## e Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1./X	3	Cold Email Practice
<b>2.</b> 🗸/	3 ·	Copywork Practice
3. 🚺/	3 ·	Review Live Call Recordings
4. 🚺	3 ·	100 pushups (sun no trainer)
5. X	2 ·	Sales Call Practice
6. X	1	Grab Application
<b>7.</b> X	1 -	10 prospects
8. 🚺	2 ·	Kegels Exercises
9. X	1	Lunch
<b>10.</b> 🗸/	1	Dinner
11. X	1	Instagram profile creation intrigue
12. ☑/×	2	
13. ☑/×	2	
14. ☑/×	3 -	
15. ☑/×	3 -	
<b>16.</b> ☑/×	3 -	
<b>17.</b>	3 -	
18.	3 ·	

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
V/X		
19. ☑/X	3 -	
20. ☑/X	3 -	

#### **Day Number:**

#### Date:

#### Start Of The Day - Time:

	🙏 3 Things That I Am Excited To Have In The Future? 🙏
1.	Beautiful Women
2.	Money
3.	Children



## [Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
♣Inten tion:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/ Refle ction:	/ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

### **My War Mode Words:**

- 1. I Am Acting With No Limits To My Abilities!
- 2. I Am Being All That I Can Be, Every Hour And Every Day!
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!
  - 4. I Am Being Enthusiastic About Completing Each Task!
    - 5. I Am The Best Copywriter In The World!

# (Delete Any Boxes Below That Are Before The Time That You Start Your Day In Your Own Copy)

\$ 9 am: Task \$ 100 nushuns

<b>V</b> = <b>V</b>	
🔔 Intention 🔔	Start my day as usual with physical activity
/ Reflection /	Started the day strong
¢ 10 em Teck	Deview Live Call Decembras
\$ 10 am: Task \$	Review Live Call Recordings
🔔 Intention 🔔	Execute and add the additional family events/trips
/ Reflection /	Was able to finish half until I had to checkout of the hotel

\$ 11 am: Task \$	Hotel Checkout
🔔 Intention 🔔	Leave Hotel
/ Reflection /	Adjusted to 12
\$ 12 am: Task \$	Lunch
🔔 Intention 🔔	Eat Lunch
/ Reflection /	Checked Out
\$ 1 pm: Task \$	Drive Home
🔔 Intention 🔔	Go Home to finish Live Call Recordings
/ Reflection /	Didn't go as planned because of family change of plans all of a sudden
\$ 2 pm: Task \$	Arrived home at 2:30, then continue with live call recordings
🔔 Intention 🔔	Learn from Professor Andrew as he breaks down copy work, email cold outreach and sales call practice
/ Reflection /	Was able to adapt and finish the live call recordings at my home
	1

\$ 3 pm: Task \$	Continue the action above
🔔 Intention 🔔	Same intention as the action above
/ Reflection /	
\$ 4 pm: Task \$	Copy Work Practice
	Get better at making pieces of copy
/ Reflection /	Was able to arrive home then go to work till 6, I could definitely put my phone on the other room to finish faster
\$ 5 pm: Task \$	Copy work practice
🔔 Intention 🔔	Get better at copy work practice
/ Reflection /	
\$ 6 pm: Task \$	Cold Email practice
🔔 Intention 🔔	Get better at writing cold emails to prospects, write quality cold emails
/ Reflection /	Surprise family dinner had to adjust but it was until 11pm suddenly
\$ 7 pm: Task \$	Dinner
🔔 Intention 🔔	

/ Reflection /	
	T
\$ 8 pm: Task \$	Cold Email Practice
🔔 Intention 🔔	Finish the Cold Email Practice
/ Reflection /	Wasn't completed because of sudden family dinner
	T
\$ 9 pm: Task \$	10 prospects
🔔 Intention 🔔	Find new prospects
/ Reflection /	Wasn't completed because of sudden family dinner
\$ 10 pm: Task	Kegels Exercises, Grab Application
\$	
🔔 Intention 🔔	Prevent Premature Ejaculation and get a food app delivery for my food stall
/ Reflection /	Had to adjust to 11pm
\$ 11 pm: Task \$	Instagram Profile Creation Intrigue
🔔 Intention 🔔	To make my instagram cold reach to people/women/business more intriguing
/ Reflection /	Did not finish because of family dinner
	<u> </u>

\$ 12 pm: Task \$	Sleep
🔔 Intention 🔔	
/ Reflection /	
	End-Of-The-Day Report:
	₩hat Did I Learn Today?
_	ents for the second day in a row made me not finish everything but I need to be more k the plans beforehand so I can adjust accordingly to my plan as well
	What Do I Plan To Do Differently Tomorrow?
No family plan be finish better!	cause it's the weekdays, So I plan to do everything tomorrow but adapt better and
	What Do I Plan To Do The Same Tomorrow?
Start strong aga	in!
Who D	o I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
Right now, my on	ly great associates are in the Real World! Plus communicate better with the family



Cold Email Practice, Sales Call Practice, Grab Application, 10 prospects, Lunch, Instagram Creation Profile

Brain Dump: I need to adapt better to family events and make sure I can finish my plan and to adjust accordingly! I need to communicate better with the family which benefits me in my goals.