- "28 Days To A Client" -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. V /X	1 -	Meditate for 20 minutes
2. V /X	1	Do 11 outreaches
3. <mark>V</mark> /X	1	Create FV for 1 prospect
4. / / ×	1 •	
5. // /	1 -	
6. / / X	1 -	
7.	1 -	
8. // /	1 -	
9. // /	2 -	Do 300 Push-ups
10. 🔽/💢	2 •	Do 150 Squats
11. 🔽/🗙	2	Read for 20 minutes
12. 🔽/💢	2	
13. 🔽/💢	2	
14. 🔽/🗙	3 ·	
15. / / ×	3 -	
16.	3 -	
17. / /X	3 -	
18.	3 -	
19. <mark>V</mark> /X	3 -	
20. V / X	3 -	

<u>Day Number:5</u> Date:17/3/2023

Start Of The Day - Time:12AM

	igstyle 3 Things That I Am Excited To Have In The Future? $igstyle$
1.	Financial Freedom
2.	Location Freedom
3.	Mind Freedom



[Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
🔔 Intention:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/ Reflection:	/ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

- 1. I Am Acting With No Limits To My Abilities!
- 2. I Am Being All That I Can Be, Every Hour And Every Day!
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!
 - 4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

(Delete Any Boxes Below That Are Before The Time That You Start Your Day In Your Own Copy)

\$ 12 am: Task \$	Meditate for 20 minutes, do 100 push ups, 50 squats, eat a light meal
🔔 Intention 🔔	Get ready to take on the day
/ Reflection /	+100 Push ups, +50 squats, meditated
\$ 1 pm: Task \$	How to make an offer
🔔 Intention 🔔	Level up copywriting skills
/ Reflection /	Get to know about the desires of the prospect and make an offer based on that, +30XP
\$ 2 pm: Task \$	Prospecting
🔔 Intention 🔔	Get a list
/ Reflection /	From 1 hour of prospecting I managed to get 1 prospect, phantom buster is a horrible lead generator +30XP
\$ 3 pm: Task \$	Outreach to prospects

🔔 Intention 🔔	Get a positive reply and develop my outreach further
/ Reflection /	Outreached to 2 prospects, +30XP
\$ 4 pm: Task \$	Outreach to prospects
🔔 Intention 🔔	Get a positive reply and develop my outreach further
/ Reflection /	Outreached to 2 prospects, +30XP
\$ 5 pm: Task \$	Outreach to prospects
🔔 Intention 🔔	Get a positive reply and develop my outreach further
/ Reflection /	Outreached to 3 prospects +30XP
\$ 6 pm: Task \$	Create 1 FV for the prospect (Got this interrupted this hour)
🔔 Intention 🔔	Level up my copywriting skill
/ Reflection /	Will do a FV in the next hour
\$ 7 pm: Task \$	Practice copywriting (FV)
🔔 Intention 🔔	Level up my copywriting skill
/ Reflection /	FV made and sent to the prospect , 2 prospects left before completing daily goal of 11, +30XP

\$ 8 pm: Task \$	Review 3 copy from TRW (break)
💄 Intention 🔔	Level up my copywriting skill
/ Reflection /	Burnt out
9 pm: Task \$	End of day's work, 100 push ups, 50 squats, eat
lntention 🔔	Relax
/ Reflection /	+100 push ups, +50 squats, ate
	Read for 20 min
	Read for 20 min
Intention 🔔	relax
1ntention 🔔	relax
\$ 10 pm: Task Intention Reflection /	relax
Intention Reflection /	relax Didn't read

\$ 12 pm: Task \$	Plan the next day (Outreach and review for TRW copy)
🔔 Intention 🔔	Tactical planning
/ Reflection /	Outreached to 2 prospects completing today's objective of 11 outreaches, reviewed 3 copy +30XP
	End-Of-The-Day Report:
	⊗What Did I Learn Today?
How to do more p	ersonal outreach emails
	™What Do I Plan To Do Differently Tomorrow? ™
The amount work	, I will have to tone it down to 5 hours for tomorrow because of personal life
	₩What Do I Plan To Do The Same Tomorrow? ₩₩
The amount of co	py reviews
Who D	o I Need To Update, Contact, Ask A Question To, And Share Feedback With?📧
TRW	

Brain Dump: Today I really felt fatigue on my mind, at some point I really had to push myself to continue outputting stuff.

It's important to go for a quick walk during that time to refresh my brain.