

Pediatric Patient Selection

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1. Outpatient surgery with anticipated same day discharge
2. Greater than 9 months; Preterm infants (< 37 weeks gestational age) must be > 60 weeks post gestational age
3. ASA 1 and 2 only (no syndromes, autism spectrum disorder with a history of combative behavior, congenital heart disease, chromosomal or craniofacial abnormalities, or disease process that significantly affects their daily life ie: no history of extreme prematurity or prolonged intubation, bronchopulmonary dysplasia, chronic lung disease, severe or uncontrolled asthma, tracheomalacia, cerebral palsy, cystic fibrosis, hydrocephalus, insulin dependent diabetes, neurological or muscle disorders, sickle cell disease or blood disorders, or family history of malignant hyperthermia)
4. BMI < 30 and BMI < 95 percentile for age
5. Tonsillectomy and Adenoidectomy: age > 3, BMI < 30 and less than 95th percentile for age, without severe OSA (AHI > 10, SaO₂ < 80%) or high suspicion for severe OSA (see below), appropriate home care
 1. Potential indicators of OSA: heavy snoring at night, struggling to breath at night, apnea at night, bed-wetting, mouth breathing during the day, waking up unrefreshed or with a headache, difficult to wake in the morning, daytime sleepiness, stopped growing at normal rate
6. Guidelines based on Patients Condition:
 1. Upper respiratory infections: must be clear for 4 weeks; no fever, wheezing or heavy secretions
 2. Pneumonia: must be clear 4-6 weeks
 3. Croup, Flu, Bronchiolitis, Bronchitis: must be clear for 4 weeks
 4. Mononucleosis: must be 4 weeks out from diagnosis
 5. Patients may be cancelled if active infections such as pink eye, fifth disease, hand-foot-mouth disease and molluscum contagiosum are present

No routine lab testing indicated but at anesthesia's discretion

IV may be inserted preoperatively for patients greater than 50 kg, BMI > 30, age greater than 12, or at anesthesia's discretion