

Short Bio-Website Speaker's Page

Dr. Mary L. Olodun, N.D. is a Chicago native, a Christian, wife, mother, author and patriot. Rising to the rank of Lieutenant-Colonel, Dr. Mary retired, a disabled Veteran with over 30-years of military service. She has been in the healthcare field since receiving her nursing degree in 1988.

In 2013, she earned a Doctor of Naturopathy from Trinity College of Natural Health. She is a Licensed Holistic Practitioner, Certified Natural Health Practitioner, Board Certified Natural Wellness Practitioner, a Certified Homeopathic Practitioner, a Digestive Health Professional, and Certified Biblical Coach.

Dr. Mary currently serves as the local Holistic Chamber of Commerce President for Hilton Head-Bluffton Chapter, a board advisor for Piedmont Hemp Company in North Carolina and is an appointed member of Life University's Board of Trustees. She is also a Bluffton City Ambassador and Bluffton Chamber Member, who dedicates time supporting the Town of Bluffton's Don Ryan Center for Innovation as a business mentor.

Dr. Mary is the founder and owner of Trilera Holistic Care, LLC. She is passionate about "helping people to heal," and practices this principle as her company's motto. Authoring, "My Little Green Book," began Dr. Mary's journey sharing her profound wellness knowledge and gifts with others. Second to her passion for helping people to heal, is her talent to deliver wellness information through spoken word. Dr. Mary is a living testament to how practicing holistic wellness principles becomes a wealth of freedom.