

# Gender Affirming Care Resources for Transgender, Non-Binary, Gender Non-Conforming, and Gender-Expansive People

## *Table of Contents*

[Document Changes](#)

[Therapy & Counseling](#)

[Peer Support](#)

[Support Organizations](#)

[Financial Help](#)

[Gender Affirming Healthcare & Surgical Services](#)

[Voice Therapy and Healthcare](#)

[Hormone Replacement Therapy](#)

[Appearance/ Beauty](#)

## *Document Changes*

If you require assistance printing or filling out these forms, please feel free to stop the OutFront office. If you are looking at a physical copy of this document, please ask an OutFront Kalamazoo staff member if you'd like a physical copy of any of these documents.

- [Step-by-Step Guide: "I Want to Change My Name" by Michigan Legal Help](#)
- [Step-by-Step Guide: "I Want to Change the Gender Marker on My ID or Birth Certificate" by Michigan Legal Help](#)
- [Michigan Secretary of State Sex Designation Form](#)
- [Application to Correct or Change a Michigan Birth Record](#)
- [Correct a Birth Record FAQs - State of Michigan](#)

## Therapy & Counseling

For a list of gender affirming therapists, please visit our [Therapy Resource Guide](#).

## Peer Support

---

### Transcend

<https://www.outfrontkalamazoo.org/programs>

- An adult trans, nonbinary, gender nonconforming, and gender-expansive peer support group at OutFront Kalamazoo
- Meets on 2nd Wednesdays at 6:30 pm and 4th Sundays at 4 pm

---

### Trans Advocacy & Care Team (TACT)

<https://www.yourtact.org/support.html>

- Peer counseling, support groups, and community events to trans and nonbinary folks across the US. Our trans-identified Gender Advocates provide compassionate peer support and resources to trans folks virtually via zoom. We are trans folks helping other trans folks to thrive. Trans folks helping trans folks to thrive
- Services are **free or sliding-scale** and are available **virtually across the U.S.** to trans and nonbinary adults (18+).
- Not crisis counselors or professionals.

---

### Stand with Trans

(248) 739-9254 | <https://standwithtrans.org/>

- Resources, programs, and advocacy for transgender youth
- Visit the Trans Lifeline Library, a comprehensive guide for youth, adults, and parents
- Connect with an Ally Parent, volunteer parents who will chat with any trans/non-binary person and other parents of trans/non-binary people.
- Support groups, many of which are virtual, for trans, nonbinary youth and adults. There are also groups for parents of trans/nonbinary children, teens, and adults.
- Learn how to transition to adulthood as a trans/nonbinary 13-24 year old with “How to Do Life”
- Learn about colleges and universities from trans and nonbinary students at the virtual College Education Fair

## *Support Organizations*

---

### **Transgender Michigan**

(586) 434-4895 | <https://www.transgendermichigan.org/>

- Transgender Michigan's primary mission is to provide advocacy, support and education while serving to create coalitions in the state of Michigan to unify and empower transgender and gender non-conformist communities.

---

### **Transgender Michigan Trans Helpline**

(855) 345-TGMI (855-345-8464)

- Mon. - Fri. 4pm-12am EST, Sat. 12pm-5pm EST

---

### **Trans Lifeline Hotline**

(877) 565-8860 | <https://translifeline.org/hotline/>

- Trans Lifeline's Hotline is a peer support phone service run by trans people for our trans and questioning peers. Call us if you need someone trans to talk to, even if you're not in crisis or if you're not sure you're trans.

---

### **Transgender Resource, Education, and Enrichment Services (TREES)**

(219) 331-4665 | <http://www.webetrees.org/>

- We see a need to get quality transgender resources to rural communities in every state thus we strive to bring these resources and educational tools to small town America to enrich the lives of transgender people, their supporters and all communities.

## *Financial Help*

### **Gender Affirming Care Fund**

- **Coming soon to OutFront Kalamazoo**
- [https://www.outfrontkzoo.org/news/outfront-kalamazoo-announces-gender-affirming-care-fund?fbclid=IwY2xjawMwAlhleHRuA2FlbQlxMABicmlkETFQSk1R3lISnphNTFGTG5XAR7TnR\\_OO2uiwAVzZ2ruJAYCA54dz0AbyNpyg7tx68uLH-Dd2RMZdE-TTvcOHw\\_aem\\_D9ppGRI5nfi6Xtgk0wbXhA](https://www.outfrontkzoo.org/news/outfront-kalamazoo-announces-gender-affirming-care-fund?fbclid=IwY2xjawMwAlhleHRuA2FlbQlxMABicmlkETFQSk1R3lISnphNTFGTG5XAR7TnR_OO2uiwAVzZ2ruJAYCA54dz0AbyNpyg7tx68uLH-Dd2RMZdE-TTvcOHw_aem_D9ppGRI5nfi6Xtgk0wbXhA)

## Gender Affirming Healthcare & Surgical Services

---

### Amie Hopp, MD

(616) 486-63333 | 145 Michigan St NE, Suite 4400 Grand Rapids, MI 49503

<https://findadoctor.spectrumhealth.org/physician/profile/808>

- Cosmetic surgeries
- Top Surgery, masculine and feminine
- Hair removal
- Liposuction

---

### Henry Ford Health Transgender Health Services

<https://www.henryford.com/services/lgbtq-health/transgender-health/services>

- Comprehensive care for transgender individuals– non-binary, transwomen, and transmen
- Nonsurgical gender-affirming therapies
  - Cosmetic Dermatology
  - Gender-affirming hormone therapy
  - Voice therapy
  - Laser Hair removal
- Sexual health services
- Primary Care
- Gender affirming surgery
  - Facial feminization surgery
  - Female-to-male top surgery
  - Male-to-female surgery
- Fertility Preservation
- Preparations for gender-affirming surgery
  - Hysterectomy
  - Orchiectomy

---

### Kenneth Wolf, MD

(248) 363-9413 | 6615 Commerce Rd. #100, West Bloomfield Township, MI 48324

<https://kwolfmd.com/>

- Cosmetic surgeries
- Top Surgery, masculine and feminine
- Hair removal
- Liposuction

---

### Paul Stephens Cederna, MD

(734) 998-6022 | 24 Frank Lloyd Wright Dr. Ste A1200, Ann Arbor, MI 48105

<https://www.uofmhealth.org/profile/387/paul-stephen-cederna-md>

- Cosmetic surgery
- Top surgery
- Facial feminization

---

### Spectrum Health

[https://www.spectrumhealth.org/services/lgbtqia?utm\\_campaign=lgbtqia&utm\\_medium=paid-media&utm\\_source=all-paid-segments](https://www.spectrumhealth.org/services/lgbtqia?utm_campaign=lgbtqia&utm_medium=paid-media&utm_source=all-paid-segments)

- LGBTQIA+ Patient Navigator: Zoey O'Brien
  - (833) 968-0263
  - Or complete the [LGBTQIA+ patient navigator form](#)

---

## University of Michigan Health

Transgender Services: <https://www.uofmhealth.org/conditions-treatments/transgender-services>

**As of 8/25/25, U of M has stopped prescribing puberty blockers and gender affirming hormones for patients under age 19.**

- The Comprehensive Gender Services Program (CGSP) at University of Michigan Health helps transgender, gender nonconforming, and nonbinary adults access and obtain the highest quality gender affirming medical care.
- Our team of medical providers includes physicians from the following areas:
  - Dermatology
  - Endocrinology
  - Family Medicine
  - OB/GYN
  - Otolaryngology
  - Plastic Surgery
  - Speech and Language Pathology
  - Urology

In addition, our team of mental health clinicians includes clinical social workers who have many years of experience working with people of diverse gender identities.

## *Voice Therapy and Healthcare*

### Grand Rapids Voice and Swallowing

(616)-952-3039 | [hello@grandrapidsvs.com](mailto:hello@grandrapidsvs.com) | Grand Rapids, MI

<https://www.grandrapidsvs.com>

- TJ Neuhaus, M.S., CCC-SLP
- A trans-owned speech therapy private practice that offers voice training to trans and nonbinary people virtually via telehealth throughout Michigan.
- Passionate about helping trans and nonbinary people increase voice euphoria through feminizing, masculinizing, or deemphasizing voice gender

---

### Mark Weidenbecher, MD, FACS

(330) 923-0399 | 4275 Steels Point Rd, Stow, Ohio 44224

<https://voiceandsleep.com/>

- Gender affirming voice treatment

- Speech therapy
  - Vocal surgeries
    - Feminization laryngoplasty
    - Tracheal shave
- 

## *Hormone Replacement Therapy (HRT)*

Book an appointment with the providers or facilities listed below to request HRT. You may also work directly with your primary care physician.

### **Borgess Women's Health**

(269) 321-7000 | 7901 Angling Rd, Suite 1, Portage, MI 49024

<https://healthcare.ascension.org/locations/michigan/mikal/portage-ascension-borgess-hospital-borgess-womens-health-at-woodbridge>

### **Bronson Diabetes and Endocrinology Center- Portage**

(269) 341-8585 | <https://www.bronsonhealth.com/locations/bronson-diabetes-endocrinology-center-kalamazoo/>

7901 South 12th Street, Suite 200, Portage, MI 49024

- Corey Lager, MD, ECNU <https://www.bronsonhealth.com/doctors/corey-lager/>

### **Bronson Family Health Center, P.C.**

(269) 349-4373 | 117 W. Paterson St, Kalamazoo, MI 49007

- Kristi L. VanDerKolk, MD <https://www.bronsonhealth.com/doctors/kristi-vanderkolk/>

### **Bronson Family Medicine- John St.**

(269) 341-8282 | 601 John St., Suite M-020, Kalamazoo, MI 49007

- Bojan Hrpka, DO <https://www.bronsonhealth.com/doctors/bojan-hrpka/>
- Justice Bockover-Davis, NP <https://www.bronsonhealth.com/doctors/justice-bockover/>

### **Bronson Family Medicine- The Groves**

(269) 552-4233 | 6938 Elm Valley Drive, Suite 101, Kalamazoo, MI 49009

- Teresa Kellogg, FNP <https://www.bronsonhealth.com/doctors/teresa-l-kellogg/>

### **Bronson Internal Medicine- Stadium Dr.**

(269) 544-3270 | 5629 Stadium Drive, Suite B, Kalamazoo, MI 49009

- Sara Beth Custodio, MD <https://www.bronsonhealth.com/doctors/sara-beth-custodio/>
- Jennifer C. Newcastle, MD <https://www.bronsonhealth.com/doctors/jennifer-newcastle/>

### **Bronson Primary Care Partners- West Main St.**

(269) 286-7030 | 6210 West Main St, Kalamazoo, MI 49009

- Analise Betker, PA-C <https://www.bronsonhealth.com/doctors/analise-betker/>

### **Family Health Center**

(269) 349-2641 | <https://fhckzoo.com/>

### **Iridescent Health**

(269) 210-7566 | <https://caresswm.org/iridescent-health/>

- Vanessa Stadel, NP

### **Opus Internal Medicine**

(269) 383-6789 | 3601 S. 9th St. Kalamazoo, MI 49009

- <https://www.opusmedicine.com/>

### **Planned Parenthood of Michigan**

<https://www.plannedparenthood.org/planned-parenthood-michigan/healthcare/gender-affirming-care>

### **WMed Health - Trans\* Care**

<https://wmed.edu/node/863>

### **Other Options**

[Transgender Michigan's List of Doctors For Hormones](#)

## *Appearance/ Beauty*

### **AllyKat Studios**

<https://allykatstudios.square.site/s/appointments>

- LGBTQIA+ owned business in the Vine neighborhood
- Brow services, body waxing, face waxing, lash services, tattoos, freckles, tooth gems, permanent makeup, and hair services

### **DRUE Salon**

<http://www.druesalon.com/>

(269) 779-1425 | 115 W Lovell St, Kalamazoo, MI 49007

- LGBTQIA+ owned business with many queer hairstylists
- Gender neutral prices, gender-affirming cuts

### **Kalee Wolthuis- Electrolysis**

<https://www.facebook.com/KaleeWolthuis/>

(269) 270-8807 | 7901 S 12th St, Suite 100, Kalamazoo, MI 49024

### **Milan Laser Hair Removal**

<https://milanlaserkalamazoo.com/>

Kalamazoo Location: (269) 888-6282 | 5585 Gull Rd, Kalamazoo, MI 49048

Portage Location: (269) 978-1908 | 6800 S Westnedge Ave, Portage, MI 49002