

List of book references and resources for teachers and mental health providers for Social Emotional Learning:

The Growth Mindset Coach -a teacher's month by month handbook for empowering students to achieve by Annie Brock and Heather Hundley

The Growth Mindset Playbook A teacher's guide to promoting student success by Annie Brock and Heather Hundley

In Focus- Improving Social and Emotional Intelligence, One Day at a Time by Thomas McSheehy MSW, LSW Grades k-2, 3-5, 5-12

When Sophie Gets Angry-Really, Really Angry by Molly Bang

Listening With My Heart by Gabi Garia- A story of kindness and Compassion

How Full is Your Bucket? by Tom Rath and Mary Reckmeyer

I like Myself! By Karen Beaumont

My Brother Charlie by Ryan Elizabeth Peete and Holly Robinson Peete (a boy with autism)

Emmanuels' Dream: The True Story of Emmanuel Ofose Yeboah by Laurie Ann Thompson

Stand in My Shoes: Kids Learning about Empathy by Bob Sornson

Listening to my body, by Gabi Garcia

I can Handle it! By Laurie Wright

The Invisible Boy by Trudy Ludwig

Stand Tall Molly Lou Melon by Patty Lovell

Sit-In: How Four Friends Stood Up By Sitting Down by Andrea Davis Pinkney

Your Fantastic Elastic Brain stretch it, Shape it by JoAnn-Deak, PhD

Relationships+ Rules+ Routines=Results- A Common Sense Approach by Phillip Vincent and Doug Grove

Bubble Gum Brain-Ready, Get Mindset...Grow by Julia Cook

The MindUp Curriculum Brain-Focused Strategies for Learning-and Living Grades pre-k through 12

Empathy: Those Shoes by Maribeth Boelts

Each Kindness by Jacqueline Woodson

Last Stop on Market Street