

Personal Trainer (Independent Contractor)

Location: Golden, Colorado (Genesee area)

Pay: \$50–\$55 per client session (1099 contractor)

Type: Part-time / Contractor

About Barpath Fitness

Barpath Fitness has been helping people get stronger, move better, and live healthier lives since 2016, with roots in the industry going back to 2007. We run in-person personal training in Golden and Denver, Colorado, online coaching for clients all over the world, and the Stronger Than Your Boyfriend podcast (closing in on 300 episodes).

We are owned and operated by Katie and Heather, local to Colorado. We focus on building muscle, improving movement, and increasing resilience and quality of life through resistance training. We are anti-crash-diet, pro-eating-enough, and very pro-lifting-heavy things. This is not about weight loss or being less than; it is about doing more, living longer, and crushing life.

The Role

We're looking for an experienced trainer to join our team as an independent contractor. You'll work in person with clients at one of our partner facilities in Golden, CO, delivering high-quality sessions that align with the Barpath Fitness philosophy: strength, performance, and longevity.

We handle the client side—marketing, onboarding, billing, and scheduling—so you can focus on delivering an exceptional training experience and tracking your sessions.

Responsibilities

- Deliver safe, effective, and engaging personal training sessions at our facility in Genesee / Golden, Colorado.
- Track sessions and client progress through our shared system
- Communicate clearly and professionally with clients and teammates
- Maintain a professional, positive presence on the gym floor
- Represent Barpath Fitness with integrity and uphold our coaching standards

Requirements

- Certified Personal Trainer (NASM, NSCA, ACSM, ACE, or equivalent)
- Current CPR/AED certification
- **Minimum 2 years of in-person coaching experience**
- Proof of professional liability insurance
- Reliable, organized, and coachable

- Passionate about strength training, human movement, and helping people live longer, healthier, pain-free lives.

What We Provide

- Clients and leads; no cold outreach or sales required
- Billing, invoicing, and scheduling handled for you
- Professional, supportive coaching environment
- Facility rental covered by us
- Competitive pay: **\$50–\$55 per session**

To Apply

Send your resume, certifications, and a short note about your coaching philosophy to **info@barpathfitness.com**. Interviews are in progress and will continue until the position is filled.