










WEEK 2 - 28 Days To A Client

THE MASTER WAR MODE DAY PLAN + REPORT







✓/✗	U+I Of Task	Task List For The Day - Fill In ALL 20!
1. ✓/✗	Q1 ▾	Worship god 4 times
2. ✓/✗	Q1 ▾	90-minute deep work sessions 5-10 minute breaks in between
3. ✓/✗	Q1 ▾	Research 3 prospects pains/desires use chat gpt to help
4. ✓/✗	Q1 ▾	Break down/review copy from Hu and swipe file
5. ✓/✗	Q1 ▾	Practice copywriting skills
6. ✓/✗	Q1 ▾	200 pushups a day
7. ✓/✗	Q1 ▾	Take Arno's business lessons and Andrews's mind/ creativity lessons
8. ✓/✗	Q1 ▾	Write free value for prospects
9. ✓/✗	Q1 ▾	Morning power-up call take notes
10. ✓/✗	Q1 ▾	Stay hydrated
11. ✓/✗	Q1 ▾	Eat healthy meals
12. ✓/✗	Q1 ▾	Find 3 good prospects
13. ✓/✗	Q1 ▾	Send out 3 outreaches before you send them out sit down and analyze why the other ones did not get a response and use chat gpt to help give you an idea
14. ✓/✗	Q2 ▾	Take a cold shower
15. ✓/✗	Q2 ▾	Help mom don't disrespect her
16. ✓/✗	Q4 ▾	Go for a run
17. ✓/✗	Q1 ▾	Sell candy at school
18. ✓/✗	Q4 ▾	Do morning and night routine
19. ✓/✗	Q4 ▾	Make my bed
20. ✓/✗	Q4 ▾	Find more clients at school to sign a contract for candy

	 DAY NUMBER + DATE + TIME 
Day Number:	9
Date:	March 21,2023
Start Time:	6 am

	 3 Things That I Am Grateful To Have In My Life 
1.	My mom
2.	My family
3.	The professors captains and students in HU

	 My Top 3 Priority Tasks That MUST Be Completed 
1.	Worship god 4 times
2.	Send out outreaches
3.	200 pushups

Hour-By-Hour Tracking: **[Plan+Measure=Improve]**

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

MY MORNING WAR PLAN

 **What Do I Plan To Accomplish This Morning?** 

The arno and andrew extra courses worship god 4 times and take a cod shower

 **What Is The Main Goal For This Morning?** 

Do Arno's business course and andrews mind and creativity course and do 100 pushups also watch morning power up call in a 60 minute deep work session

 **How Will I Start My Morning With Power?** 

Take a cold shower and do 100 pushups

**(Delete Any Boxes Below
That Are Before The Time
That You Start Your Day +
After The End OF Your
Day In Your Own Copy)**

6 am: Task 💰	Wake up do morning routine and Do Arno's business course and andrews mind and creativity course and do 100 pushups also watch morning power up call in a 60 minute deep work session
Intention 🔔	Improve marketing IQ
Reflection ✍️	Failed

7 am: Task 💰	Eat a good breakfast go to school and sell candy at school
Intention 🔔	Need to fuel my body
Reflection ✍️	Failed

END-OF-THE-MORNING REPORT

🧠 What Did I Learn This Morning? 🧠
That it is going to take a little to get used to waking up at 6 am

✗What Problem's Did I Face This Morning?✗

Being lazy and tired

🔑How Will I Solve These Problems For This Afternoon?🔑

Go to sleep earlier cause your health is your wealth and do it in the afternoon

🏹MY AFTERNOON WAR PLAN🏹

🧠What Do I Plan To Accomplish This Afternoon?🧠

Send outreaches find prospects and do 200 pushups

🎯What Is The Main Goal For This Afternoon?🎯



Send outreaches



🔑How Will I Start My Afternoon With Power?🔑



Do some pushups

3:48 pm: Task 💰	Get home and do afternoon routine
Intention 🔔	Alwasy have to do this

Reflection 	
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4 pm: Task \$	Start 60 minute deep work session on Breaking down and reviewing copy from HU and swipe file 5-10 minute breaks do 50 pushups and watch morning power up call
Intention 	Need to know how to breakodwn copy
Reflection 	Done




5 pm: Task \$	Practice copy for 30 minutes for today we practice PAS emails for a popular website do 50 pushups
Intention 	Need to practice skills to get better
Reflection 	Done




5:30 pm: Task \$	Find 3 good prospects use chat gpt to help find do 50 pushups
Intention 	
Reflection 	Done

6 pm: Task \$	Do Arno's business course and andrews mind and creativity course and do 100 pushups also watch morning power up call in a 60 minute deep work session
Intention 	Improve marketing IQ

Reflection 	Done
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7 pm: Task 	<p>Start another 60-minute deep work session. Write free value and send out 2 outreaches for prospects</p> <p>Use chat GPT to write blogs, youtube video scripts and Instagram scripts just any free value and before you send outreach Use chat gpt to find ways to improve and make sure it</p> <p>is unique and sounds good do sit down and analyze it before you send it always use youtube if you can for compliments also send a 2 follow-ups</p> <p>Send 2 quality emails also do 50 pushups</p>
Intention 	Need to outreach to try and get client
Reflection 	Done

8 pm: Task 	Read the bible and pray also post on all social platforms
Intention 	Need to get commissions form hu
Reflection 	Also doe

9 pm: Task 	Review what i did today and review outreaches also eat dinner and take out
Intention 	Need to refuel body
Reflection 	

10 pm: Task 💰	Night time routine and sleep
Intention 🔔	Need t refuel body
Reflection ✍️	

End-Of-The-Day Report:

🧠 **What Did I Learn Today?** 🧠

✗ **What Problems Did I Face In The Day?** ✗

🔑 **How Will I Solve These Problems Tomorrow?** 🔑

NEW **What Do I Plan To Do Differently Tomorrow?** NEW

 **What Do I Plan To Do The Same Tomorrow?** 

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

 **What Tasks Were Left Undone?** 

Brain Dump: