




# - “28 Days To A Client” -

## The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. <input checked="" type="checkbox"/> /X	1 ▾	Meditate for 20 minutes
2. <input checked="" type="checkbox"/> /X	1 ▾	Do 11 outreaches
3. <input checked="" type="checkbox"/> /X	1 ▾	Create FV for 1 prospect
4. <input checked="" type="checkbox"/> /X	1 ▾	
5. <input checked="" type="checkbox"/> /X	1 ▾	
6. <input checked="" type="checkbox"/> /X	1 ▾	
7. <input checked="" type="checkbox"/> /X	1 ▾	
8. <input checked="" type="checkbox"/> /X	1 ▾	
9. <input checked="" type="checkbox"/> /X	2 ▾	Do 300 Push-ups
10. <input checked="" type="checkbox"/> /X	2 ▾	Do 150 Squats
11. <input checked="" type="checkbox"/> /X	2 ▾	Read for 20 minutes
12. <input checked="" type="checkbox"/> /X	2 ▾	
13. <input checked="" type="checkbox"/> /X	2 ▾	
14. <input checked="" type="checkbox"/> /X	3 ▾	
15. <input checked="" type="checkbox"/> /X	3 ▾	
16. <input checked="" type="checkbox"/> /X	3 ▾	
17. <input checked="" type="checkbox"/> /X	3 ▾	
18. <input checked="" type="checkbox"/> /X	3 ▾	
19. <input checked="" type="checkbox"/> /X	3 ▾	
20. <input checked="" type="checkbox"/> /X	3 ▾	

**Day Number:5**  
**Date:17/3/2023**







**Start Of The Day - Time:12AM**

	 <b>3 Things That I Am Excited To Have In The Future?</b> 
<b>1.</b>	<b>Financial Freedom</b>
<b>2.</b>	<b>Location Freedom</b>
<b>3.</b>	<b>Mind Freedom</b>

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## **Hour-By-Hour** **Tracking:**

**[Track+Measure=Improve]**

 <b>Task:</b>	 <b>Task = Set The Task That I Intend To Complete This Hour?</b>
 <b>Intention:</b>	 <b>Intention = What Is My Plan Of Action To Complete This Task For This Hour?</b>
 <b>Reflection:</b>	 <b>Reflection = Did I Complete This Task For This Hour? If Not, Then Why?</b>

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### **My War Mode Words:**

***1. I Am Acting With No Limits To My Abilities!***

***2. I Am Being All That I Can Be, Every Hour And Every Day!***

***3. Every Word I Am Saying And Thought I Am Thinking Is Positive!***

***4. I Am Being Enthusiastic About Completing Each Task!***

## 5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before  
The Time That You Start Your Day In Your  
Own Copy)**

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<b>\$ 12 am: Task \$</b>	<b>Meditate for 20 minutes, do 100 push ups, 50 squats, eat a light meal</b>
<b>🔔 Intention 🔔</b>	<b>Get ready to take on the day</b>
<b>✍️ Reflection ✍️</b>	<b>+100 Push ups, +50 squats, meditated</b>

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<b>\$ 1 pm: Task \$</b>	<b>How to make an offer</b>
<b>🔔 Intention 🔔</b>	<b>Level up copywriting skills</b>
<b>✍️ Reflection ✍️</b>	<b>Get to know about the desires of the prospect and make an offer based on that, +30XP</b>

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<b>\$ 2 pm: Task \$</b>	<b>Prospecting</b>
<b>🔔 Intention 🔔</b>	<b>Get a list</b>
<b>✍️ Reflection ✍️</b>	<b>From 1 hour of prospecting I managed to get 1 prospect, phantom buster is a horrible lead generator +30XP</b>

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<b>\$ 3 pm: Task \$</b>	<b>Outreach to prospects</b>
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 <b>Intention</b> 	<b>Get a positive reply and develop my outreach further</b>
 <b>Reflection</b> 	<b>Outreached to 2 prospects, +30XP</b>





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<b>\$ 4 pm: Task \$</b>	<b>Outreach to prospects</b>
 <b>Intention</b> 	<b>Get a positive reply and develop my outreach further</b>
 <b>Reflection</b> 	<b>Outreached to 2 prospects, +30XP</b>





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<b>\$ 5 pm: Task \$</b>	<b>Outreach to prospects</b>
 <b>Intention</b> 	<b>Get a positive reply and develop my outreach further</b>
 <b>Reflection</b> 	<b>Outreached to 3 prospects +30XP</b>





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<b>\$ 6 pm: Task \$</b>	<b>Create 1 FV for the prospect ( Got this interrupted this hour)</b>
 <b>Intention</b> 	<b>Level up my copywriting skill</b>
 <b>Reflection</b> 	<b>Will do a FV in the next hour</b>

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<b>\$ 7 pm: Task \$</b>	<b>Practice copywriting (FV)</b>
 <b>Intention</b> 	<b>Level up my copywriting skill</b>
 <b>Reflection</b> 	<b>FV made and sent to the prospect , 2 prospects left before completing daily goal of 11, +30XP</b>

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<b>\$ 8 pm: Task \$</b>	<b>Review 3 copy from TRW (break)</b>
<b>🔔 Intention 🔔</b>	<b>Level up my copywriting skill</b>
<b>✍️ Reflection ✍️</b>	<b>Burnt out</b>

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<b>\$ 9 pm: Task \$</b>	<b>End of day's work, 100 push ups, 50 squats, eat</b>
<b>🔔 Intention 🔔</b>	<b>Relax</b>
<b>✍️ Reflection ✍️</b>	<b>+100 push ups, +50 squats, ate</b>

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<b>\$ 10 pm: Task \$</b>	<b>Read for 20 min</b>
<b>🔔 Intention 🔔</b>	<b>relax</b>
<b>✍️ Reflection ✍️</b>	<b>Didn't read</b>

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<b>\$ 11 pm: Task \$</b>	<b>100 push ups, 50 squats</b>
<b>🔔 Intention 🔔</b>	<b>Relax</b>
<b>✍️ Reflection ✍️</b>	<b>Couldn't do it, I'll it before going to bed</b>

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<div>\$</div> <div>\$</div> <div>12 pm: Task</div>	Plan the next day ( <b>Outreach and review for TRW copy</b> )
<div>🔔</div> <div>Intention</div> <div>🔔</div>	Tactical planning
<div>✍️</div> <div>Reflection</div> <div>✍️</div>	Outreached to 2 prospects completing today's objective of 11 outreaches, reviewed 3 copy +30XP



# End-Of-The-Day Report:



<div>🧠</div> <div>What Did I Learn Today?</div> <div>🧠</div>
How to do more personal outreach emails

<div>NEW</div> <div>What Do I Plan To Do Differently Tomorrow?</div> <div>NEW</div>
The amount work, I will have to tone it down to 5 hours for tomorrow because of personal life

<div>NEW</div> <div>What Do I Plan To Do The Same Tomorrow?</div> <div>NEW</div>
The amount of copy reviews

<div>📱</div> <div>Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?</div> <div>✉️</div>
TRW

<div>📝</div> <div>What Tasks Were Left Undone?</div> <div>📝</div>
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**Brain Dump: Today I really felt fatigue on my mind, at some point I really had to push myself to continue outputting stuff.**

**It's important to go for a quick walk during that time to refresh my brain.**