



**LOVE AND DEATH (In person and Online 2026)**

**September 18 - 20, 2026**

*With Frank Ostaseski and Roshi Joan Halifax*

**Bolded entries are held on Zoom (for online participants). Blue entries (Dharma Talks, Meditation Instruction) are held on Zoom and recorded and will be posted to the Resource Page.**

*All times are in U.S. Mountain Daylight Time (MDT). Use this [Time converter](#) to determine your local start time for each session.*

**The schedule is subject to change**

**Friday, September 18**

<b><u>Event</u></b>	<b><u>Location</u></b>
2:00 – 4:00 p.m.	Riverhouse Front Desk
4:00 p.m.	
5:30 – 6:30	Zendo
6:30	Kitchen
<b>7:45 – 8:45</b>	<b>Taizando</b>

**Saturday, September 19**

<b>7:00 – 8:00 a.m.</b>	<b>Guided Meditation</b>	<b>Zendo</b>
8:00	Breakfast	Kitchen
<b>10:30 – 1:00 p.m.</b>	<b>Session</b>	<b>Taizando</b>
1:00	Lunch	Kitchen
<b>3:00 – 5:00</b>	<b>Session</b>	<b>Taizando</b>
<b>5:30 – 6:30</b>	<b>Guided Meditation</b>	<b>Zendo</b>
6:30	Dinner	Kitchen
<b>7:45 – 8:45</b>	<b>Session</b>	<b>Taizando</b>

**Sunday, September 20**

<b>7:00 a.m. – 8:00</b>	<b>Guided Meditation</b>	<b>Zendo</b>
8:00	Breakfast	Kitchen
<b>9:15– 10:00</b>	<b>Session</b>	<b>Taizando</b>
10:15	Samu meeting and room cleaning	Taizando
<b>11:00 – 12:30</b>	<b>Concluding Session</b>	<b>Taizando</b>
1:00 p.m.	Lunch	Kitchen
1:30 p.m.	Optional Sacred Art and Architecture Tour	



UPAYA  
ZEN CENTER

1404 Cerro Gordo Rd, Santa Fe, NM 87501

[www.upaya.org](http://www.upaya.org) | [upaya@upaya.org](mailto:upaya@upaya.org)

505.986.8518