

## Zazenkai Schedule

7:55-8:30am	Healing Dedication/Gatha of Atonement/Zazen	
8:30-8:40	Kinhin	
8:40-9:10	Teisho/Zazen	
9:10-9:20	Kinhin	
9:20-9:50	Zazen	Daisan
9:50-10:10	<b>Rest</b>	
10:10 -10:40	Chanting/Zazen	
10:40-10:50	Kinhin	
10:50-11:20	Zazen	Daisan
11:20-11:30	Kinhin	
11:30-12:00pm	Zazen	Daisan
12:00-12:10	Kinhin	
12:10-12:40	Zazen/Great Vows	Daisan
12:40-1:00	Clean up	