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Avatar (Detailed): SHE IS PROBLEM AWARE – Test Creative Ways to Claim and Hint Solution

My Avatar's name is Kate.

She's a single 29 year old woman who works as a Nail technician in a Nail Salon. She gets a low income monthly due to the fact that she doesn't have the energy to find a better, higher paying job.

She has the skill, but she doesn't have the drive.

She barely has friends and comes out of a terrible family background. Her mother practices Substance Abuse and never took care of her or when the birth of her little brother came around.

Kate's father was never met, she doesn't have any memories of him in her life, which could only encompass the fact that she has a single mother as a parent.

She deeply loves her little brother with all her heart and is essentially raising him so that he can have a better future than she has. Kate is a very kind soul with too much love to give, and too little love is given to her in return. She accepted this reality for herself for the sake of her little brother.

When it comes down to it, she is AFRAID of abandonment, shame and utter instability from being either left alone or critique from people she has to do with on a daily basis.

Kate struggles to both blame AND forgive her mother for raising her so poorly and practically forcing her to raise her brother through sheer guilt. Deep inside, she unconsciously feels like she is going crazy.

Most days Kate doesn't have the ethic to work. Everything feels like "I SHOULD" instead of "I COULD". And the thought of that just makes her want to shrink her problems and hide away in a dark corner.

She has a strong habit of doing negative talk towards herself, worrying about what people might think or say, so she puts a lot of effort into at least "looking normal" from the outside.

Kate doesn't feel wanted or anywhere noticed in any way. She doesn't feel like she is important to anyone and can't put her feelings into words no matter how hard she tries. All she does is try her best to do what she "SHOULD" do whilst crushing and hiding away her feelings as much as she can.

Kate feels drawn to people who have perseverance and humor, because she envies them and wants to be just like them. Also, she is passionately spiteful towards people who "THINK" they know what Trauma is when they never got to actually experience the pit of despair it genuinely is.

At this point in her life, she feels like it is UNREALISTIC to take the first step in to self-healing. Nothing works for her. She hates the UNHELPFUL patterns she follows in her thoughts and her physical habits.

Free Value: 3 small video course about how to cancel out negative thoughts.

Headline: This is how 11 minutes (TIME DEPENDS ON VIDEOS/READ) can erase your unhelpful negative thoughts with a dazzling smile

Just a few minutes of your time can help you...

Identify your grueling negative thoughts and wipe them out of your brain

Let go of your overwhelm a lot easier than you ever have.

How to immediately free up more mental energy everyday starting tomorrow

Yes. The impact is huge!

(Insert Email Block)

It's time we Turn negative thoughts into positive and energetic thoughts.

You work hard enough to deserve It. (And a lot more)

CTA: Settle the score with your negative thoughts once and for all in just 11 minutes (TIME DEPENDS ON VIDEOS/READ)

With love,

- Albert Wille

(Insert Picture of Him)