



## **COSMYC+: Core Outcome Set and Study Design for clinical trials of Myopia treatments in Children and young people**

**Short title:** COSMYC+: Core Outcome Set for Myopia trials in Children & young people

### **Information Sheet for children age 5-7 years**

We are asking whether you would like to take part in a research study.

Please have a look at this leaflet to see what this is about. Ask your parents or the researchers any questions.



### **Who is doing this research?**

A team of researchers from University College London and other universities are running this research.

### **What is research? Why is this project being done?**

Research is a way to find answers to an important question. Our question is how researchers should test new treatments for myopia (short-sightedness) in children and young people.

People with short-sightedness need glasses to see clearly in the distance, but they can see things close-up without glasses. Usually the short-sightedness gets worse over time, and you need stronger glasses every year. **We want to find out what you think about new treatments for myopia.**



### **Why have I been asked to take part?**

We would like to ask you to take part, because you have short-sightedness, and because at your age, the short-sightedness tends to get worse every year. We will ask 30 children to take part.



### **Did anyone else check the study is ok to do?**

Before any research is allowed to go ahead, it is checked by a group of people to make sure the research does not do any harm to the children who take part. They are called the “ethics committee”. This study has been checked by an Ethics Committee for Health Research.

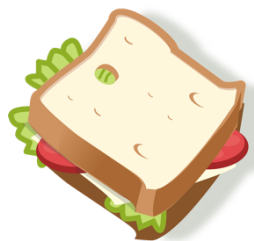
### **Do I have to take part?**

No, you don't. It is your choice whether you want to take part. **Even if you agree now, you can change your mind later.** Nobody will mind.

If you do decide to take part, we will ask you to sign a form to say that you are happy to go ahead.

### **What will happen to me if I take part?**

Once we have checked that you are happy to take part, and you and your parent/caregiver have signed a form, we will invite you to join up to five meetings with other children and parents to talk about myopia and research. We will do activities to find out what you think is most important. We will record what you say as an audiorecording (no images or video), so we can check and write down later what you said.



The chat may take up to 2 hours, and we will give you something to eat and drink if get you hungry or thirsty.

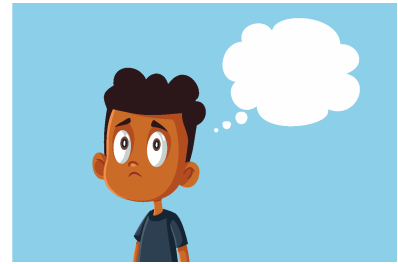
### **Will taking part help me? Will I get anything?**

Taking part will not help you, but it might help other children in the future.

To say thank you for taking part and for your time, we will give you a shopping voucher for £25 at the end of the focus group and at the end of the final meeting.

### **Will anything about the research upset me?**

Nothing in this project should upset you, but if you worry about something, please tell your parent/caregiver about it, and they will tell the researchers, so we can figure out together what can be done.



### **What happens if something goes wrong?**

If there is a problem, please talk to your parents or carer, or any of the researchers.

### **What happens when the research study stops?**

We will tell children, parents and doctors and other people about the study and what we have found. But we will not tell anyone your name; nobody will know that you have taken part.



**Will my information be kept private? Will anyone else know that I am taking part?** All your information will be kept private. We won't share your information with anyone else.

### **What do I do if I don't want to take part in the research anymore?**

Just tell your parents or carers, and they will tell the researchers that you don't want to take part any more. You don't have to give any reason.

**It is YOUR choice. Nobody will be cross with you.**

### **Can I ask more questions?**

Yes, of course. Just ask your parents or carers or researchers.

***Thank you for reading this information!***

