

## WHAT IS A PROSPERITY BOWL?

This is a bowl or container, usually green, gold, or silver. It can be deep or shallow, larger or smaller. Prosperity bowls often contain loose change, dollar bills, stones, crystals, dried plants and even candles. These crafted constructions are used to promote or draw in positive energy, prosperity in every form, good health and good wishes. This can be for your household, business, spiritual place or anywhere. Think of it kind of like the loose coin bowls you see in some businesses. Often, people see that as a stray coin bowl, but it was originally put there to invite in more money. As a matter of fact, from personal experience as a tipped barista and counter girl, we knew if we “seeded” the tip jar with a few dollar bills it consistently effected how much money in tips we got. We couldn’t tell you if it was seeing money in the jar encouraged the tips or if the money we put in there with the intention to draw in tips caused the increased tips for the day. I can tell you that it worked every single time. It’s not magic. It’s energy and intention. It is okay to seek to be prosperous and ask for abundance- as long as you seek for the greater good of all as well as yourself.

## WHAT YOU NEED

Are you ready to create your own prosperity bowl?

Here is what you'll need:

A. **A bowl.** It's best if you can find one in the colors of your currency (such as green, gold, or silver). But remember that creation crafting is all about intention. If you don't have one in these colors, any bowl you have lying around will work. Just like when we put out intentions to the universe, it works with intentions for the objects we use. The bowl should be large enough to hold all of the objects below.

### B. **Spiritual Cleansing Items**

- **Incense or sage** to smoke cleanse. Cleanse the energy from the bowl before you use it, resetting it to hold your intention of prosperity. A good scent for calling in abundance is cinnamon. Cinnamon vibrates at a high frequency and can help speed up the process of your spell, bringing prosperity in a pinch.
- **Anointing Oils-** You can also use anointing oils as well. I personally use Citrine Oil (white peach infused with citrine crystals) as it draws in the

positive energy of the sun. Sage and Santo is my preferred incense as both cleanse and draw positivity and wealth while dispelling negativity.

**Next is the fun part: add-ins! You can use whatever is available to you that carries the energy of abundance.**

### **C. Crystals (suggested to use)-**

**Keep in mind that these stones and crystals talk a lot about wealth in the monetary sense, but wealth can be spiritual, can be emotional, can be intellectual. It is the intention of the use of the stones that encourage the type of wealth you are requesting. Also, remember that we, the earth, the skies, the energies of the world are all gifts of the Divine. Our Father/Mother gives us the ability to be divinely creative and utilize the gifts of the earth to increase our divine energy and strengths.**

- **Green Aventurine** a great crystal for calling in monetary prosperity. It is one of the luckiest crystals in terms of wealth and opportunity. When you use it for abundance, you may find an unexpected opportunity to make some extra cash. It also

encourages you to have a positive outlook on life, which is important for energetically attracting any kind of abundance.

- **Citrine** is another great crystal for a positive mindset around money. If you find yourself having limiting beliefs around the topic of prosperity, toss this in your bowl. Just like burning cinnamon, citrine can also help speed up the process of prosperity coming into your life. Citrine is also great for your prosperity bowl because it doesn't need to be cleansed often. It transforms negative energy into positive energy instead of absorbing it. It is a stone with the energy of the sun
- **Chrysoprase** is also known as Green Chalcedony. It is typically the color of a green apple, so it combines the properties of both the green and yellow crystals of attracting money while simultaneously encouraging a positive mindset. This crystal was popular with the ancient Greeks for attracting love, prosperity, and health and was traditionally associated with Venus. Because it's connected to the heart, it can help you have compassion for yourself while waiting for opportunities of abundance to arise.

- **Cinnabar** is popularly known as The Merchant's Stone. This would be a great addition to your money bowl if you already own a business that you are trying to increase in wealth. If you have a lot of ideas that you haven't made a reality, Cinnabar can help you manifest your career and think more creatively. It is also a great crystal to add if you manage a team because it can bring you the confidence to assert yourself.
- **Epidote** is often found inside other crystals, such as Quartz, Prehnite, Calcite, and Garnet. It is a unique stone for prosperity because the more generous you are, the more wealth Epidote will bring back to you. Think of Epidote as having the energy of investment. It would be most helpful to add to your money bowl if you already have your plans clearly manifested. Epidote raises your vibration to bring the change you desire. If you're feeling stuck, Epidote will give you a push to create your own reality.
- **Jade** has a rich history of being considered a stone of good fortune. It was a popular and precious gem in ancient China and was often owned by people in places of power and wealth. They even have a

proverb that goes, “Gold has a value; jade is invaluable.” Remembering this, Jade is a great stone to use in your money bowl to bring success and prosperity.

- **Pyrite** is all about motivation and willpower. It will help you have confidence in manifesting the goals you’ve set for yourself and stay dedicated to them. If your limiting beliefs are what is keeping money from coming into your life, Pyrite will help. See yourself in its mirrored surface as worthy of abundance and encourage you to not give up on your dreams.
- **Tiger’s Eye** is an excellent addition to your money bowl because it can amplify the energies of the other crystals in the bowl. This very lucky stone will help you stay motivated and commit to your goals, increase money flow, think clearly and quickly on your feet, and make way for opportunities to level up. It comes in varying colors- gold, red, green and blue.
- **Rose Quartz**- Rose quartz is a stone that attracts and surrounds us in love and gentle happiness. Prosperity bowls need to include stones of love to

balance the abundance being asked for. Love for others and love for the self.

- **Strawberry Quartz**- The general rule is the deeper the pink of the quartz the deeper the love and compassion energy the stone attracts.
- **Hematite**- Hematite is a stone that is often used in jewelry and decorative pieces and is also believed to have spiritual and metaphysical properties. It is known as a "grounding stone" that can provide stability, protection, balance, healing, and clarity. Hematite is also thought to shield its wearer from negative energies and external forces. Some believe that hematite can also have a profound influence on the chakra system, helping to balance and harmonize energy centers. When gold colored, the hematite has been treated with titanium or another metal. Gold and silver stones represent our currency and general wealth.

#### D. **Herbs**

- **Allspice**: Add a few of these berries to bring luck and prosperity in business and stay focused on your career goals.

- **Basil**: This herb has a history of being thought of as sweet and lucky. Add basil when you want to attract the sweet stuff (positivity) and repel the bitter stuff (negativity). A few fresh or dried leaves sprinkled into the bowl attracts prosperity while protecting from negative energy.
- **Chamomile**: Add these flowers if the reason you lack prosperity is outside forces working against you. It promotes harmony and increases cash flow.
- **Calendula**: If you're feeling down about your finances, add these flowers to your bowl. It can help you feel more optimistic about money, therefore, opening up ways for cash and positive opportunities to come to you.
- **Cinnamon**: Adding this to your bowl will work in the same way as burning cinnamon. If you used a stick to cleanse your bowl, add the rest now if it feels right to you.
- **Comfrey**: This root is a good choice if you are in the working stages of bringing a project to life because it protects against any kind of theft, including plagiarism. It is also great if your job requires investing in physical items that are at risk of being stolen.



- **Mint**: Attract clients to your business with this attractive-smelling herb! It is helpful for increasing money and success.
- **Patchouli Leaf**: This is a powerful herb when it comes to manifestation. It helps you drop your limiting beliefs so you can live in the abundance you desire.
- **Star Anise**: by looking at this pod, you may guess it has many uses in witchcraft because of its distinctive star shape. It is thought to bring good fortune and is considered very lucky and protective.
- **Bay Leaves**- Bay leaves are green like our American dollar bills used to be. They are commonly used in cooking to provide a gentle flavor or used as a medicinal cleanser. In a prosperity bowl, bay leaves represent both abundant wealth and good health.
- **Palo Santo**- this is actually a wood. It has a rather unique scent when burned and is used to cleanse a space and draw in money. When combined with sage it makes a powerful energy cleanser and is good for clearing out negative feelings and emotions in a space.

## **E. Other Items**

- **Decorative coins-** Have you been to Mardi Gras? Maybe won a game of poker and saved a chip. Completed years of AA and gotten the commemorative coins? Maybe have some old St. Patty's Day flotsam laying around? These can all be used as representative objects to draw in good energy as Mardi Gras is a celebration of life, AA is a recovery of life, a lucky chip may not be actually lucky but it makes you happy.
- **Shells-** Specifically I am referring to cowrie shells. I knew them as penny shells growing up because I could either get them for pennies or found them with pennies in them for some odd reason. These shells are found all over the Caribbean and coastal parts of the US. They are used largely in jewelry, often have a green, gold or brown color. Some cultures use them in divination while others once used them as a form of currency because they come in a wide variety of sizes.

- **Rhinestones or Resin Gems-** objects that look like our favorite sparkly things can be a source of fun in this project.

**F. Loose change.** Toss a few coins into your bowl to start and then, as it sits and works, add to it. I like to throw the loose pocket change from the bottom of my purse in and keep feeding the bowl so the energy doesn't get stagnant. Don't add too many coins at the beginning because it's important to not take coins out once they go in. This encourages your ongoing spell to continue to produce money as you add more. Because of my love for travel, I like to add coins I've collected from other currencies, encouraging my money bowl to also attract money for future travels.

**G. A bay leaf and a pen.** Write your intention on the bay leaf and set it aside. You can use as many bay leaves as intentions you want to make, but be specific about your intention. The more specific you are during this step, the more likely this will work in your favor.

**H. Included in the Kit**

- 3 Bay Leaves
- 3 cowrie shells
- 1 gem shaped rhinestone

- 1 large round tiger's eye
- 1 heart shaped Rose Quartz
- 1 heart shaped Green Aventurine
- Glass bottle containing
  - 6 small green tiger's eye
  - 3 gold hematite
  - 1 citrine crystal
  - 6 strawberry quartz chips
  - 6 fluorite chips

## **DIRECTIONS**

1. Cleanse your bowl with a sage stick or anointing oil.
2. Add your chosen items to the bowl one at a time, holding them between your hands and charging them with your intentions.
3. Take the bay leaf with your intention and set it in the bowl with your items.
4. Place the bowl in the back left corner of your home, which is the prosperity corner in Feng Shui, and let it do the work you programmed it to do! I like to reflect on my intentions whenever I see the bowl and feed it coins when I have loose change so the energy doesn't go stagnant.

5. Once the intention you set has become a reality, you can take the prosperity bowl apart and start over with a new intention if it feels right to you. Divine Love, through me, blesses and multiplies all that I have, all that I give, all that I receive, and all that I am