

Student Health Advisory Council (SHAC)
November 9, 2023

Title IV Part A Information with Dr. Manuel Gonzales

Federal grant funding is available to help and ensure healthy and safe schools. Possible uses for these funds were discussed. We previously used these funds to provide a parent education program on sex trafficking as well as a staff wellness program. Overall there is \$60,000 for this grant funds available. Some of this money is already allocated.

Fentanyl Information with William Solari

Fentanyl is a powerful and addictive synthetic opioid. It is cheap to produce. A small amount of Fentanyl can be fatal (drug poisoning). Statistics were shared. Fake Adderall, Percocet and Xanax often contain Fentanyl. You should never take a prescription pill from anyplace other than a doctor or pharmacist. Frisco ISD has warning posters in all secondary schools. Red Ribbon Week has lessons related to the dangers of using drugs. FISD also has specific lessons for middle and high school students on the dangers of Fentanyl. We also hosted a Town Hall event in collaboration with the City of Frisco and the Frisco PD. All campuses have Narcan in their clinics. Texas Education Code 38.040. requires schools to find a researched based curriculum on the dangers of opioids, addiction and abuse of opioids.

Subcommittee Share Out

- **Counseling and Psychological Services -**
 - This subcommittee is working to find a research based curriculum required by House Bill 38.040 (curriculum related to Fentanyl).
- **Health Services and Employee Wellness**
 - October was breast cancer awareness month
 - November is "Movember". Staff Turkey Trot set for Nov. 17.
- **Family Engagement and Community Wellness**
 - Health Fair planning is underway. Memorial High School is the preferred location. March 23rd and April 6th are being considered as dates.
- **Health Education, Physical Activity, Education and Nutrition**
 - This committee is working on Child Nutrition menus for athletes that will support performance.
 - Child Nutrition is also planning to have a booth at the Health Fair to advertise their services. They plan to serve food samples and get feedback from attendees.

Subcommittee work time was provided.