

BLACK HISTORY MONTH GIVEAWAY 2023

Black-Owned Businesses in [#TeamSanDiego](#)

=

Foods:

Hammonds Ice Cream- North Park/Point Loma; locally-owned; Home of the Original Ice Cream Flights; rotating selection of 32 flavors

<https://www.hammondsgourmet.com/>

Nomad Donuts- North Park; artisan donuts, vegan options, wood-fired bagels, locally sourced ingredients; inspired by international flavors

<https://nomaddonuts.com/>

Maya's Cookies- Mission Valley; soft-baked gourmet; plant-based ingredients; currently has a Black History Month selection

<https://www.mayascookies.com/>

Rhythm & Waffle- Pacific Beach; San Diego's first chicken and waffle restaurant; famous Chicken and Waffle Sandwich (Crispy fried chicken between a delicious Belgian waffle topped with cheese and bacon) (Sounds Amazing.)

<https://rhythmssd.com/san-diego-pacific-beach-rhythms-chicken-and-waffles-about>

Ackee Tree- Jamaican Food; Jerk chicken has very high reviews,

<http://ackeetreeja.com/>

Bowlegged BBQ- Mount Hope; generational recipes; brisket, tri tip, ribs and all the best barbeque sides in a welcoming and warm environment

<https://www.bowleggedbbq.com/>

Surf and Soul Spot- La Mesa; soul food seafood; began as a pop-up in a church kitchen; features a menu that celebrates black culture with a SoCal flare

<http://www.surfandsoulspot.com/>

Trust Restaraunt Group- Four Oak, Rare Society, Cardellino, Trust; San Diego-based hospitality collective helmed by Chef Brad Wise; cemented the group's status as one of the premier groups operating in Southern California today; all offer delicious options for various types of foods

Altipiano Vineyard & Winery- Escondido; Denise Clarke, winemaker and Air Force Veteran, avocado farm turned winery, this place has views and wines for days

<https://www.altipianovineyard.com/>

Chula Vista Brewery- East Lake; Award-Winning, Veteran-Owned;;
<https://www.chulavistabrewery.com/>

Coffee:

Yohed Coffee- Ethiopian Coffee Shop; University Ave
<https://linktr.ee/YOHEDcafe>

The Hamlett- Lemon Grove; hyper-local, community-centric coffee shop
<https://www.thehamlett.com/>

Cafe X By Any Beans Necessary- Sherman Heights; family-owned, Black mother-daughter owned; “built to support generational wealth building in the Black community and other marginalized communities”
<https://www.byanybeans.com/>

Services:

Freshly Faded- North Park; barbershop and retail store; sells pins, t-shirts and magazines reflecting black culture
<https://www.freshlyfaded.com/>

Lovely Leaps- dance classes for ages 10m - 10 y/o; this studio was created to merge the owner’s love of dance and her love for her daughter; “We believe the most important part of dance is inclusion. We make sure each child feels seen, heard, and loved in their dance journey.”
<https://lovelyleaps.com/>

Goods:

Skinfolk- offer products like face/body soaps, body butters and aromatics all mad with wild Grown and Gathered, Organic, Ethically and Sustainably Harvested, Minimally Processed ingredients
<https://www.myskinfolk.com/>

Dirt Don’t Hurt- Nontoxic personal care and cleaning products; vegan, cruelty free
<https://dirtdonthurtme.com/>

FiveSpace- North Park; sells vinyl, cassettes and vintage clothing; family-owned and operated
<https://www.instagram.com/fivespaceshop/>

Eden Plant Nursery- University Heights; family owned and operated boutique plant nursery & gift shop

<https://edengardenhome.com/>

Other:

San Diego African American Museum of Fine Arts (SDAAMFA)- aims to educate San Diego through presenting and preserving the art of African-Americans

<https://sdaamfa.org/>

Other fun notable options to consider after BHM:

SD Rebellion- Women's Tackle Football team; Plays April-June

<https://sandiegorebellion.com/schedule/>

Black-Owned Businesses in #TeamLA

Foods:

Baba's Vegan Cafe- South LA; Committed to providing accessible and healthy vegan food and holistic learning

<https://www.babasvegancafe.com/>

Fixins Soul Kitchen- DTLA; Soul food; Partners with Edible Sac High to encourage disadvantaged youth to learn about the restaurant industry

<https://fixinssoulkitchen.com/>

The Wood- Inglewood; Upscale BBQ and soul food; Great music!

<https://www.thewoodbbq.com/>

Hilltop Cafe- Inglewood; Cafe; "Our mission is to bring quality ingredients and good vibes to the communities we serve in an environment conducive to creativity, community and connection"; founded by Issa Rae from Insecure on HBO

<https://www.findyourhilltop.com/>

Jamz Creamery- Inglewood; Ice cream shop; offers cups, cones, beverages and their signature frozen specialty dessert- The Jazz; non-dairy sorbet options

<https://jamzcreamery.com/about-jamz>

Berbere- Santa Monica; Vegan ethiopian food

<https://myberbere.com/>

Hawkins House of Burgers- Watts; Burger joint; second-generation family owned restaurant that started as a roadside stand in the 1940s

<https://www.hawkinsburgers.com/>

Simply Wholesome- View Park & Windsor Hills; restaurant and marketplace dedicated to providing healthy grocery options in the local community

<https://simplywholesome.com/>

Sky's Gourmet Tacos- Mid-City/Marina del Rey; "Mexican with a splash of soul"

<https://www.skysgourmettacos.com/>

The Blending Lab Winery- Near The Grove; winery tasting room in the heart of Los Angeles

<https://www.thewineblendinglab.com/>

Coffee:

South LA Cafe- South LA; Black-Owned, Family-Owned & Community-Owned; on a mission to provide South Central LA with fresh, affordable, and healthy food options for everyone

<https://www.southlacafe.com/>

Bloom and Plume Coffee- Near Dodger Stadium; Family-owned; "Bloom & Plume Coffee is not just a coffee shop, but a community oriented brand that wholeheartedly seeks to unite people."

<https://bloomandplumecoffee.com/>

Lazy Rose Cafe- Mid City; veteran-owned; woman-owned; "The Lazy Rose Cafe is an experience that encourages relaxation one sip at a time. We believe that everyone deserves a lazy day and are grateful to facilitate yours."

<https://www.lazyrosecafe.com/>

LA Grind Coffee & Tea Bar- Near mid-city; coffee shop and catering company—"Being a full service beverage catering company, we offer catering for in store pick up or beverage catering with our *coffee truck*, no event is too small or too big"; Started company after the racist starbucks incident of 2018

<https://lagrindcoffeeandteabar.com/>

Services:

Bridgid Coulter (Interior design)- "In addition to her residential and commercial design projects, the Santa Monica-based interior designer has a line of eco-conscious textiles."

(310) 963-5360, bridgidcoulter.com

Goods:

SÜPRMARKT- Providing low cost organic groceries to LA food deserts.

<https://suprmarkt.la/>

Nappily Naturals & Apothecary - “We are a wellness shop & healing space open to all. We offer herbal remedies, organic body care, waste-free goods, and more to support your wellness and healing journey.”

<https://nappilynaturals.com/>

Tangana Wellness- Wellness shop; “We mindfully source single-origin ingredients that are natural and organic from the United States, Morocco, Senegal, and Malaysia to make products that taste and feel good and elevate any gifting experience.”

<https://www.tanganawellness.com/>

Logan’s Gardens- Hollywood; Edible plant shop; family-owned; “grow and sell more than 1,000 varieties of heirloom edible plants Wednesdays and Saturdays at the Santa Monica Farmers Market and Sundays at the Hollywood Farmers Market.

[instagram.com/logansgardens](https://www.instagram.com/logansgardens)

Other:

California African American Museum

<https://caamuseum.org/>

African American Firefighter Museum

<http://www.aaffmuseum.org/>

Band of Vices- an art and culture company committed to providing a platform to often overlooked creative communities and a narrative through ever-evolving initiatives, including a highly curated exhibition program, culturally relevant strategic partnerships, mission-driven community programming, and more

<https://blackownedinla.com/go/band-of-vices>

Black-Owned Businesses in #TeamPortland

Foods:

Kann- A James Beard Award winning chef Gregory Gourdet restaurant. Haitian Cuisine meets Pacific Northwest. Honoring its culture but while using the local ingredients in Portland.

<https://kannrestaurant.com>

Akadi PDX- West African cuisine. Representing West African culture through food, music, and ambiance. Dishes from Ivory Coast, Senegal, Ghana, Mali, Burkina Faso.

<https://akadipdx.com>

Trap Kitchen- Celebrity-adored food truck and catering company that just opened its first restaurant in the Roseland Theater.

<https://trapkitchenpdx.com>

Plant Based Papi- Vegan comfort food restaurant.

@itsplantbasedpapi - Instagram

Kee's #Loaded Kitchen- Soul food style food cart.

Drinks:

Deadstock Coffee- Sneaker-themed coffee shop. Known for their coffee with a shoe on it (order the mocha). They've been roasting their own coffee since March 2017.

<https://deadstockcoffee.com>

Kiss Coffee- Black owned and women owned. They also have breakfast and lunch food all day, as well as house made pastries.

<https://kisscoffeepdx.com>

Abbey Creek Vineyard- PNW's first and only Hip-Hop winery. 2 locations, one in North Plains and the other in Downtown Portland. Bertony Faustin became the first recorded black winemaker in Oregon in 2008. He is born from Haitian-immigrant parents.

<http://abbeycreekvineyard.com>

Assembly Brewing- Oregon's first Black-Owned and operated brewery. George Johnson is the founder, head brewer and pizza chef. Using his Detroit roots to specialize in Detroit-style pizza.

<https://assemblybrewingco.com>

Olive or Twist- Martini bar located in the Pearl District.

<https://oliveortwistmartinibar.com>

Services:

The Sugar Mama- Holistic skincare that is all about loving and caring for yourself as a whole. Specializing in sugaring but has all sorts of skincare as well.

<http://thesugarmamapdx.com>

Terrell Brandon's Barber Shop- An African American Barbershop that has been in business for over 25 years.

Goods:

Birds and Bees Nursery- Women and black owned plant shop and nursery. They are dedicated to selling locally sourced, sustainable products for indoor and outdoor gardens.

<http://birdsandbeespx.com>

Mimi's Fresh Tee's- An Black women-owned apparel company that promotes social justice and women's empowerment.

<http://mimisfreshteespx.com>

Third Eye Books Accessories & Gifts- Black-owned and operated book shop that offers African-centered books, accessories and gifts.

<http://thirdeyebag.com>

Other:

Portland Jazz Festival- 20th anniversary starting February 16- 25, 2023.

<http://pdxjazz.org>

Black Girls Run- A local running group that connects women and girls of all levels of experience looking to be more active and lead healthier lifestyles.

<http://blackgirlsrun.com>