4. 🔽/×	Q1 ·	Break down/review copy from Hu and swipe file
5. 🔽/🗙	Q1 ·	Practice copywriting skills
6. ☑ / ×	Q1 ·	200 pushups a day
7. 🔽/🗙	Q1 ·	Take Arno's business lessons and Andrews's mind/ creativity lessons
8. 7 / X	Q1 ·	Write free value for prospects
9. 🔽/×	Q1 ·	Morning power-up call take notes
10. 🔽/🗙	Q1 ·	Stay hydrated
11. 🔽/🔀	Q1 ·	Eat healthy meals
12. V /X	Q1 ·	Find 3 good prospects
13. 🔽/🔀	Q1 ·	Send out 3 outreaches before you sned them out sit down and analyze why thother ones di not get a response and use chat gpt to help give you an idea
14. 🔽/🗙	Q2 ·	Take a cold shower
15. 🔽/🗙	Q2 ·	Help mom dotn disrepect her
16. 🔽/🗙	Q4 ·	Go for a run
17. 🔽/🗙	Q1 ·	Sell candy at school
18. 🔽/🗙	Q4 ·	Do moring and night routine
19. 🔽/🗙	Q4 ·	Make my bed
20. 🔽/🗙	Q4 ·	Find more clients at school to sign a contract for candy

	TODAY NUMBER + DATE + TIME
Day Number:	9
Date:	March 21,2023
Start Time:	6 am

	🙏 3 Things That I Am Grateful To Have In My Life 🙏
1.	My mom
2.	My family
3.	The professors captains and students in HU

1.	Worship god 4 times
2.	Send out outreaches
3.	200 pushups



[Plan+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
A Intention:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/Reflection:	/ Reflection = Did I Complete This Task For This Hour? If Not. Then Why?



◎What Do I Plan To Accomplish This Morning?◎		
The arno and andrew extra courses worship god 4 times and take a cod shower		
⊚What Is The Main Goal For This Morning?⊚		
Do Arno's business course and andrews mind and creativity course and do 100 pushups also watch morning power up call in a 60 minute deep work session		

Phow Will I Start My Morning With Power?

Take a cold shower and do 100 pushups

(Delete Any Boxes Below
That Are Before The Time
That You Start Your Day +
After The End OF Your
Day In Your Own Copy)

			_
			_
-			-
-			_
6 am: Task	\$	Wake up do morning routine and Do Arno's business course and andrew creativity course and do 100 pushups also watch morning power up cal minute deep work session	
Intention		Improve marketing IQ	
Reflection		Failed	
-			_
7 am: Task	\$ _	Eat a good breakfast go to school and sell candy at school	
Intention		Need to fuel my body	
		Failed	
Reflection		· ·	
	<u> </u>	Need to fuel my body	

©END-OF-THE-MORNING REPORT

what but Learn inis morning:			
That it is going to take a little to get used to waking up at 6 am			

	XWhat Problem's Did I Face This Morning?X	
Being lazy and	tired	
	Phow Will I Solve These Problems For This Afternoon?	
Go to sleep ear	lier cause your health is your wealth and do it in the afternoon	
	MY AFTERNOON WAR PLAN	
	What Do I Plan To Accomplish This Afternoon?	
Send outreach	es find prospects and do 200 pushups	
	⊚What Is The Main Goal For This Afternoon?⊚	
Send outreach	es	
	→ How Will I Start My Afternoon With Power? →	
Do some pushu	ups	
3:48 pm: Task \$	Get home and do afternoon routine	
Intention 🔔	Alwasy have to do this	

Reflection /	
4 pm: Task \$	Start 60 minute deep work session on Breaking down and reviewing copy from HU and swipe file 5-10 minute breaks do 50 pushups and watch morning power up call
Intention 🔔	Need to know how to breakodwn copy
Reflection /	Done
	-
5 pm: Task \$	Practice copy for 30 minutes for today we practice PAS emails for a popular website do 50 pushups
Intention 🔔	Need to practice skills to get better
Reflection /	Done
	T
5:30 pm: Task \$	Find 3 good prospects use chat gpt to help find do 50 pushups
Intention 🔔	
Reflection /	Done
	1
6 pm: Task \$	Do Arno's business course and andrews mind and creativity course and do 100 pushups also watch morning power up call in a 60 minute deep work session

Intention 🔔

Improve marketing IQ

Reflection /	Done
7 pm: Task \$	Start another 60-minute deep work session. Write free value and send out 2 outreaches for prospects Use chat GPT to write blogs, youtube video scripts and Instagram scripts just any
	free value and before you send outreach Use chat gpt to find ways to improve and make sure it
	is unique and sounds good do sit down and analyze it before you send it always use youtube if you can for compliments also send a 2 follow-ups
	Send 2 quality emails also do 50 pushups
Intention 🔔	Need to outreach to try and get client
Reflection /	Done
8 pm: Task \$	Read the bible and pray also post on all social platforms
Intention 🔔	Need to get commissions form hu
Reflection /	Also doe
9 pm: Task \$	Review what i did today and review outreaches also eat dinner and take out
Intention 🔔	Need to refuel body
Reflection /	

10 pm: Task \$	Night time routine and sleep
Intention 🔔	Need t refuel body
Reflection /	
	End-Of-The-Day Report:
	What Did I Learn Today?
	XWhat Problems Did I Face In The Day?X
	→ How Will I Solve These Problems Tomorrow? →
	What Do I Plan To Do Differently Tomorrow? NEW

♦ What Do I Plan To Do The Same Tomorrow?
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧

Brain Dump: