

So Human Retreats — Participant Agreement

Sep 21, 2026

1. Parties & Retreat Details

This Participant Agreement ("Agreement") is entered into between **AVL Special LLC DBA So Human Retreats** ("Company," "we," "us") and **[Participant Full Legal Name]** ("Participant," "you").

Detail	
Retreat name	So Human Retreat - Guatemala
Location & accommodation	Earth Lodge, Antigua, Guatemala
Dates	February 4–9, 2027
Total price	\$2,200+
Deposit amount	\$750 due at time of booking
Balance due date	1/5/2027
Non-refundable cutoff date	11/30/2026

By signing below or submitting payment, Participant agrees to the terms of this Agreement in full.

2. Payment Terms & Cancellation Policy

Deposit. The deposit paid at booking is non-refundable under all circumstances.

Balance. The remaining balance is due by [Balance Due Date]. Company may cancel Participant's spot without refund of the deposit if the balance is not paid by this date.

Cutoff date. Company will set a cutoff date for each retreat (see Section 1). On and after that date, 100% of the total price paid becomes non-refundable, for any reason, including but not limited to illness, injury, personal or family emergency, travel disruption, or change of plans.

No-shows and early departures. No refund, credit, or transfer is given for a no-show or for leaving the retreat early, for any reason.

Transfers and credits. Outside of the above, requests to transfer a booking to another person or retreat, or to receive credit toward a future retreat, are considered on a case-by-case basis at Company's sole discretion and are not guaranteed.

Travel insurance. Because this policy is strict, Company strongly recommends Participant purchase third-party travel, medical, and trip-cancellation insurance.

3. Assumption of Risk, Release of Liability & Indemnification

Participant understands that the retreat involves activities that carry inherent risk, including but not limited to hiking and other physical activities, breathwork, pilates, dance instruction, international travel, ground transportation, and time spent in remote or rural locations. These risks may result in physical injury, illness, property damage, or death.

Participant voluntarily assumes all such risks and, to the fullest extent permitted under North Carolina law, releases and forever discharges So Human Retreats, its owners, employees, facilitators, contractors, and the retreat venue from any and all claims, liabilities, and causes of action arising from participation in the retreat, except to the extent caused by Company's gross negligence or willful misconduct.

Participant agrees to indemnify and hold Company harmless from any claims, damages, or expenses (including attorneys' fees) arising from Participant's own negligence, misconduct, or violation of this Agreement.

4. Health, Medical & Fitness Disclosure

Participant represents that they are in good enough physical and mental health to safely participate in all planned retreat activities, and that they have consulted a physician if they have any concerns about doing so.

Participant agrees to disclose to Company, in advance of the retreat, any medical conditions, injuries, allergies, or dietary restrictions that Company or its facilitators should reasonably be aware of.

Participant acknowledges that Company and its facilitators are not medical providers, that breathwork and other retreat activities may not be appropriate for people with certain physical or mental health conditions, and that Participant is responsible for making that determination for themselves before attending.

Participant confirms they carry, or will obtain, adequate travel, medical, and emergency evacuation insurance for the duration of the retreat, particularly given the international/remote location.

5. Code of Conduct

Participant agrees to treat other participants, Company staff and facilitators, venue staff, and the local community with respect, and to follow the reasonable instructions of Company's facilitators during the retreat.

Company reserves the right to remove Participant from the retreat, without refund, for behavior that is unsafe, disruptive, or that violates this Agreement or Company's reasonable instructions.

Participant is solely responsible for obtaining a valid passport, any required visas, and complying with all entry requirements and local laws for **Guatemala**. Company is not responsible for any consequence of Participant's failure to do so.

6. Photo, Video & Testimonial Release

Participant grants Company a perpetual, royalty-free license to use photos, video, and testimonials of Participant captured during the retreat in Company's marketing and promotional materials, including its website and social media, without additional compensation.

Participant who does not wish to be photographed or featured must notify Company in writing before the retreat begins.

7. Force Majeure

If Company is unable to hold the retreat as planned due to events beyond its reasonable control — including natural disaster, extreme weather, pandemic or public health emergency, government travel restriction, political unrest, or venue unavailability — Company may modify the itinerary, relocate the retreat, reschedule it, or cancel it.

8. Governing Law & Dispute Resolution

This Agreement is governed by the laws of the State of North Carolina, without regard to conflict-of-law principles. Any dispute arising from this Agreement will be resolved in the courts of Buncombe County, North Carolina, or as follows: Before initiating litigation, the parties agree to attempt in good faith to resolve any dispute arising from this Agreement through mediation administered by a mutually agreed-upon mediator in Buncombe, North Carolina. If the dispute is not resolved through mediation within 30 days, either party may pursue any remedy available at law.

This Agreement, together with any booking confirmation, constitutes the entire agreement between the parties and supersedes any prior discussions. If any provision is found unenforceable, the remaining provisions remain in full effect. Company's failure to enforce any provision is not a waiver of that provision. Participant may not assign this Agreement.

This Agreement does not cover Participant's travel to and from the retreat location unless expressly stated otherwise.

9. Signatures

Participant

Printed name: _____

Signature: _____ Date: _____

Emergency contact name: _____

Relationship: _____ Phone: _____

So Human Retreats

Printed name: _____

Signature: _____ Date: _____